

Primordial nucleosynthesis with varying α_{EM}

ERC EXOTIC Workshop – Frontiers in Nuclear Physics

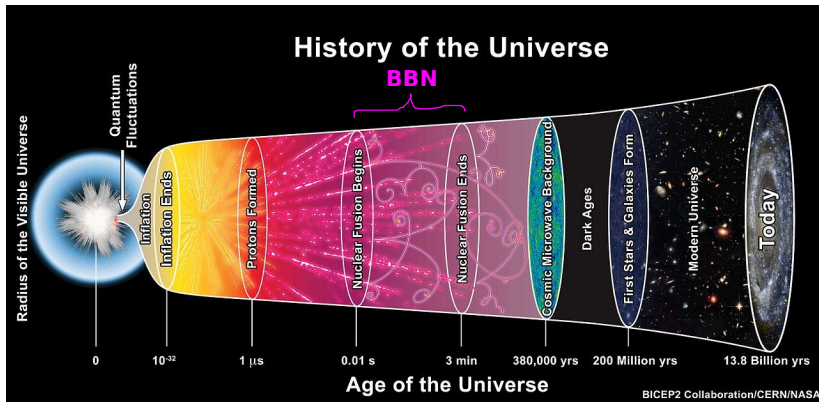
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Introduction



BBN probe of physics¹: are fundamental constants really constant?²

¹ reviews: Olive, Steigman, and Walker, 2000; Ioccho et al., 2009; Cyburt et al., 2016; Pitrou et al., 2018a

² Dirac, 1973 and many others

Introduction

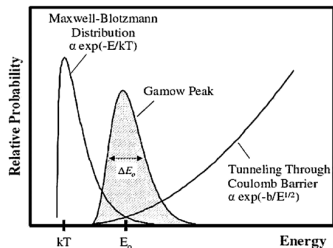
Want to study variation of **electromagnetic coupling constant** [Meißner, Metsch, and Meyer, 2023; Bergström, Iguri, and Rubinstein, 1999; Nollett and Lopez, 2002; Dent, Stern, and Wetterich, 2007; Coc et al., 2007]

$$\alpha_0 = 7.297\,352\,569\,3(11) \times 10^{-3} \quad [\text{PDG}]$$

Goal: find a **bound** on $\delta\alpha = \Delta\alpha/\alpha_0$ through comparing calculations with experimental values for **light element abundances**

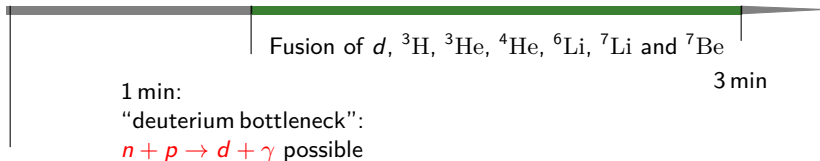
Where does α appear in BBN?

- Nuclear Rates: Coulomb barrier \rightarrow Gamow-factor [Gamow, 1928]
- Weak rates: final state Coulomb interactions in $n \leftrightarrow p$ rates and β -decays
- Indirectly: Neutron-Proton mass difference $Q_n = m_n - m_p$, nuclear binding energies (\rightarrow reaction “Q-values”)



: from Trache, 2010

Timescales



1 s: $n \leftrightarrow p$
freeze-out

Weak interactions $n \leftrightarrow p$ with $\frac{n_n}{n_p} = e^{-Q_n/T}$, $Q_n = m_n - m_p = 1.293 \text{ MeV}$
[PDG]

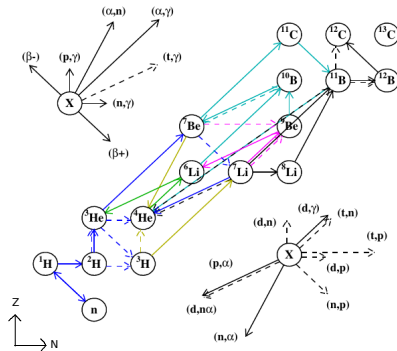
freeze out at $T_f = 1 \text{ MeV} \rightarrow$ free neutron decay: $\frac{n_n}{n_p} = e^{-Q_n/T_f} e^{-(t-t_f)/\tau_n}$

Evolution of Abundances

Define **abundance** $Y_i = n_i/n_b$, with n_i density of species i and n_b total baryon density. Evolution depends on

