

# CONSTRAINING LONG-LIVED PARTICLES WITH BIG BANG NUCLEOSYNTHESIS

based on

[1712.03972], [1808.09324], [2011.06519], [2112.09137]

by

Frederik Depta, [Marco Hufnagel](#), Kai Schmidt-Hoberg,  
Sebastian Wild, Thomas Hambye

Friday, November 17, 2023

# Outline

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- Big Bang Nucleosynthesis
- Influence of dark-sector states
- Electromagnetic decays
- Decays into Neutrinos
- Hadronic decays

# Big Bang Nucleosynthesis

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- Formation of light nuclei in the early phase of the universe

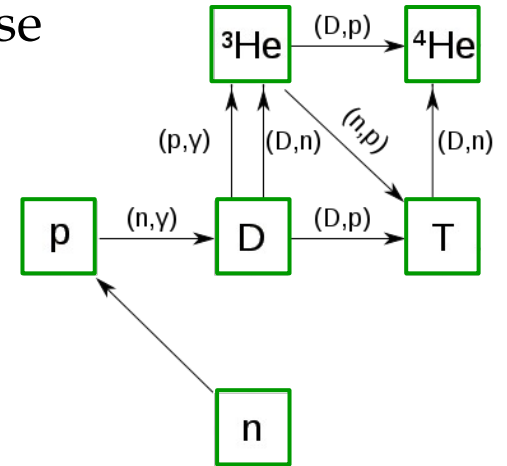
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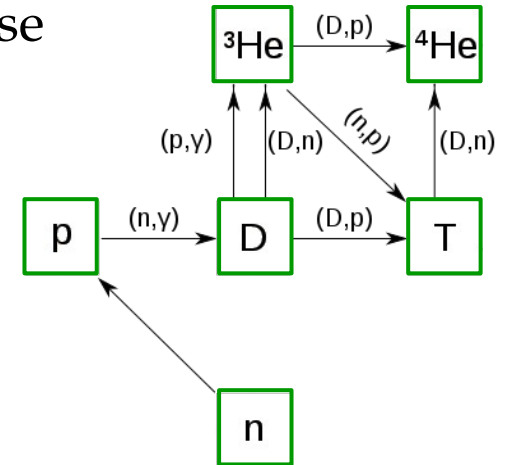


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11 <b>Na</b> 22.990	12 <b>Mg</b> 24.305	3	4	5	6	7	8	9	10	11	12	13 <b>Al</b> 26.982	14 <b>Si</b> 28.085	15 <b>P</b> 30.974	16 <b>S</b> 32.06	17 <b>Cl</b> 35.45	18 <b>Ar</b> 39.948	
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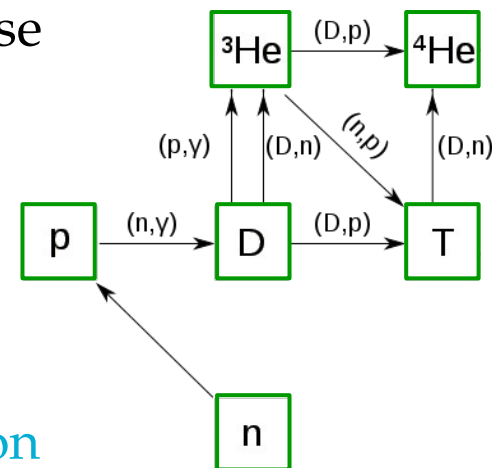


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$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$

$$n_X/n_b \propto n_X/s$$

1 <b>H</b> 1.008	2											13	14	15	16	17	18 <b>He</b> 4.0026
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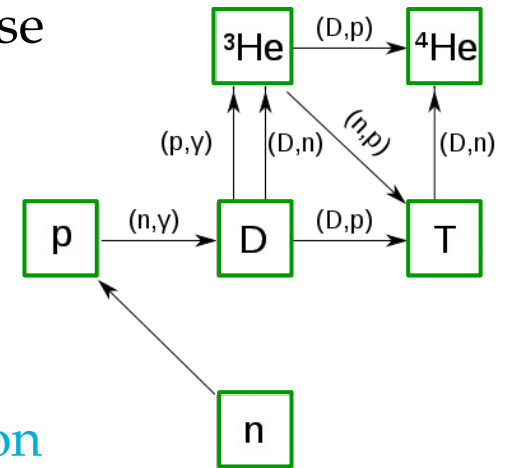


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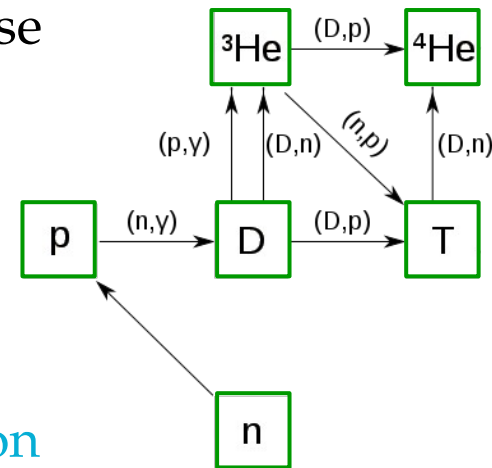
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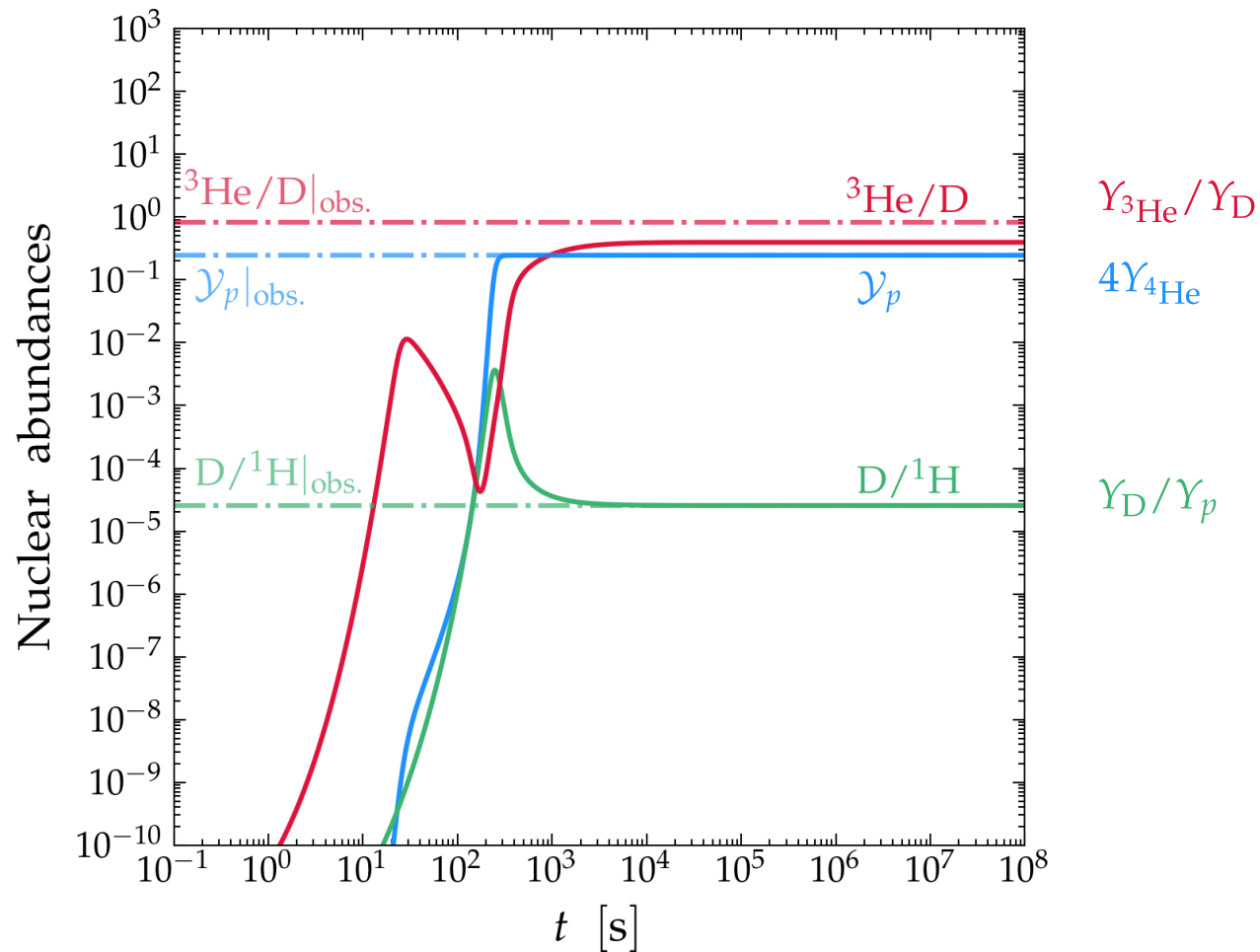


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# Evolution of the abundances during BBN

## Predictions

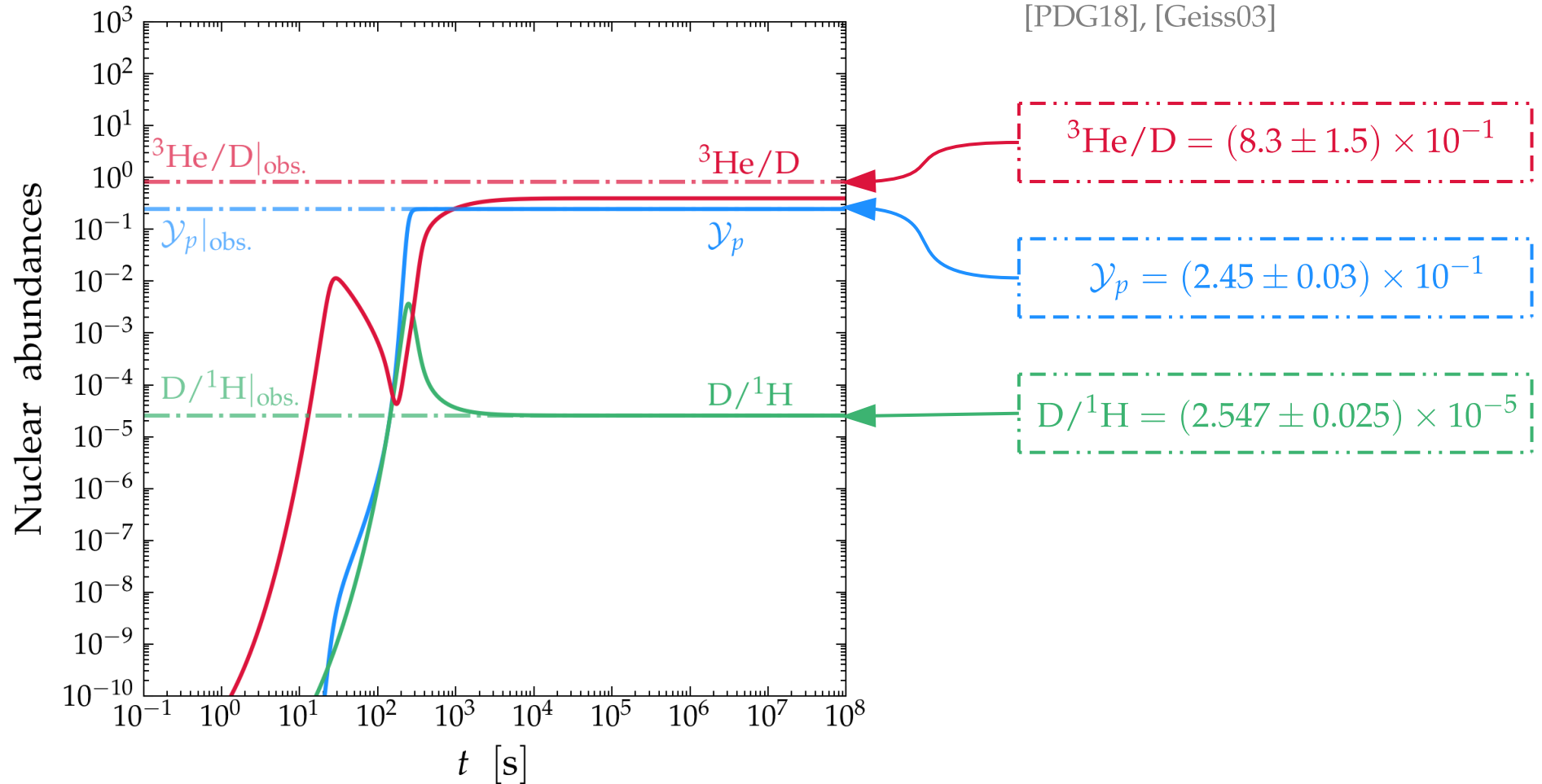


# Evolution of the abundances during BBN

Predictions

Observations

[PDG18], [Geiss03]