- Cosmological model: Hubble expansion
- Particle reactions (rate $\Gamma_{ij \rightarrow kl} \equiv n_b \langle \sigma v \rangle_{ij \rightarrow kl}$) and decays (rate $\Gamma_{i \rightarrow \dots}$)

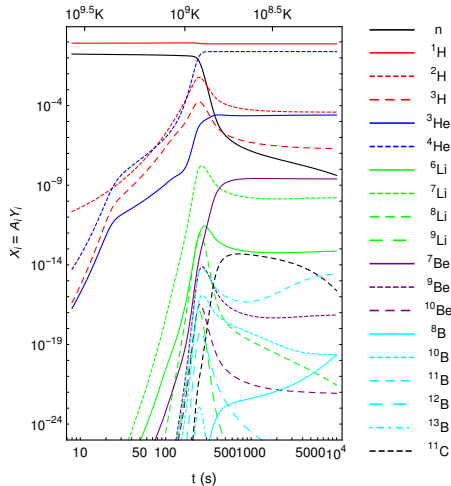
Need to solve system of rate equations



: Pitrou et al., 2018a

$$\dot{Y}_i \supset -Y_i \Gamma_{i \rightarrow \dots} + Y_j \Gamma_{j \rightarrow i + \dots} + Y_k Y_l \Gamma_{kl \rightarrow ij} - Y_i Y_j \Gamma_{ij \rightarrow kl}$$

Evolution of Abundances – Codes



● : PRIMAT

Codes used for solving network of rate equations [Wagoner, Fowler, and Hoyle, 1967]:

- PRIMAT [Pitrou et al., 2018b]
- AlterBBN [Arbey et al., 2020]
- PArthENoPE [Gariazzo et al., 2022]
- NUC123 [Kawano, 1992]
- New: PRyMordial [Burns, Tait, and Valli, 2023]

Nuclear Reaction Rates – Coulomb Barrier

$$\Gamma_{ab \rightarrow cd}(T) = N_A \langle \sigma v \rangle \propto \int_0^{\infty} dE \sigma_{ab \rightarrow cd}(E) \cdot E \cdot e^{-\frac{E}{k_B T}}, \quad E = \frac{1}{2} \mu_{ab} v^2$$

(1) Coulomb Barrier

Cross section is proportional to **penetration factor** [Blatt and Weisskopf, 1979]

$$\sigma \propto v_0 = \frac{2\pi\eta}{e^{2\pi\eta} - 1},$$

with Sommerfeld parameter

$$\eta = \frac{Z_a Z_b \alpha c}{\hbar v} = \frac{1}{2\pi} \sqrt{E_G/E},$$

and Gamow-energy

$$E_G = 2\mu_{ab} c^2 \pi^2 Z_a^2 Z_b^2 \alpha^2, \quad \mu_{ab} = \frac{m_a m_b}{m_a + m_b}$$

Nuclear Reaction Rates – Radiative Capture

(2) Radiative capture reactions

- Coupling $\propto e \Rightarrow$ Cross section $\sigma \propto \alpha \propto e^2$
- External capture processes [Christy and Duck, 1961]: parameterized in $f(\delta\alpha)$ [Nollett and Lopez, 2002]
- Assume dipole dominance
- For some reactions: Halo EFT cross sections \Rightarrow work in progress

α -dependence of cross section ($q_\gamma = 1$ for radiative capture, zero else)

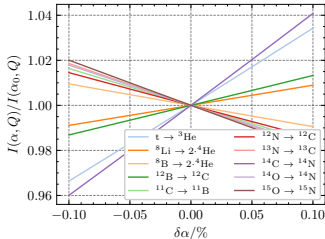
$$\sigma(\alpha, E) \propto \left(\frac{\sqrt{E_G^{\text{in}}/E}}{e\sqrt{E_G^{\text{in}}/E} - 1} \right) \cdot \left(\frac{\sqrt{E_G^{\text{out}}/(E+Q)}}{e\sqrt{E_G^{\text{out}}/(E+Q)} - 1} \right) \cdot (\alpha f(\delta\alpha))^{q_\gamma}$$

$$Q = m_a + m_b - m_c - m_d$$

Weak Rates – Fermi Function

β -decay rate (assume $|M_{fi}|^2$ to be p -independent) [Segrè, 1964]:

$$\lambda = \frac{g^2 |M_{fi}|^2}{2\pi^3 c^3 \hbar^7} \underbrace{\int_0^{p_{e,\max}} \left(W - \sqrt{m_e^2 c^4 + p_e^2 c^2} \right)^2 F(Z, \alpha, p_e) p_e^2 dp_e}_{= I(\alpha, Q)}$$



$$p_{e,\max} = \frac{1}{c} \sqrt{W^2 - m_e^2 c^4}, \quad W \approx M_a - M_b = Q$$

Fermi function (for $Z\alpha \ll 1$):

$$F(\pm Z, \alpha, \epsilon_e) \approx \frac{\pm 2\pi\nu}{1 - \exp(\mp 2\pi\nu)}, \quad \nu \equiv \frac{Z\alpha\epsilon_e}{\sqrt{\epsilon_e^2 - 1}}$$

Then:

$$\lambda(\alpha) = \lambda(\alpha_0) \frac{I(\alpha, Q)}{I(\alpha_0, Q)}$$

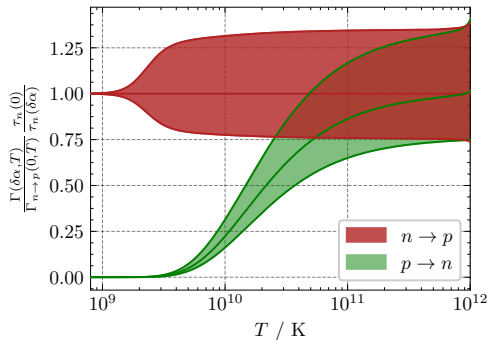
$n \leftrightarrow p$ Rates

Free neutron decay: lifetime

$$\tau_n(\alpha) = \tau_n(\alpha_0) \frac{I(\alpha_0, Q)}{I(\alpha, Q)}$$

But: Ignored **Fermi-Dirac distribution** of neutrino and electron

⇒ **temperature dependence** in α -variation for high temperatures



Nuclear Reaction Rates – $n + p \rightarrow d + \gamma$

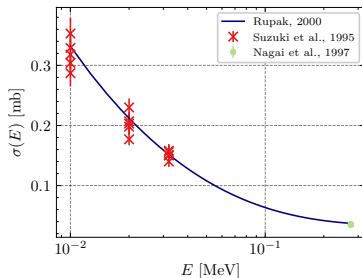
Some corrections due to α variation are **energy-dependent**

⇒ need reaction cross section!

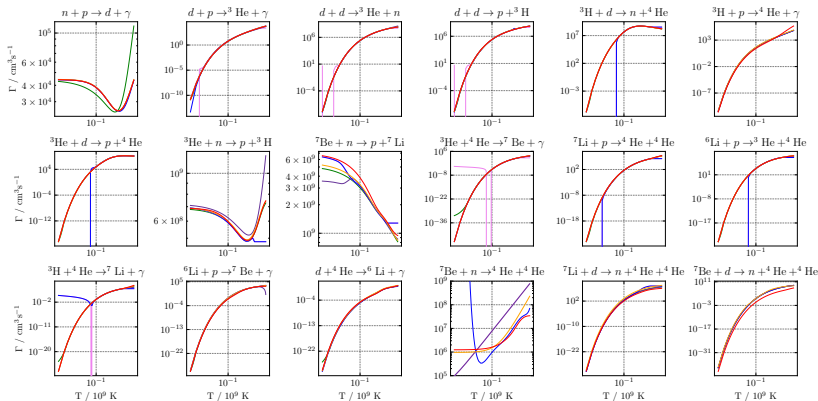
For $n + p \rightarrow d + \gamma$:

- Pionless EFT (N⁴LO) approach by **Rupak, 2000**
- $\sigma(n + p \rightarrow d + \gamma)$ depends linearly on α

Other reaction cross section need to be parameterized by fitting to data [EXFOR database](#)



Nuclear Reaction Rates – Leading Reactions



This work ; PRIMAT ; AlterBBN ; PArthENoPE ; NUC123 ; NACRE II ;
(PRyMordial uses the PRIMAT rates)

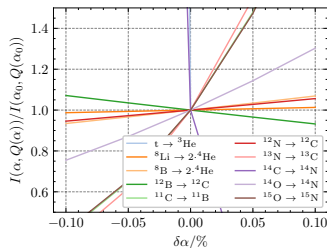
Indirect Effects – Binding energies [Müller and Mészáros, 2022]