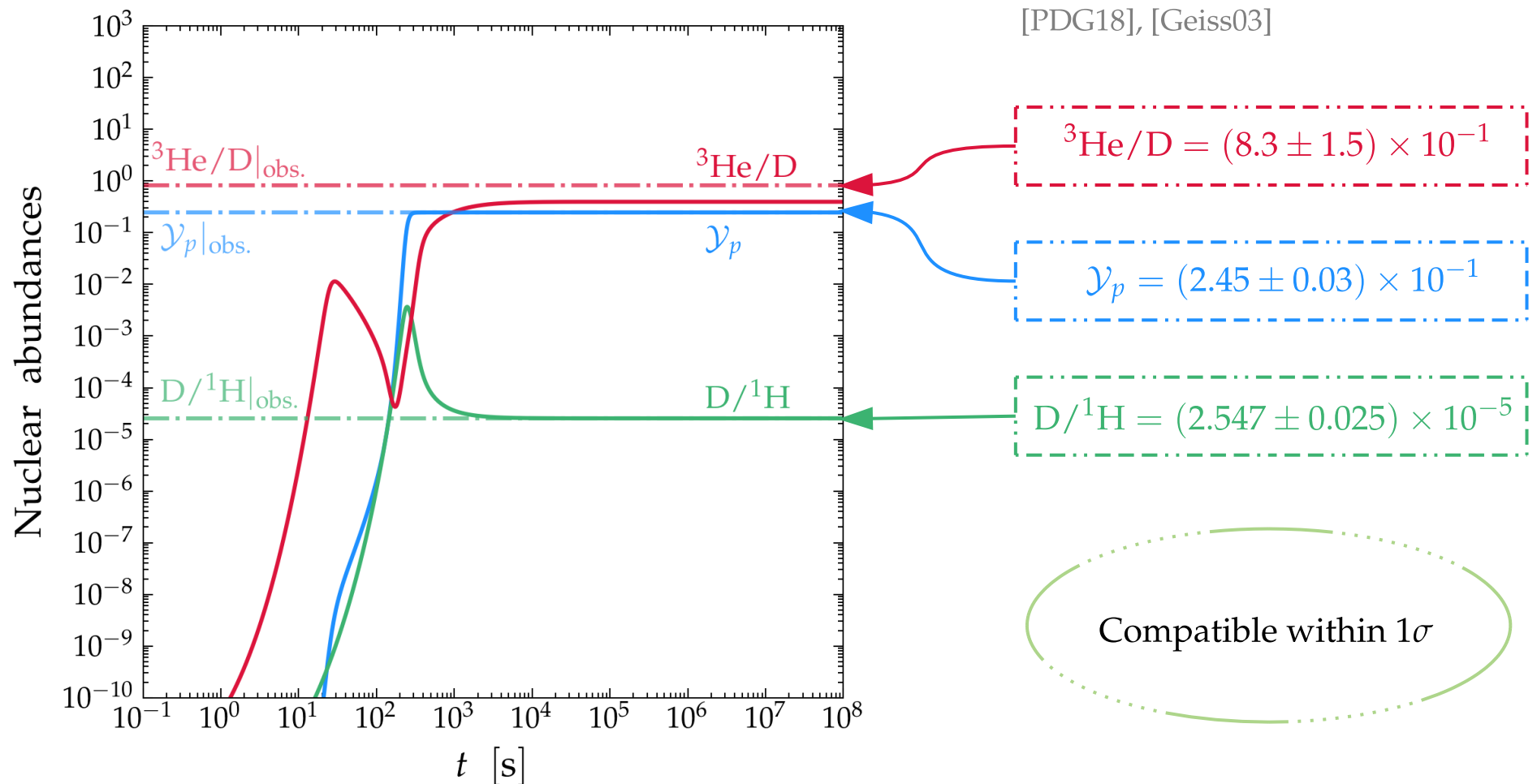


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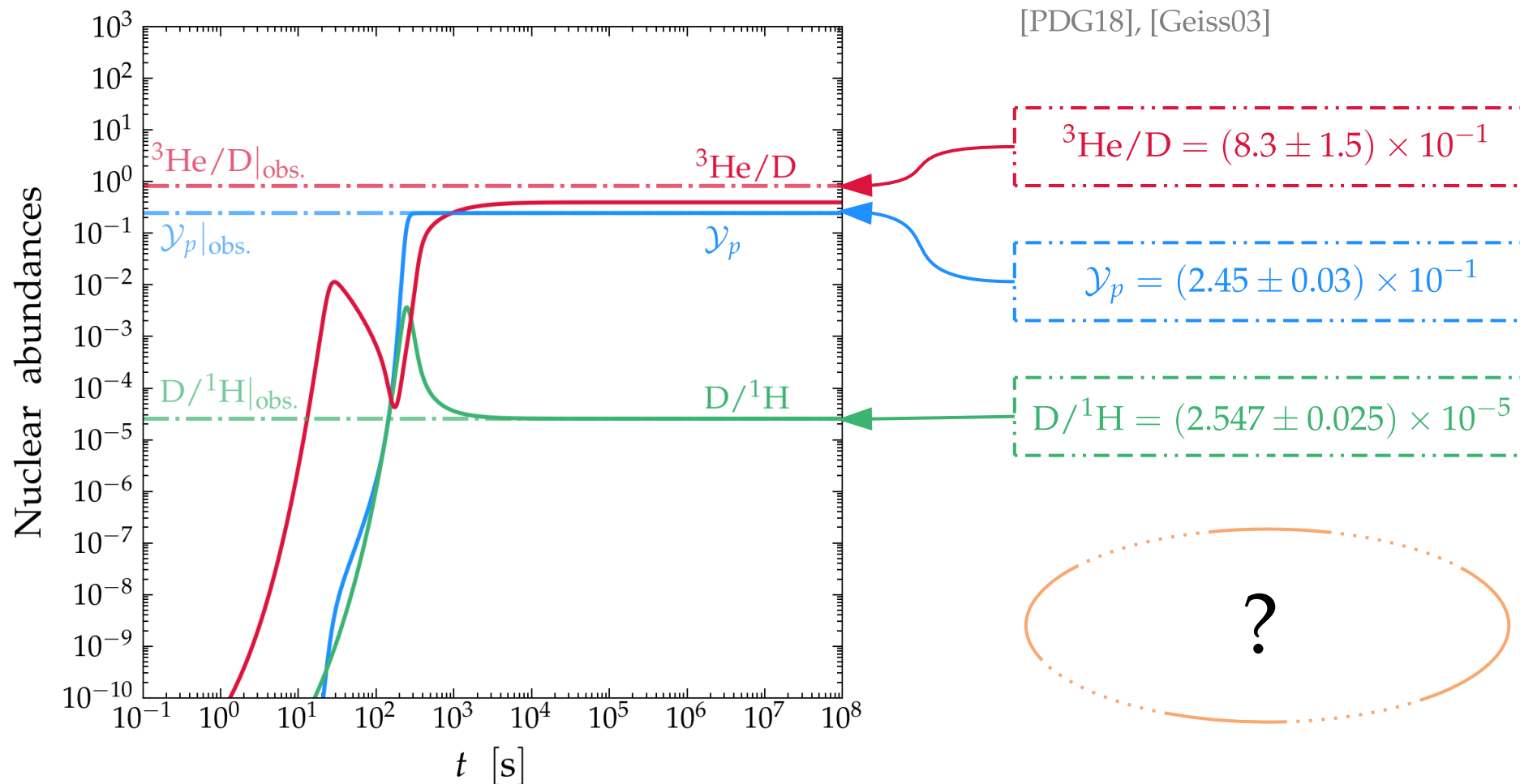
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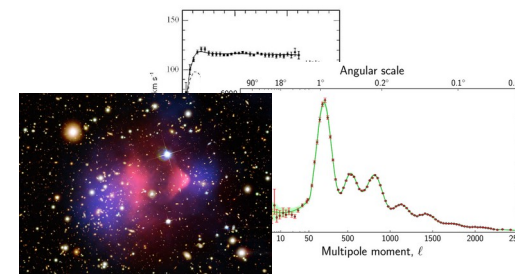
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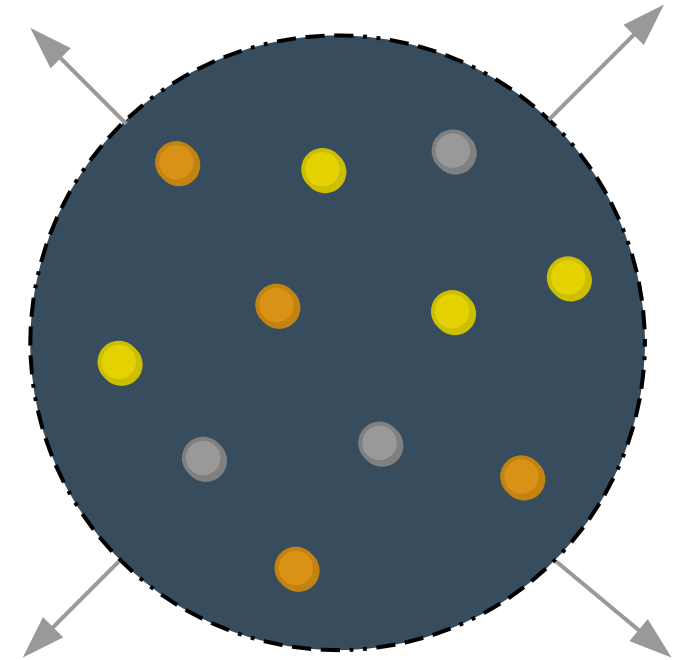
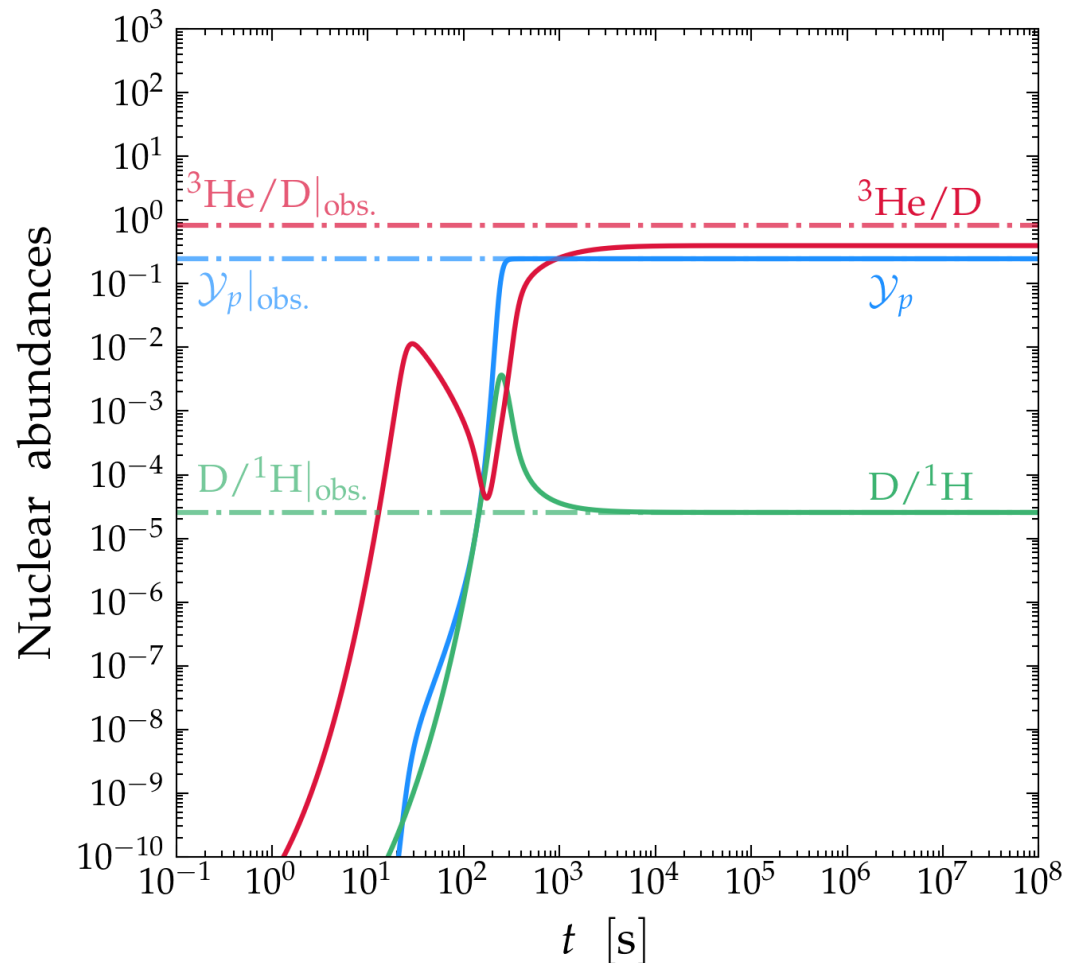
Observations



What happens in the presence of a **dark sector**?