Coulomb interaction between protons
in nucleus

⇒ Electromagnetic contribution to
binding energy [Elhatisari et al., 2022a]

Change in Q -value:

$$\Delta Q = \delta\alpha \left(- \sum_i B_C^i + \sum_j B_C^j \right)$$



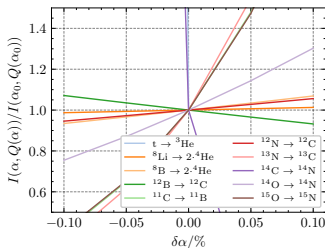
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Nuclear reaction cross sections ($p_\gamma = 3, q_\gamma = 1$ for radiative capture,
 $p_\gamma = 1/2, q_\gamma = 0$ else)

$$\sigma(E, \alpha) \propto \underbrace{(E + Q(\alpha))^{p_\gamma}}_{\text{phase space}} \alpha^{q_\gamma} \frac{\sqrt{E_G^{\text{in}}(\alpha)/E}}{\exp\left(\sqrt{E_G^{\text{in}}(\alpha)/E}\right) - 1} \frac{\sqrt{E_G^{\text{out}}(\alpha)/(E + Q(\alpha))}}{\exp\left(\sqrt{E_G^{\text{out}}(\alpha)/(E + Q(\alpha))}\right) - 1}$$

Indirect Effects – Neutron-proton mass difference

$Q_n = m_n - m_p$ has QED contribution [Gasser, Leutwyler, and Rusetsky, 2021]:

$$\Rightarrow \Delta Q_n = Q_n^{\text{QED}} \cdot \delta\alpha = -0.58(16) \text{ MeV} \cdot \delta\alpha$$

Affects

- weak $n \leftrightarrow p$ rates
- Q -values of β -decays
- $m_N = (m_n + m_p)/2$ appearing in $n + p \rightarrow d + \gamma$ cross section? \rightarrow neglect α -dependence!

Results

Baryon-to-photon ratio $\eta = 6.14 \times 10^{-10}$; neutron lifetime $\tau_n(\alpha_0) = 879.4$ s [PDG]

Parameter fit

$$\frac{Y(\alpha) - Y(\alpha_0)}{Y(\alpha_0)} = a \cdot \frac{\Delta\alpha}{\alpha_0} + b \cdot \left(\frac{\Delta\alpha}{\alpha_0}\right)^2$$

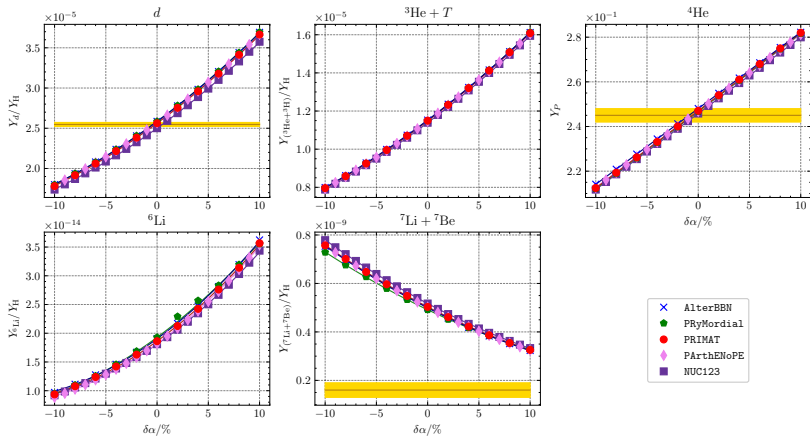
Main results [see Meißner, Metsch, and Meyer, 2023](#):

- For most elements: change in **nuclear reaction rates** biggest effect.
- ${}^4\text{He}$ indeed very sensitive to ΔQ_n .
- **Lithium Problem**

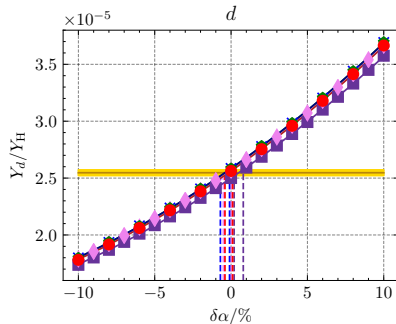
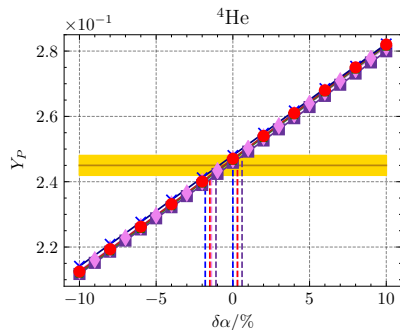
Differences to existing literature:

- Updated experimental values for masses, physical constants etc., more recent calculation of Q_n^{QED}
- Different reaction rates due to parameterization of cross section.
- Calculating the corrections **exactly** or using **temperature-dependent approximations**.