## Predictions

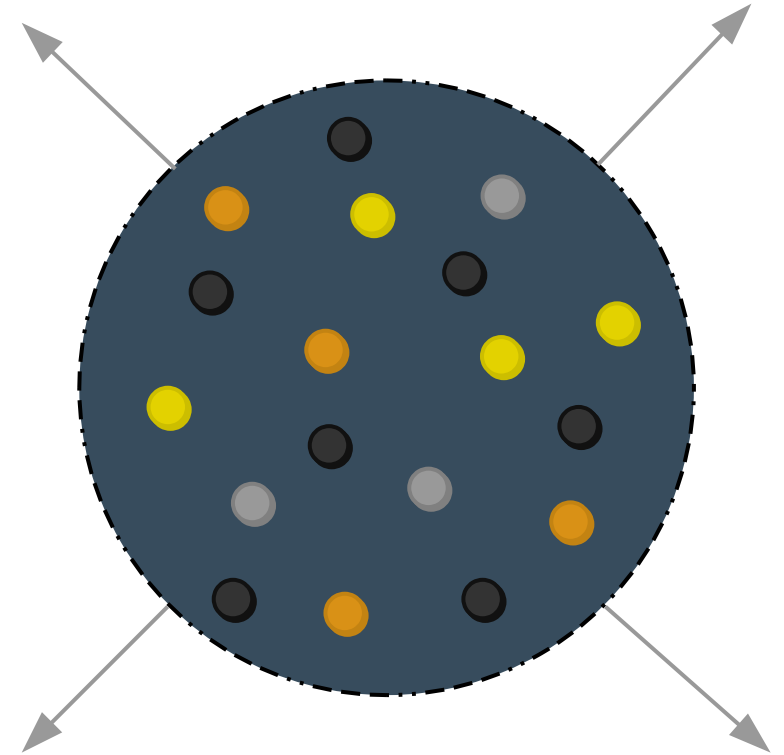
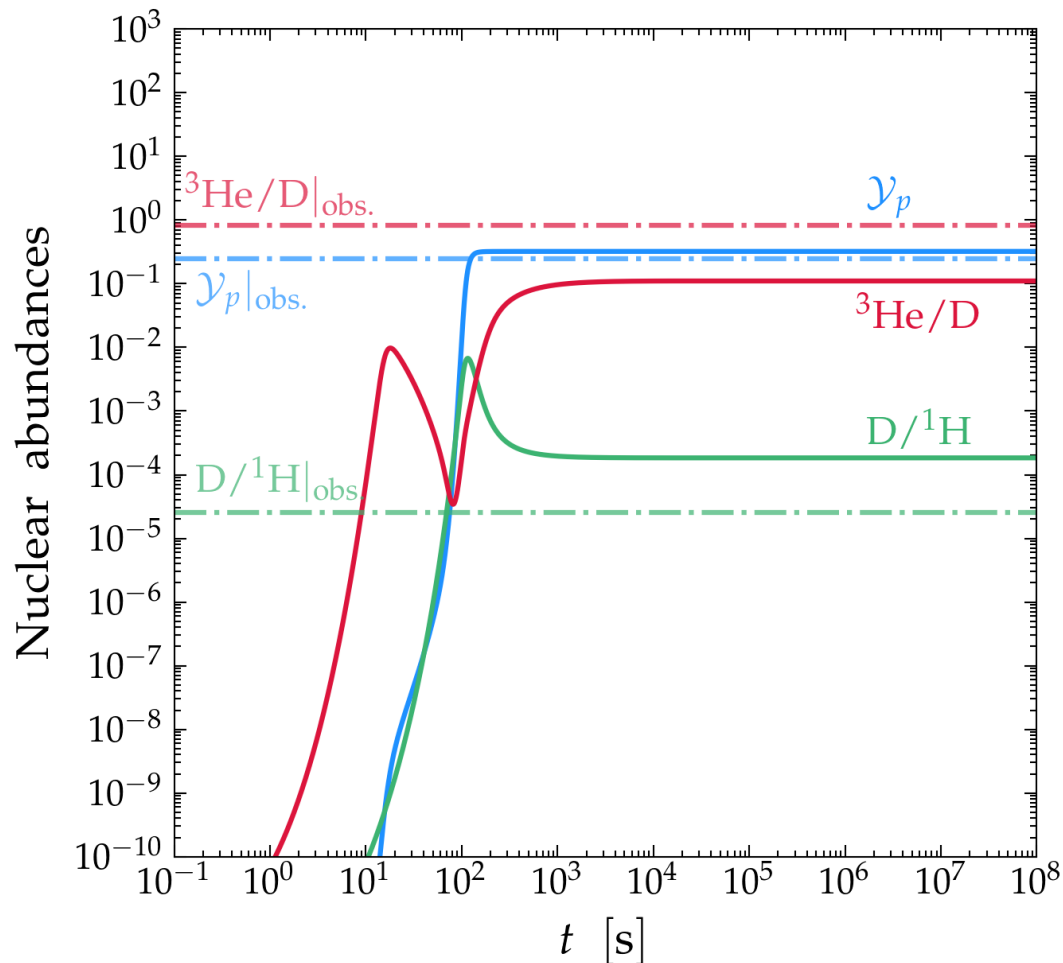


What happens in the presence of a **dark sector**?

Hubble rate

$$dT/dt \sim H \quad \text{with} \quad H \propto [\rho_{\text{sm}} + \rho_{\text{dark}}]^{1/2}$$

## Predictions



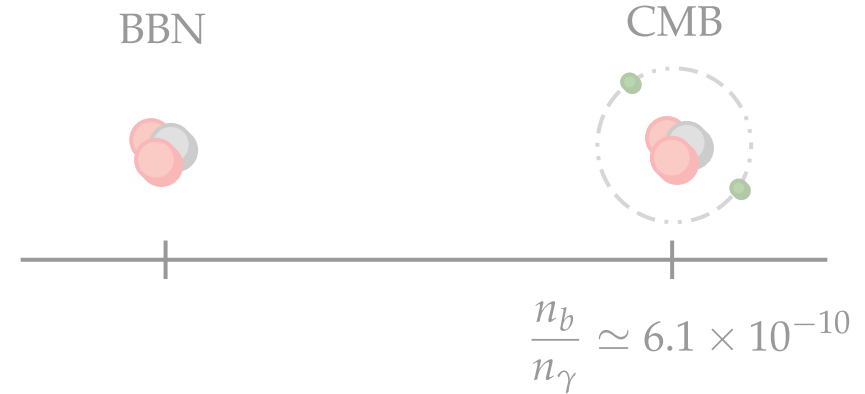
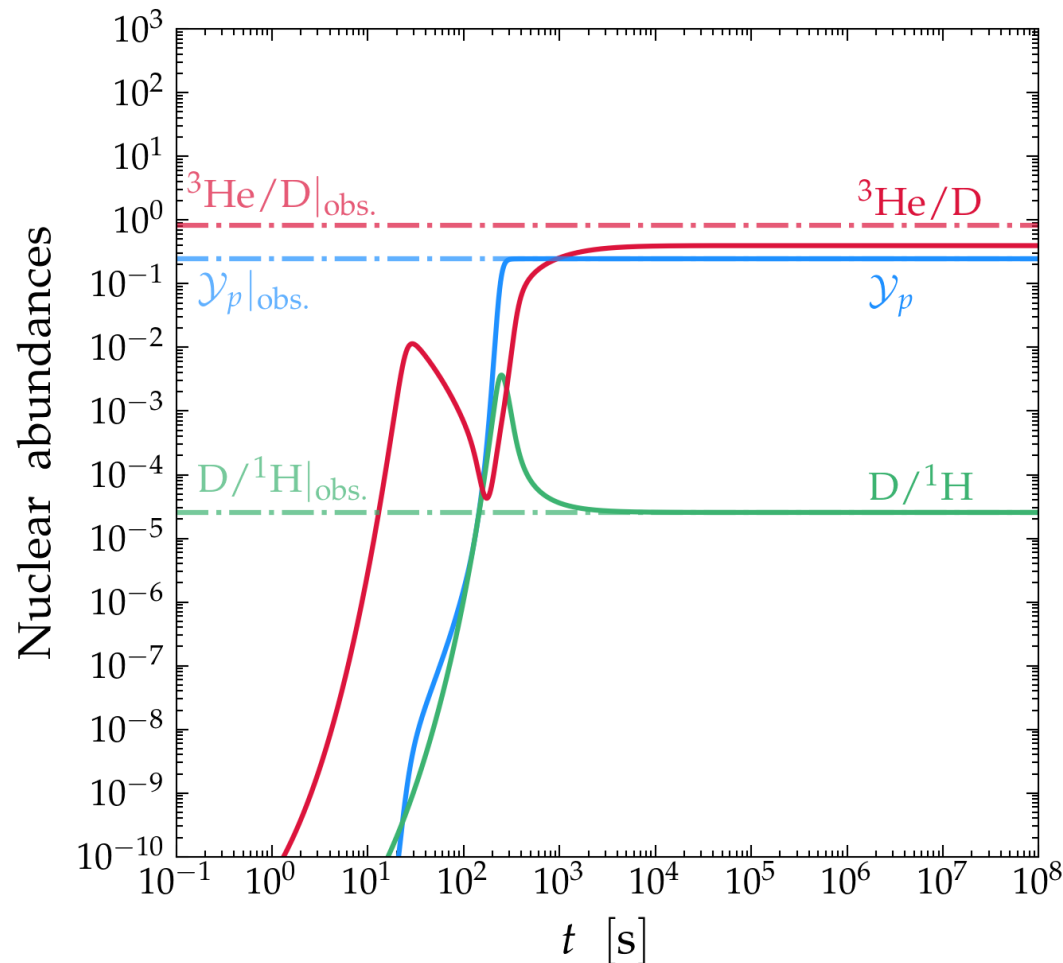
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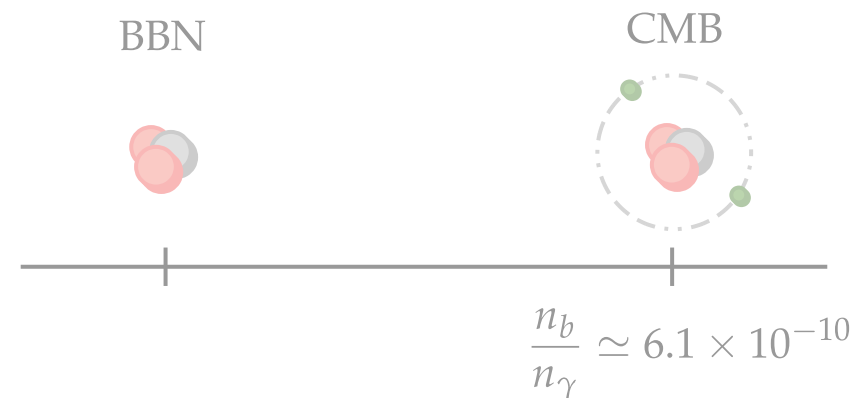
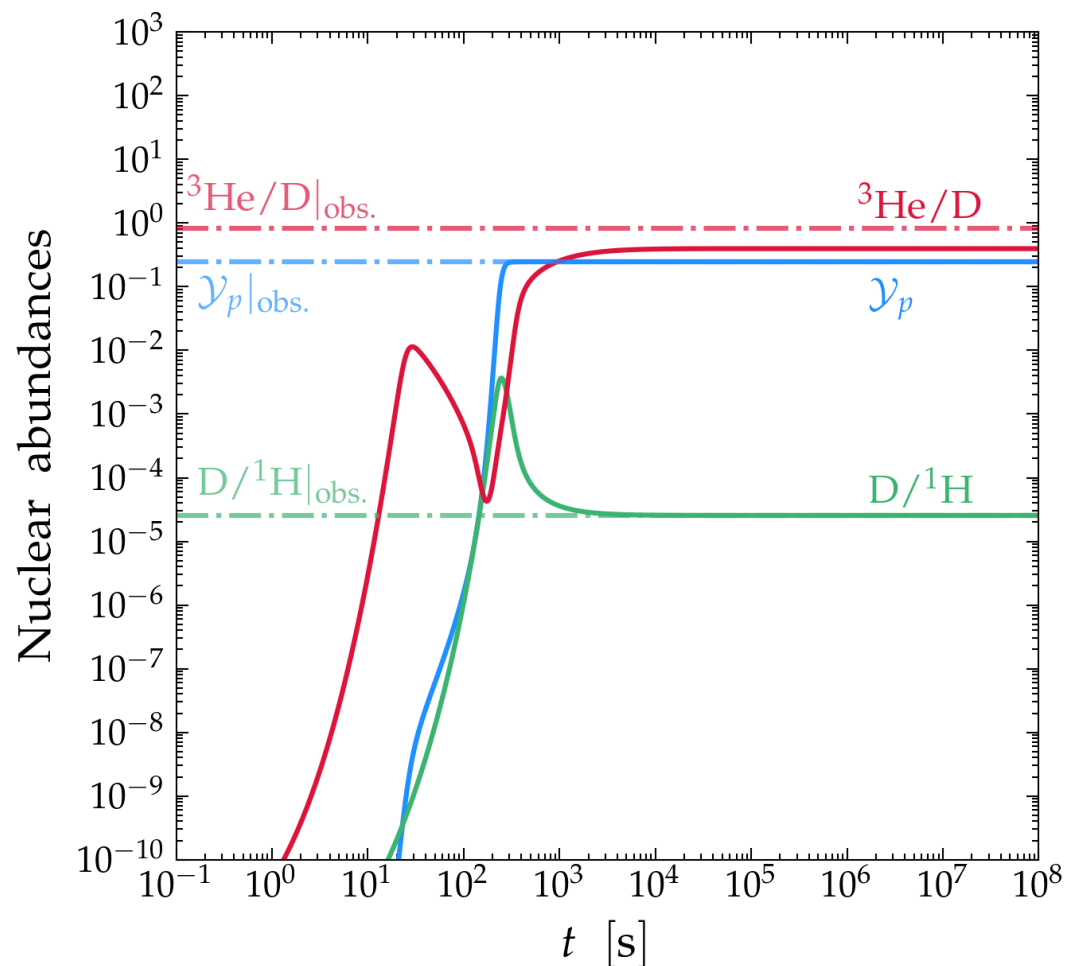


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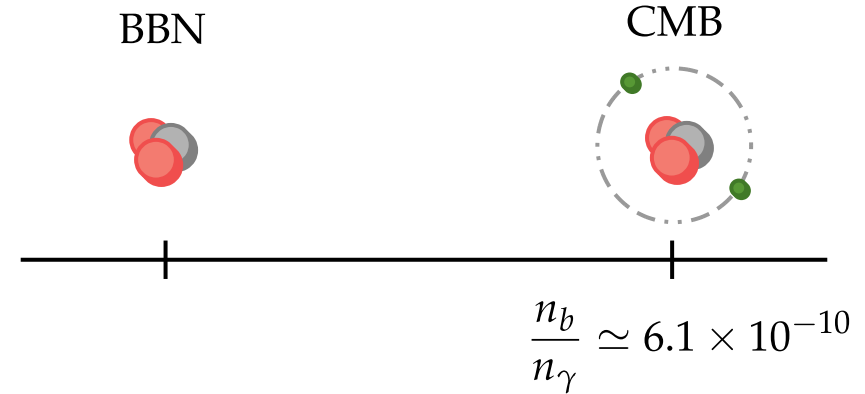
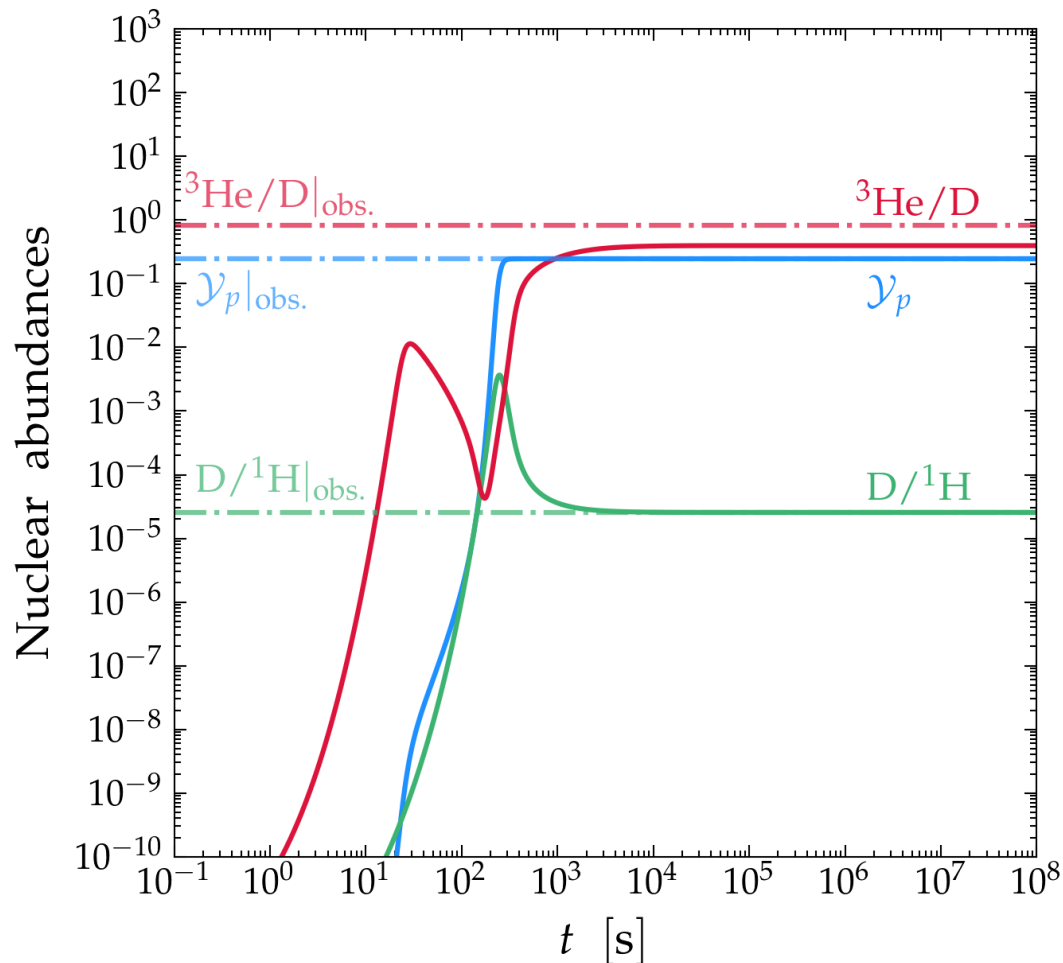


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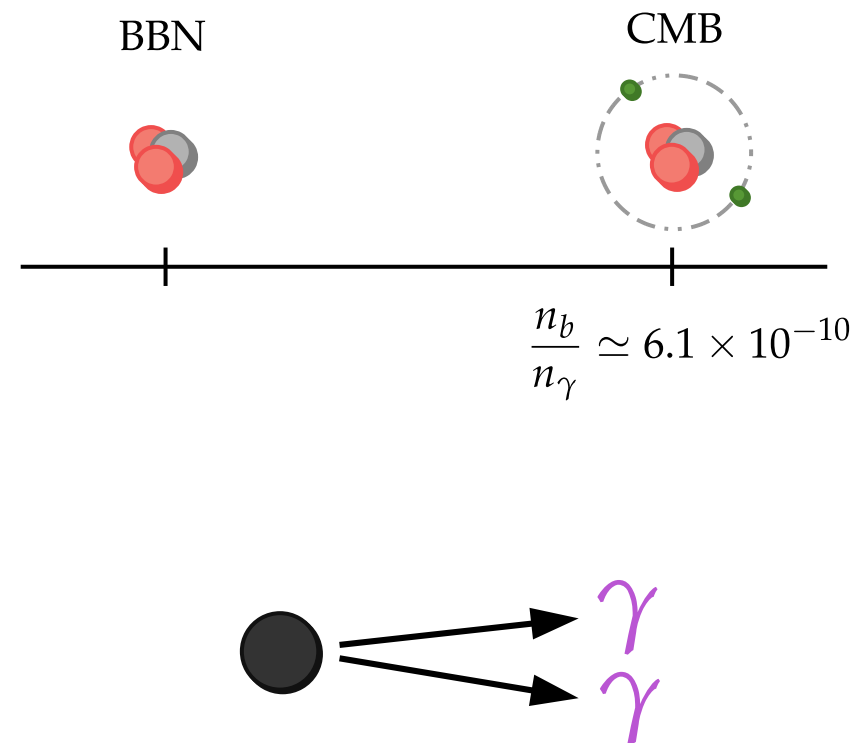
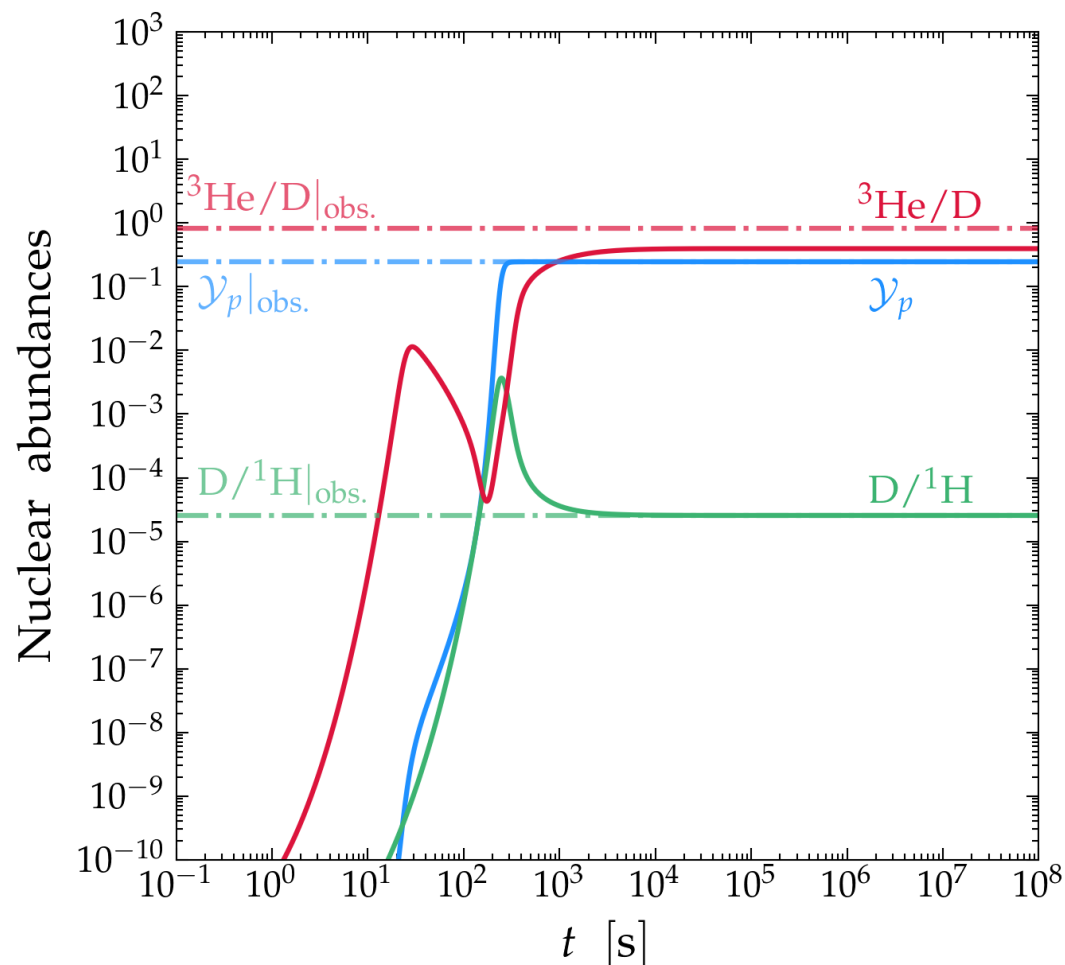
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# Influence of additional dark-sector states