Results



Experimental constraints



1σ -bounds on α -variation: \Rightarrow From ${}^4\text{He}$: $|\delta\alpha| < 1.8\%$

Conclusion: what we discussed so far

- Goal: Study α -dependence of primordial abundances of d , ${}^3\text{H}$, ${}^3\text{He}$, ${}^4\text{He}$, ${}^6\text{Li}$, ${}^7\text{Li}$ and ${}^7\text{Be}$ in BBN
- Considered α in
 - nuclear reaction rates (**Coulomb penetration factor**)
 - final state Coulomb interactions in weak $n \leftrightarrow p$ and β -decays rates (**Fermi function**) \rightarrow neutron lifetime τ_n
 - the Coulomb contribution to (**binding energies**) \rightarrow reaction Q -values
 - the neutron-proton mass difference Q_n
- Parameterized 18 relevant reaction cross sections.
- Computed primordial abundances for different α .
- Constrain α -variation to $|\delta\alpha| < 1.8\%$

Outlook: what we are working on right now

How does a variation of the quark masses (u, d) influence BBN?

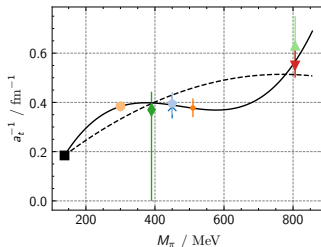
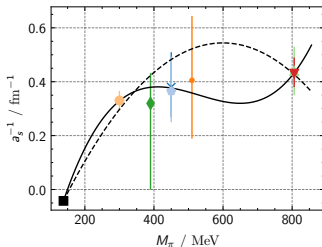
- Interesting: combined study of α - and m_q -variation \Rightarrow constraints?
- Include Halo EFT results for radiative capture cross sections

Where do quark masses come in?

- Nuclear **binding energies** depend (mainly) on average quark mass
$$\hat{m} = \frac{m_u + m_d}{2}$$
- This in turn may affect reaction parameters (a, r_{eff}) \Rightarrow Halo EFT rates
- How does quark **mass difference** change? \Rightarrow changes Q_n

Quark mass dependence of binding energies

- Gell-Mann-Oakes-Renner relation: $M_\pi^2 \propto \hat{m}$
 - From (pionless) EFT [Bedaque, Luu, and Platter, 2011] or using Nuclear Lattice EFT [Lähde, Meißner, and Epelbaum, 2020; Elhatisari et al., 2022b]
- ⇒ binding energies depend on $\frac{\partial a_s^{-1}}{\partial M_\pi}$, $\frac{\partial a_t^{-1}}{\partial M_\pi}$ (N - N -scattering)

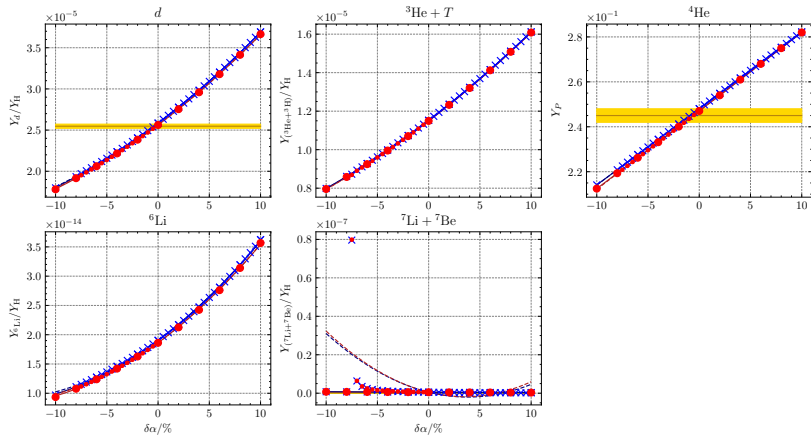


Thank you for your attention!

Any Questions?