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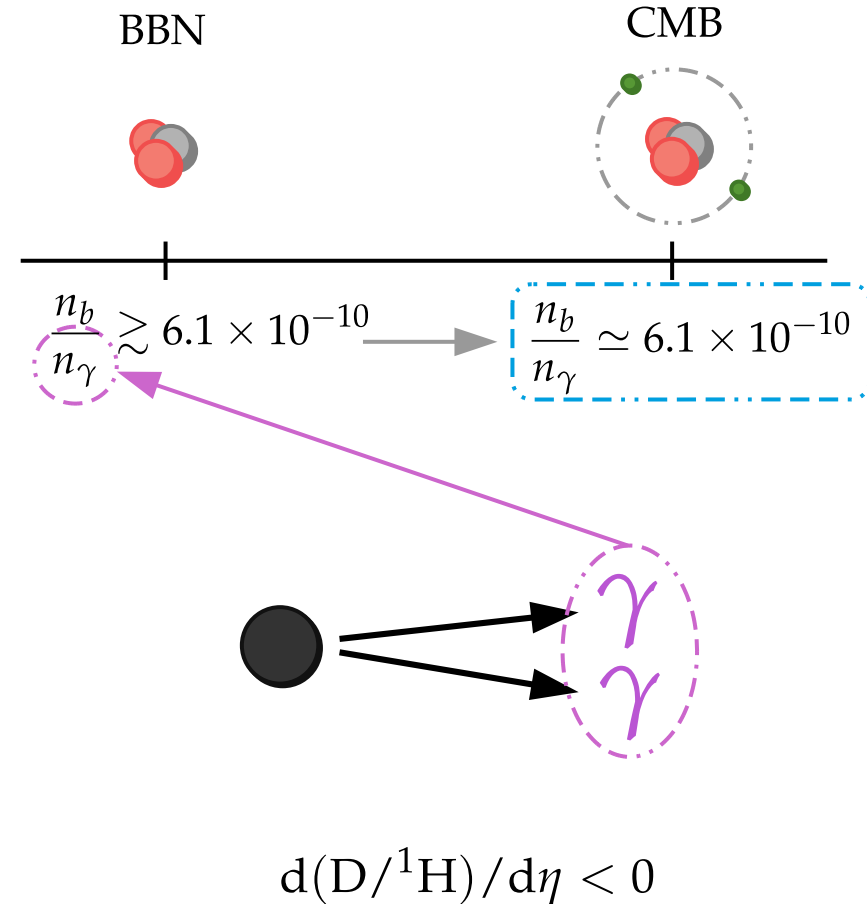
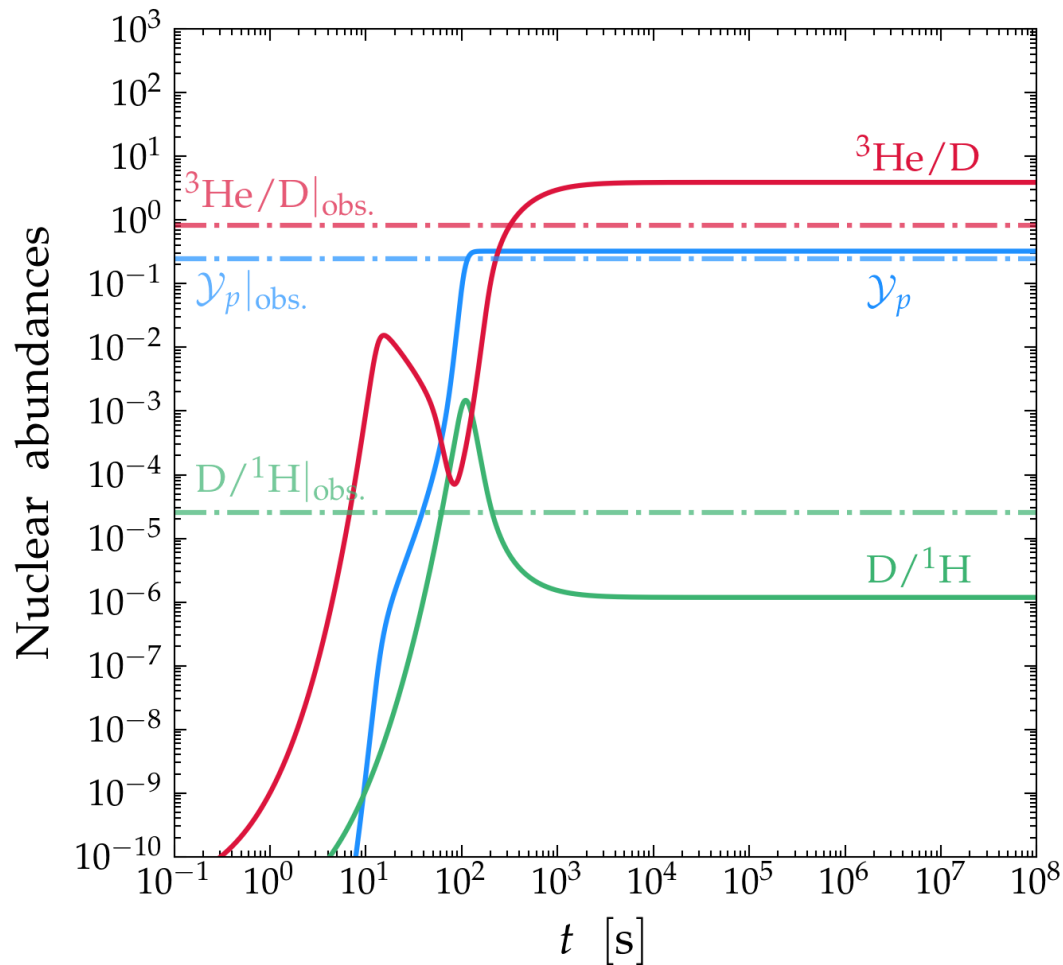
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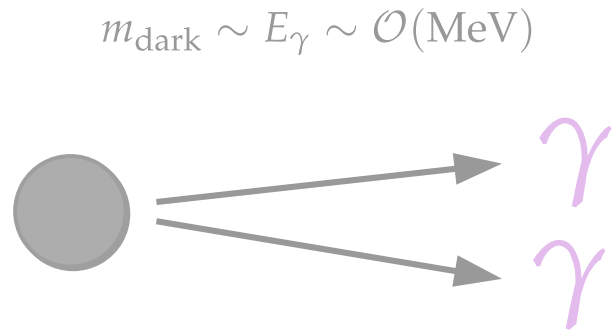
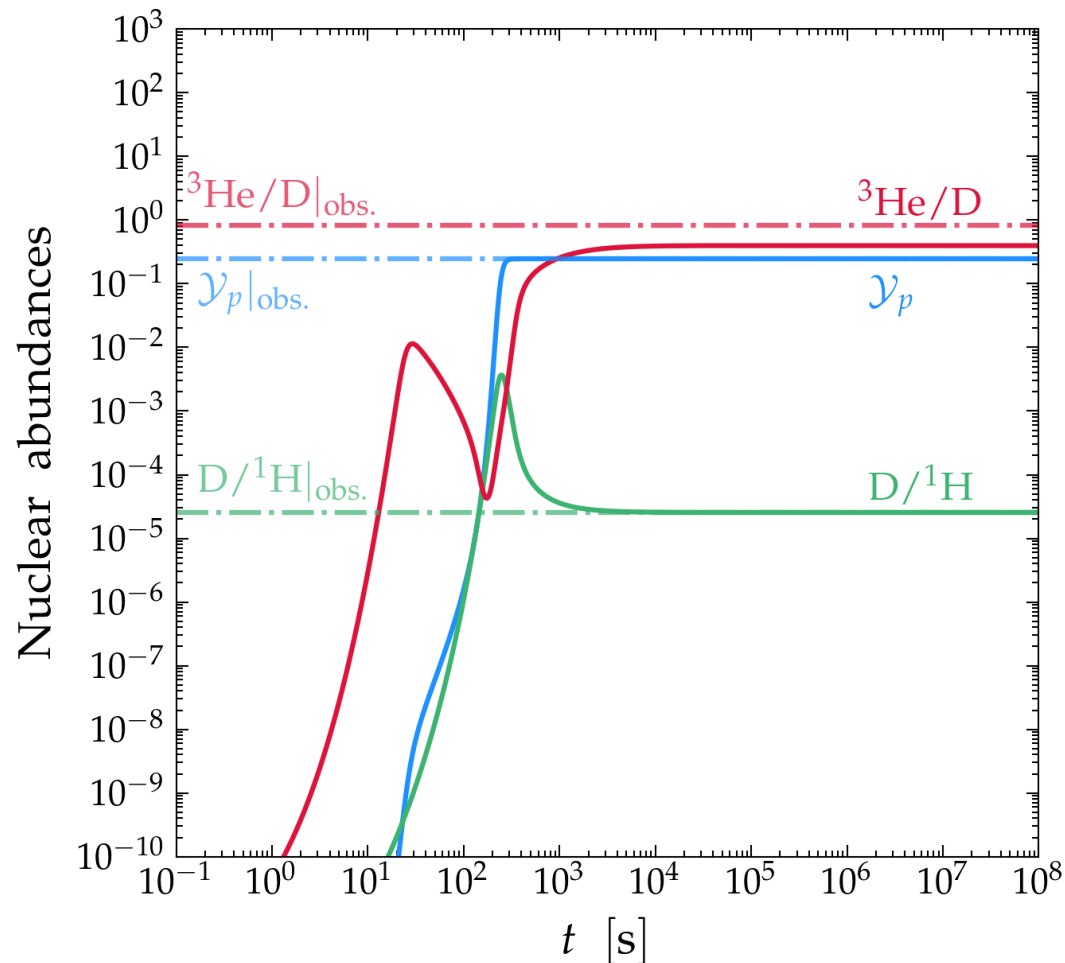
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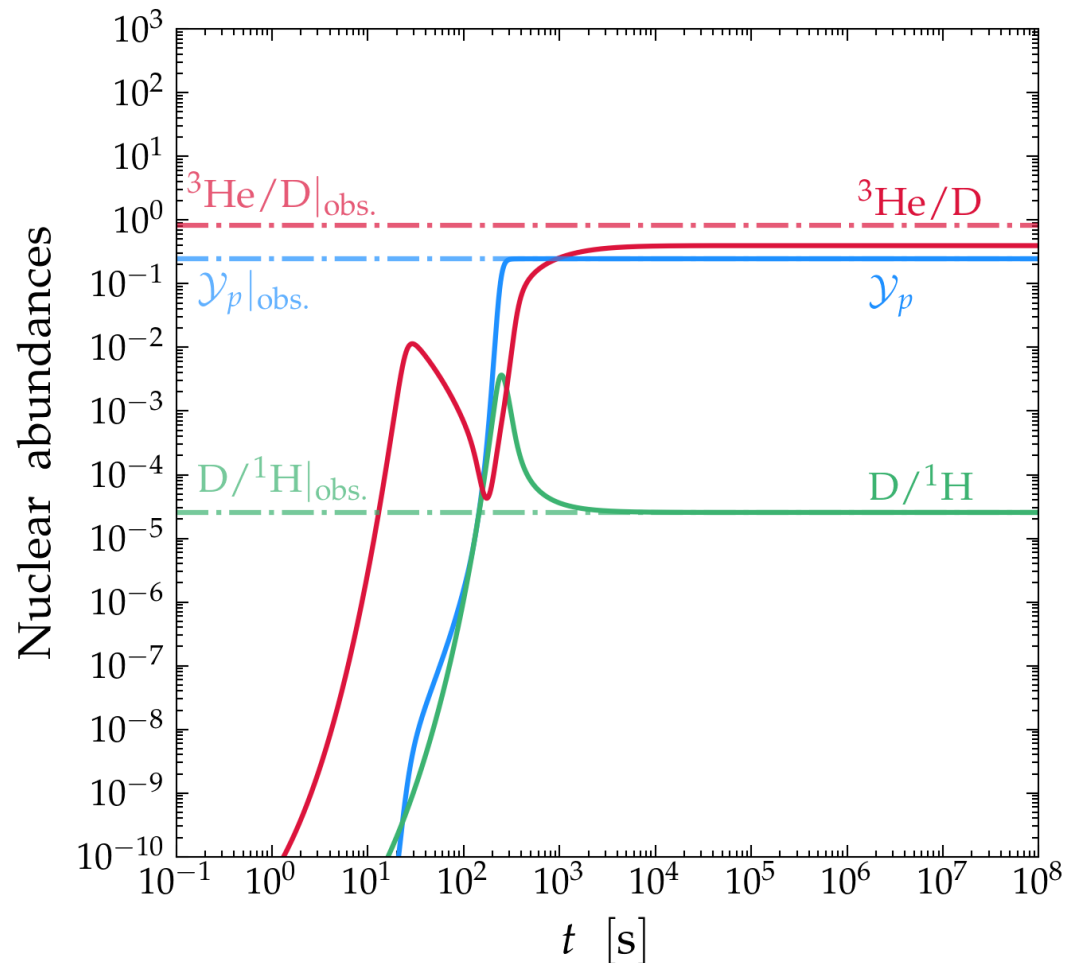


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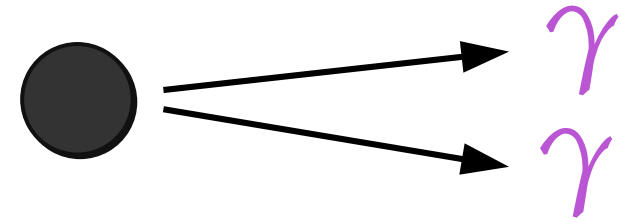
Photodis.  $\text{DS} \rightarrow \gamma\gamma/e^+e^-$  :  $\text{D}\gamma \rightarrow pn, \dots$

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$$m_{\text{dark}} \sim E_{\gamma} \sim \mathcal{O}(\text{MeV})$$

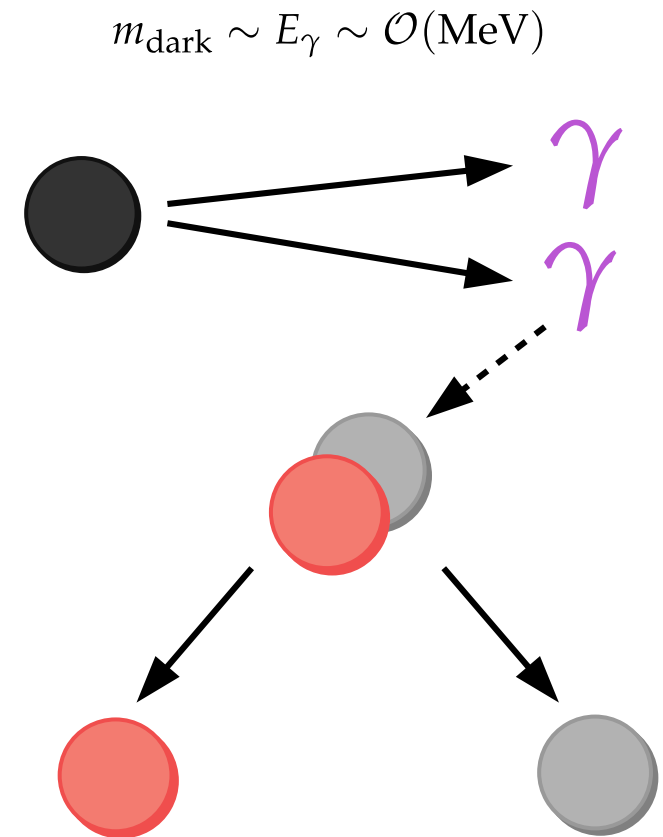
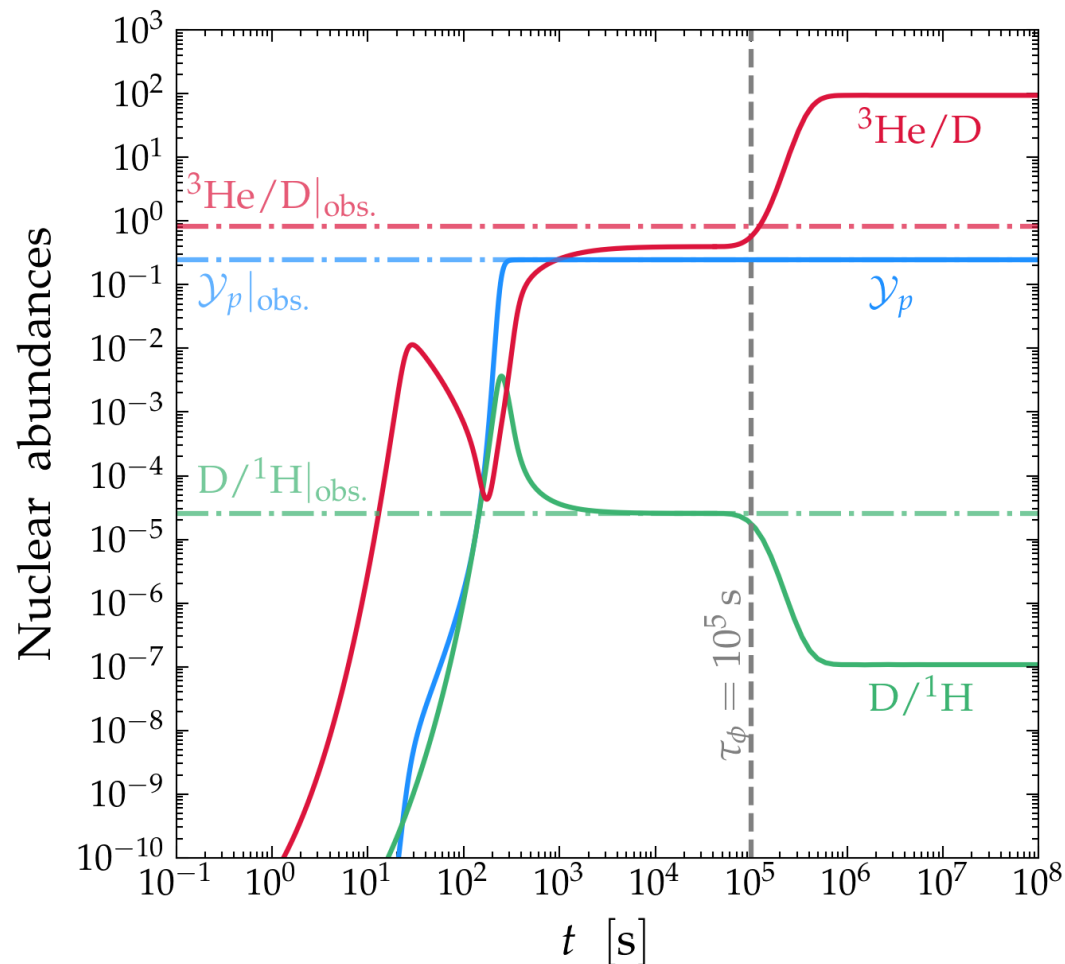


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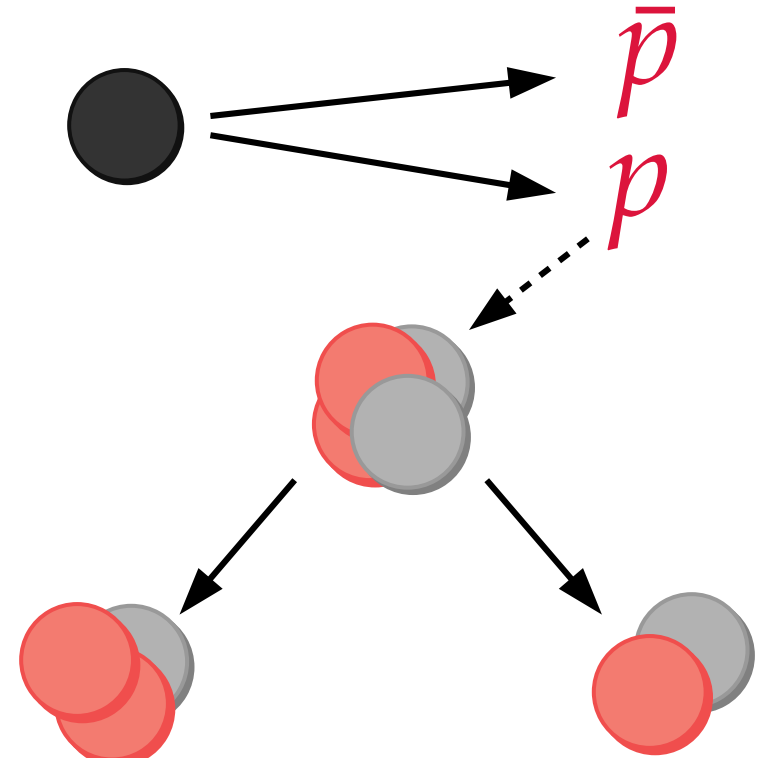
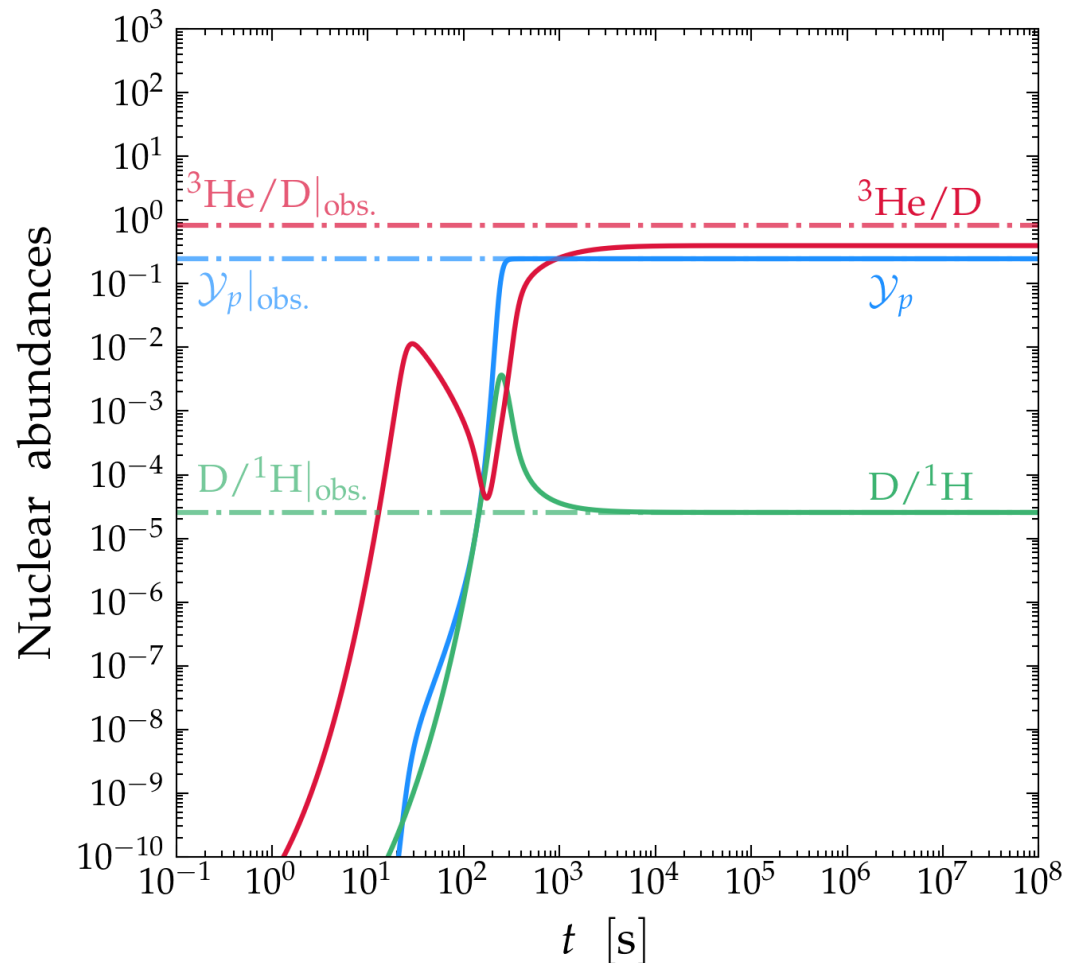
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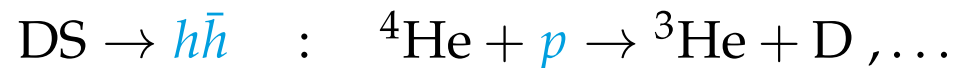


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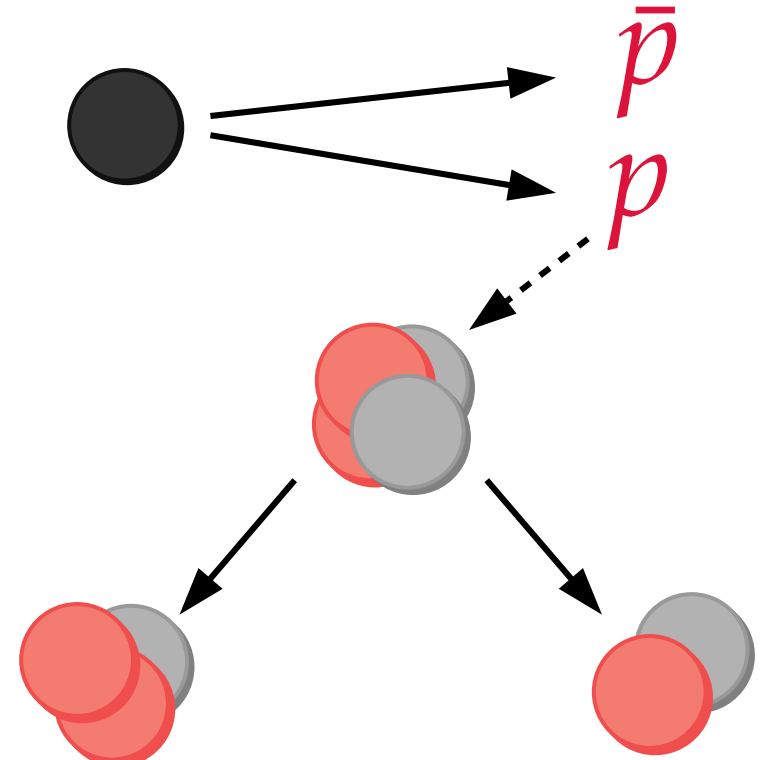
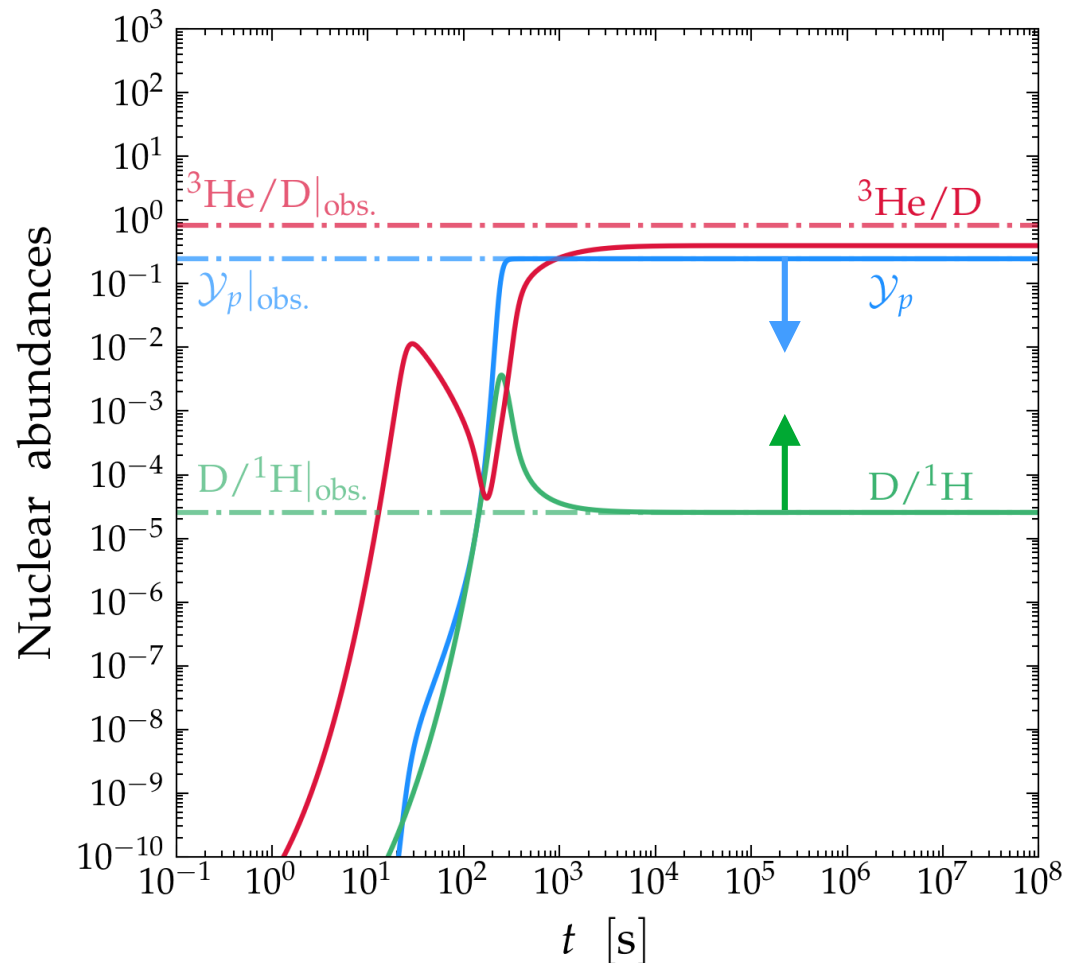


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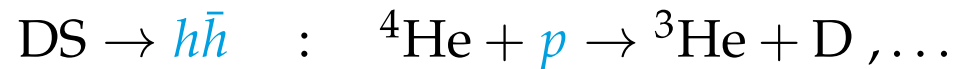


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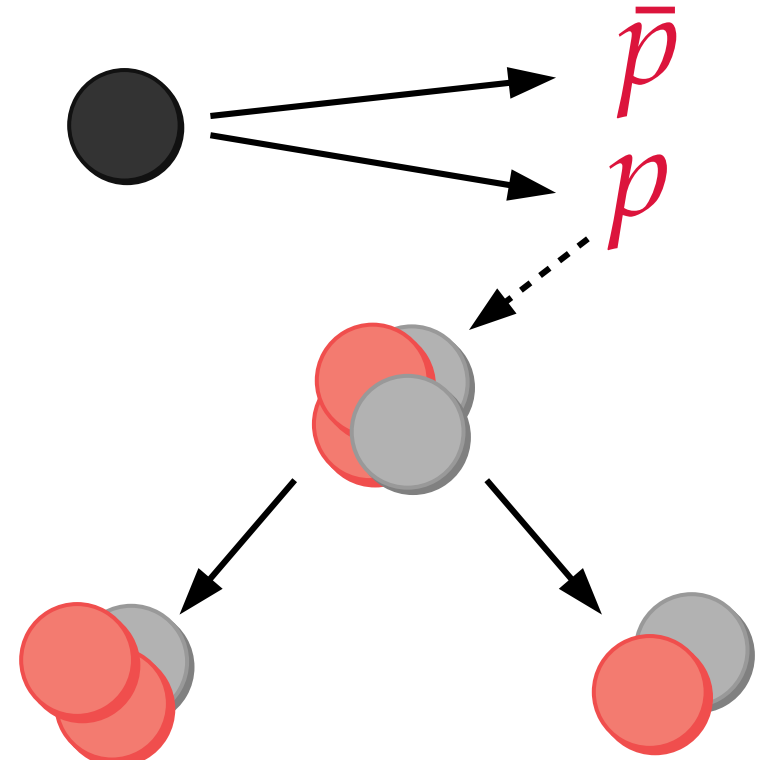
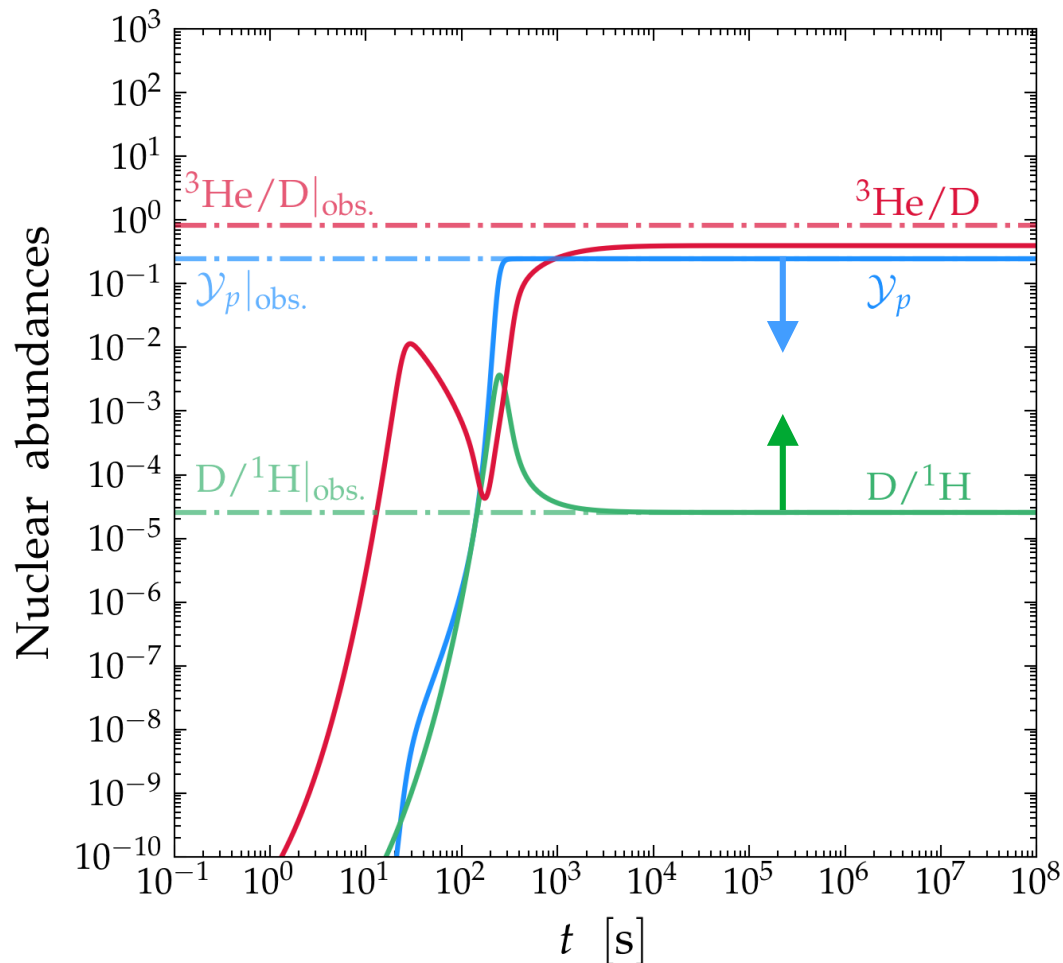