Halo EFT – Abundances

Halo EFT cross sections for ${}^3\text{H} + {}^4\text{He} \rightarrow {}^7\text{Li} + \gamma$ and ${}^3\text{He} + {}^4\text{He} \rightarrow {}^7\text{Be} + \gamma$



Measurement of Primordial Abundances

Deuterium d :

- Almost completely destroyed in stars
- Observe high red-shift, low-metallicity systems

Helium-4 ${}^4\text{He}$:

- Recombination lines of He and H in metal-poor extra-galactic HII regions
- Metal Production in stars positively correlated to stellar ${}^4\text{He}$ contribution
→ Primordial abundance found by extrapolation to zero metallicity

Lithium-7 ${}^7\text{Li}$:

- Observe stars in the galactic halo with very low metallicities
- ${}^7\text{Li}$ dominant over ${}^6\text{Li}$
- **Lithium problem**³: theoretical prediction three times higher

³Fields, 2011

Temperature-Dependent Approximation

Charged particle reactions

- Define $S(E) = \sigma(E)Ee^{\sqrt{E_G^{\text{in}}/E}}$ and assume $S \approx \text{const.}$
- Reaction rate

$$\Gamma = \int dE \frac{S(E)}{E} e^{-\sqrt{E_G^{\text{in}}/E}} E e^{E/(k_B T)}$$

- E at maximum of **integrand**

$$E \rightarrow \bar{E}_c = \left(\frac{k_B T}{2} \right)^{\frac{2}{3}} (E_G^{\text{in}})^{\frac{1}{3}}.$$

Neutron induced reactions

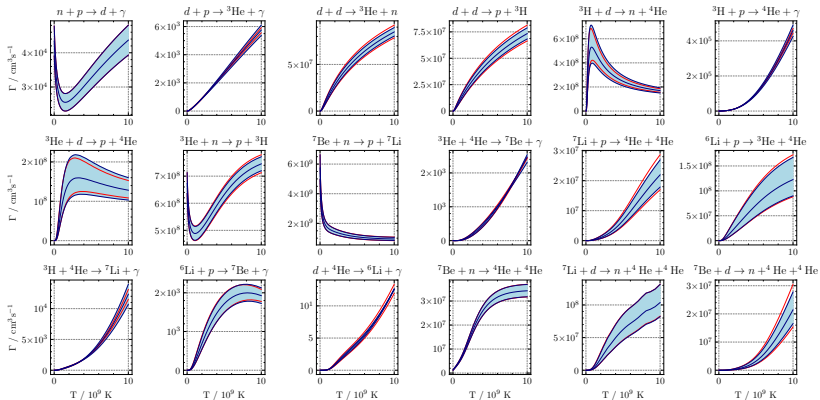
- Define $R(E) = \sigma(E)\sqrt{E}$ and assume $R \approx \text{const.}$
- Reaction rate

$$\Gamma = \int dE \frac{R(E)}{\sqrt{E}} E e^{E/(k_B T)}$$

- E at maximum of **integrand**

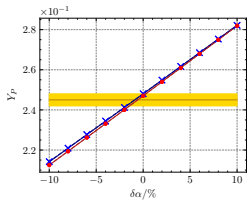
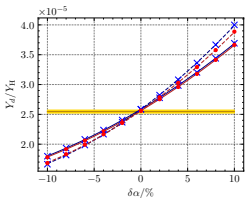
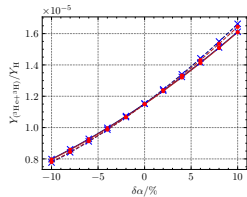
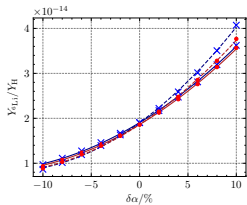
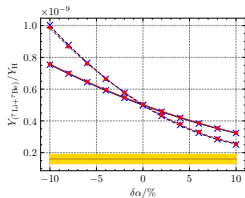
$$E \rightarrow \bar{E}_\gamma = \frac{1}{2} k_B T$$

Reaction Rates for Approximation



Reaction rates for $\delta\alpha = 0, \pm 10\%$ calculated exactly (blue) and with temperature-dependent approximation (red)

Abundances with Approximation

(a) Y_P (${}^4\text{He}$ mass fraction)(b) Deuterium d (c) ${}^3\text{He} + {}^3\text{H}$ (d) ${}^6\text{Li}$ (e) ${}^7\text{Li} + {}^7\text{Be}$