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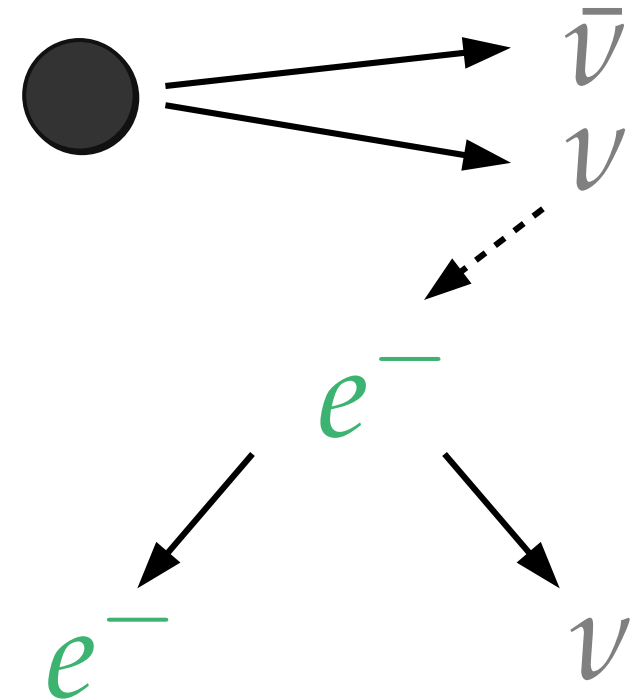
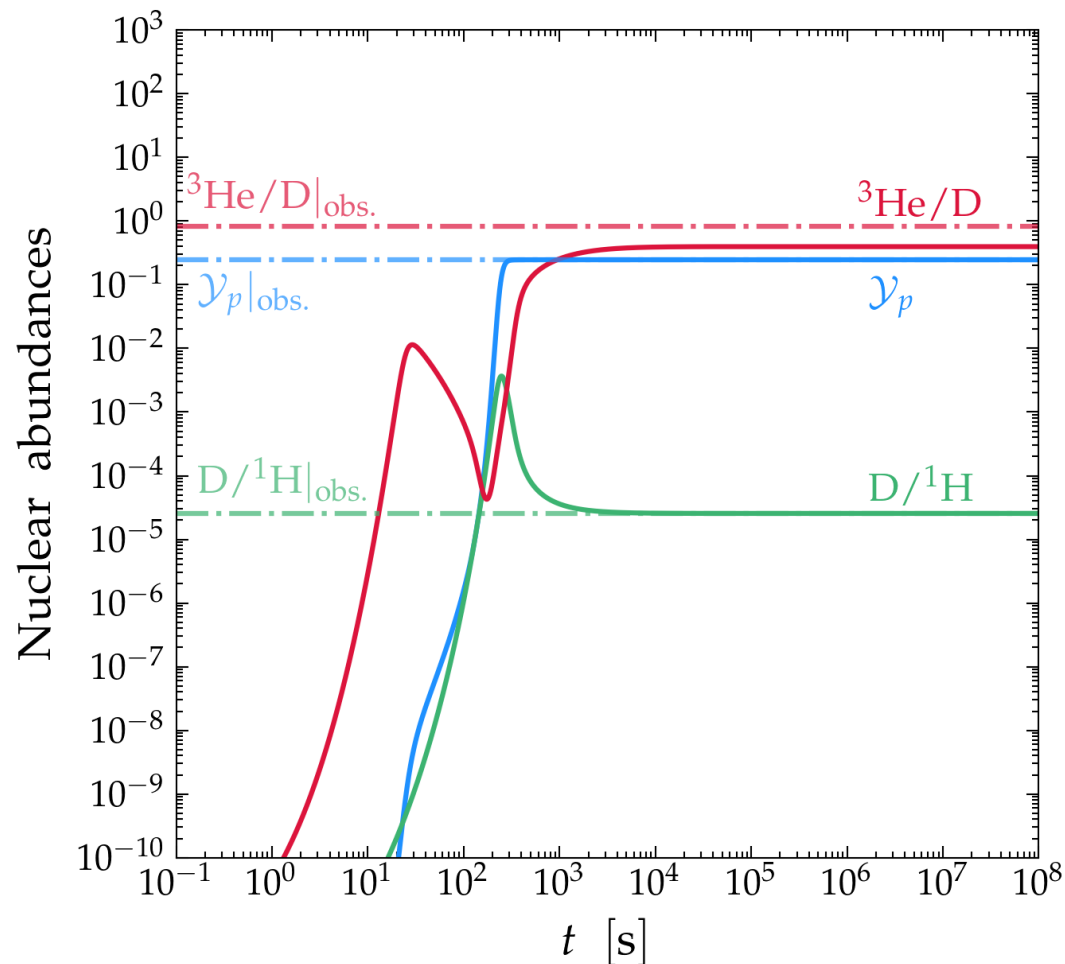


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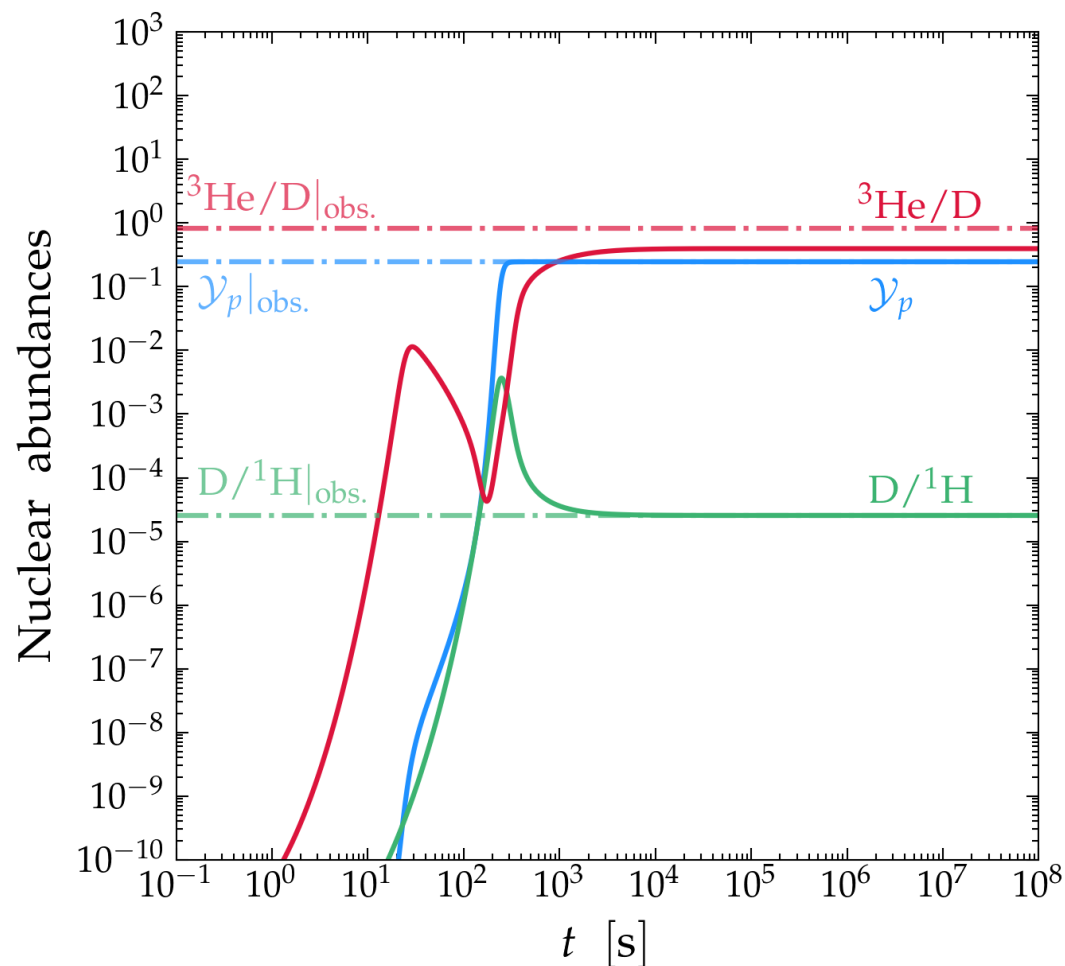
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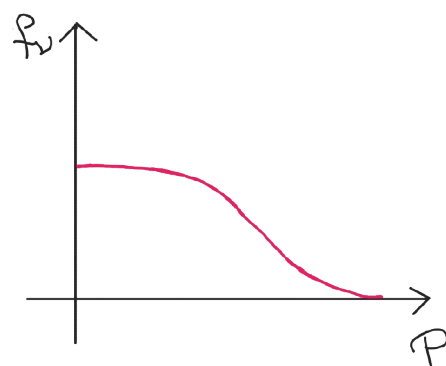
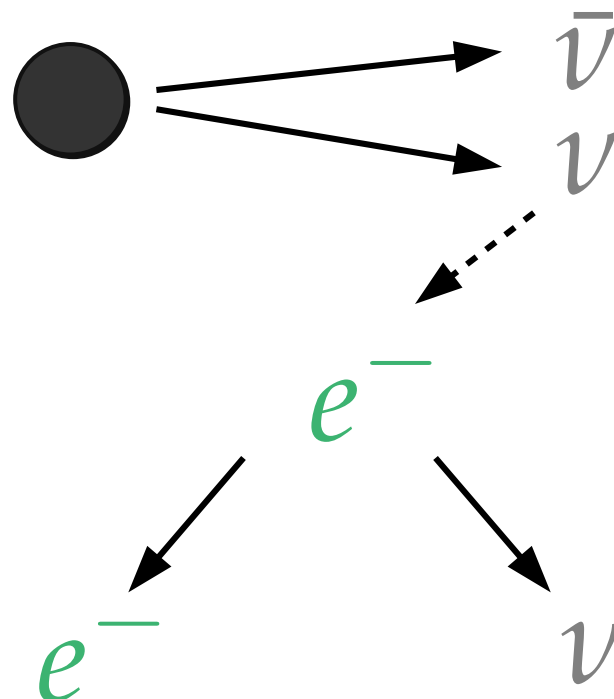
$\nu$  dec.

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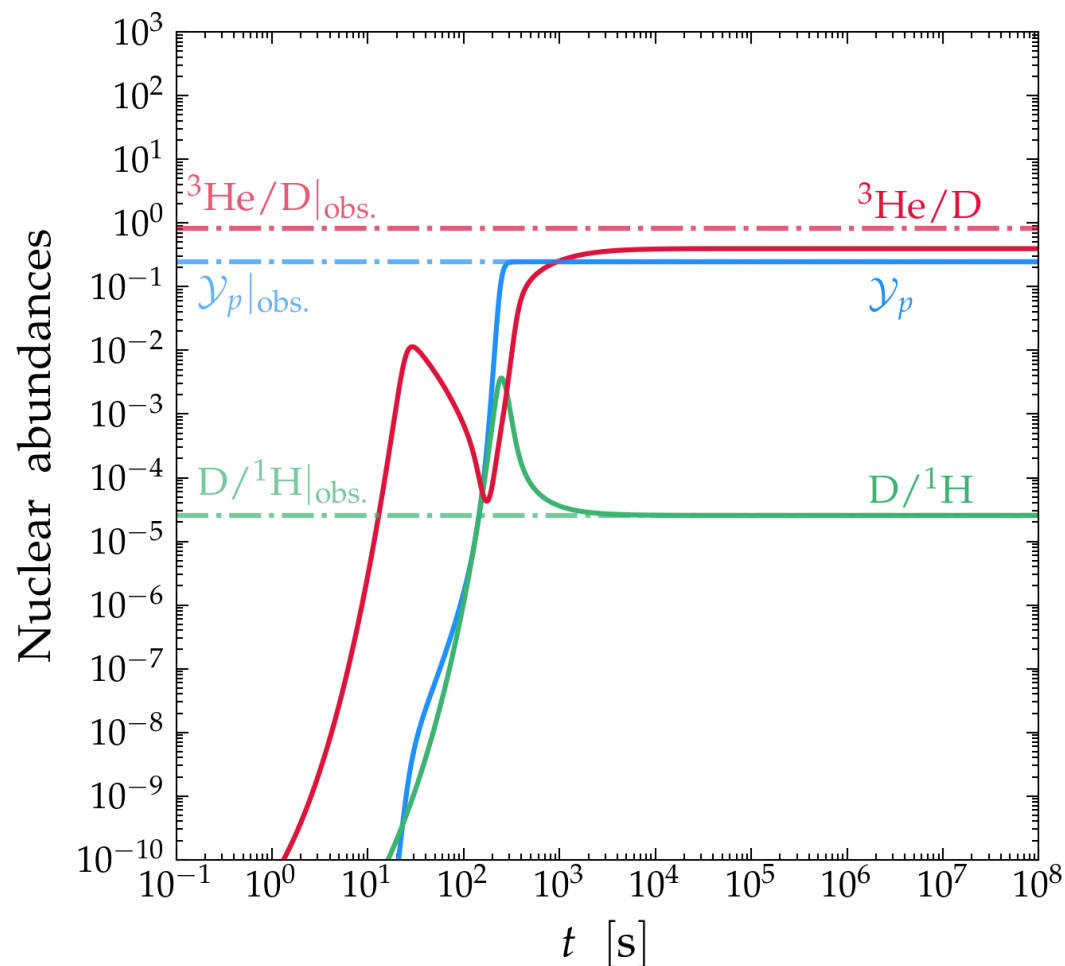


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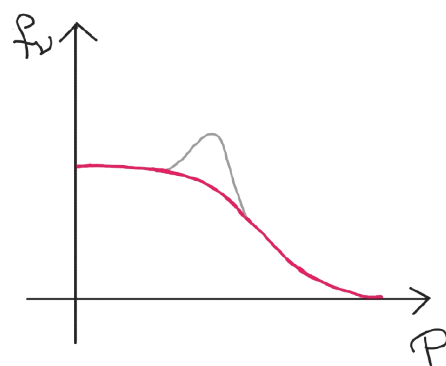
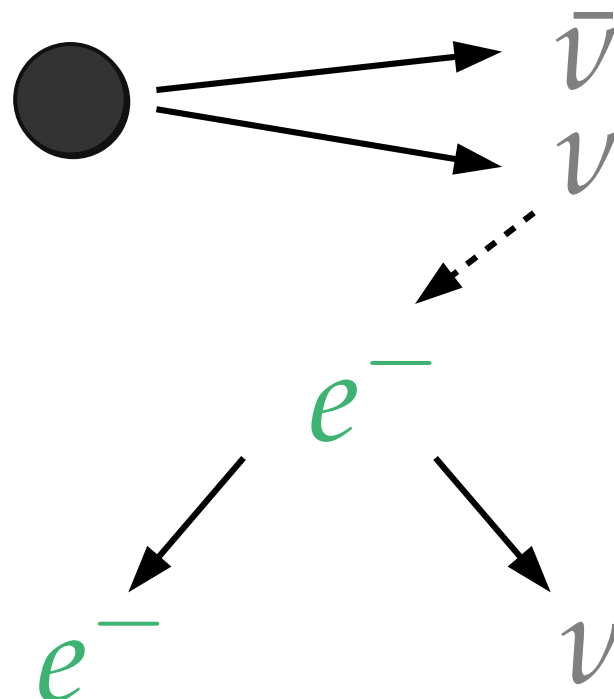


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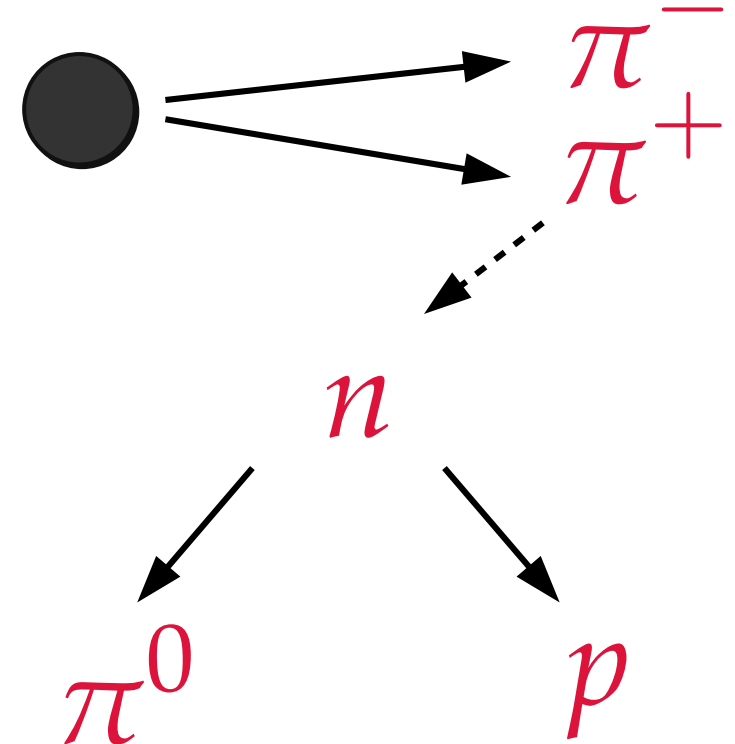
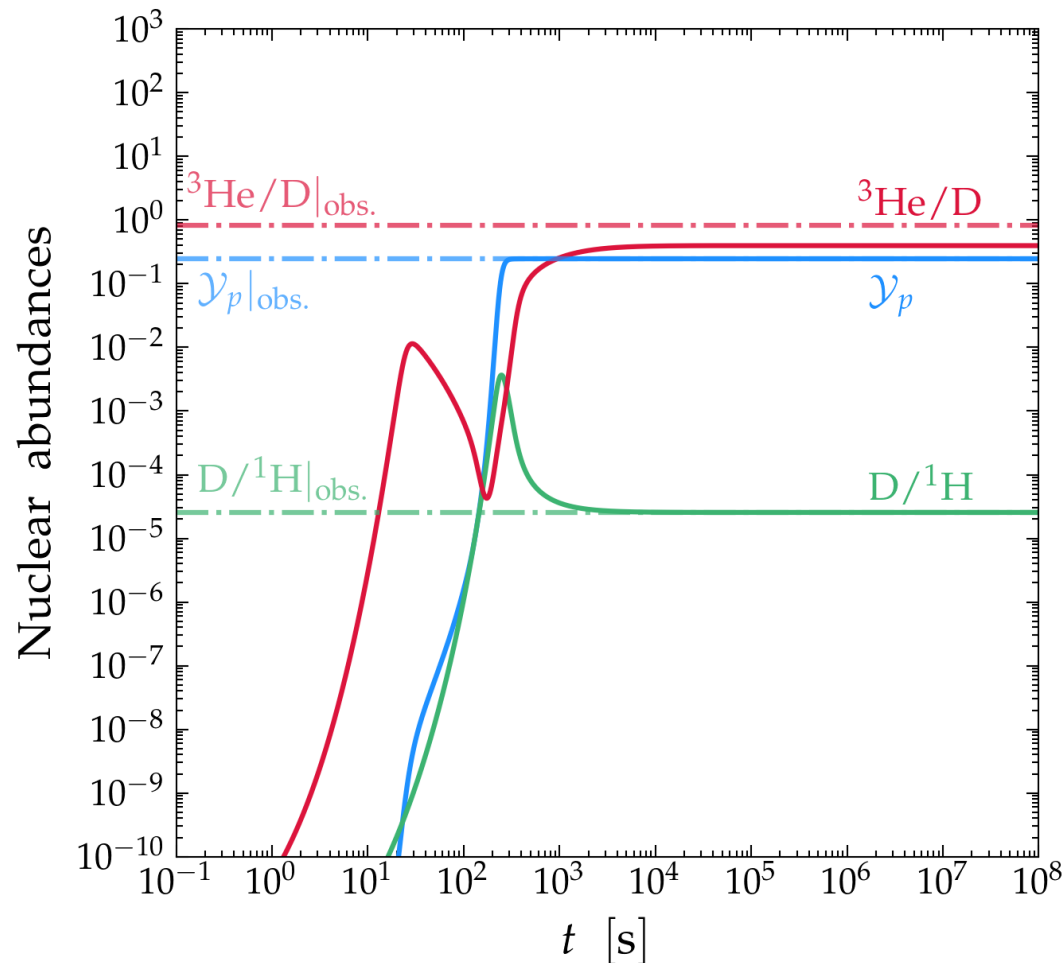
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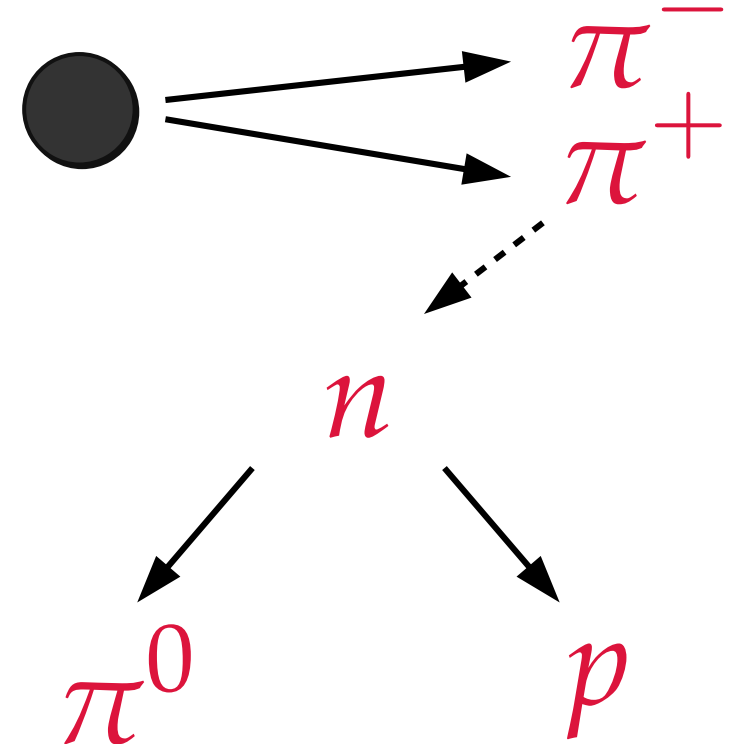
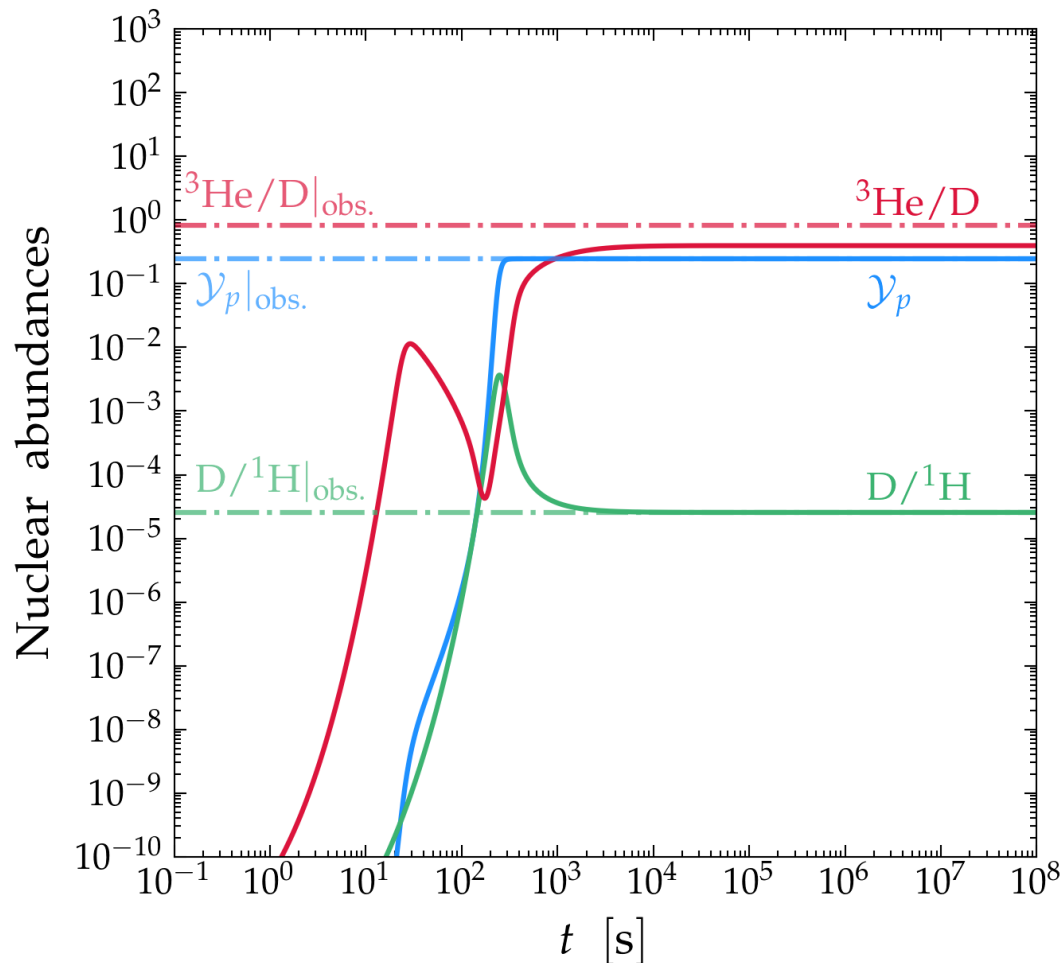
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$$Y_p \simeq \frac{2(n/p)}{1 + (n/p)}$$

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$n - p$  conv.

$$y_p \simeq \frac{2(n/p)}{1 + (n/p)}$$

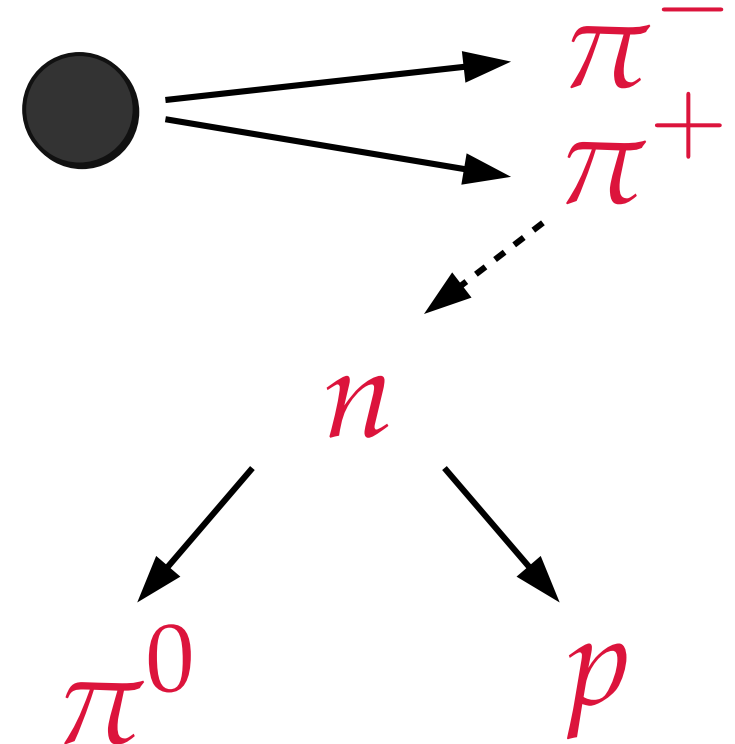
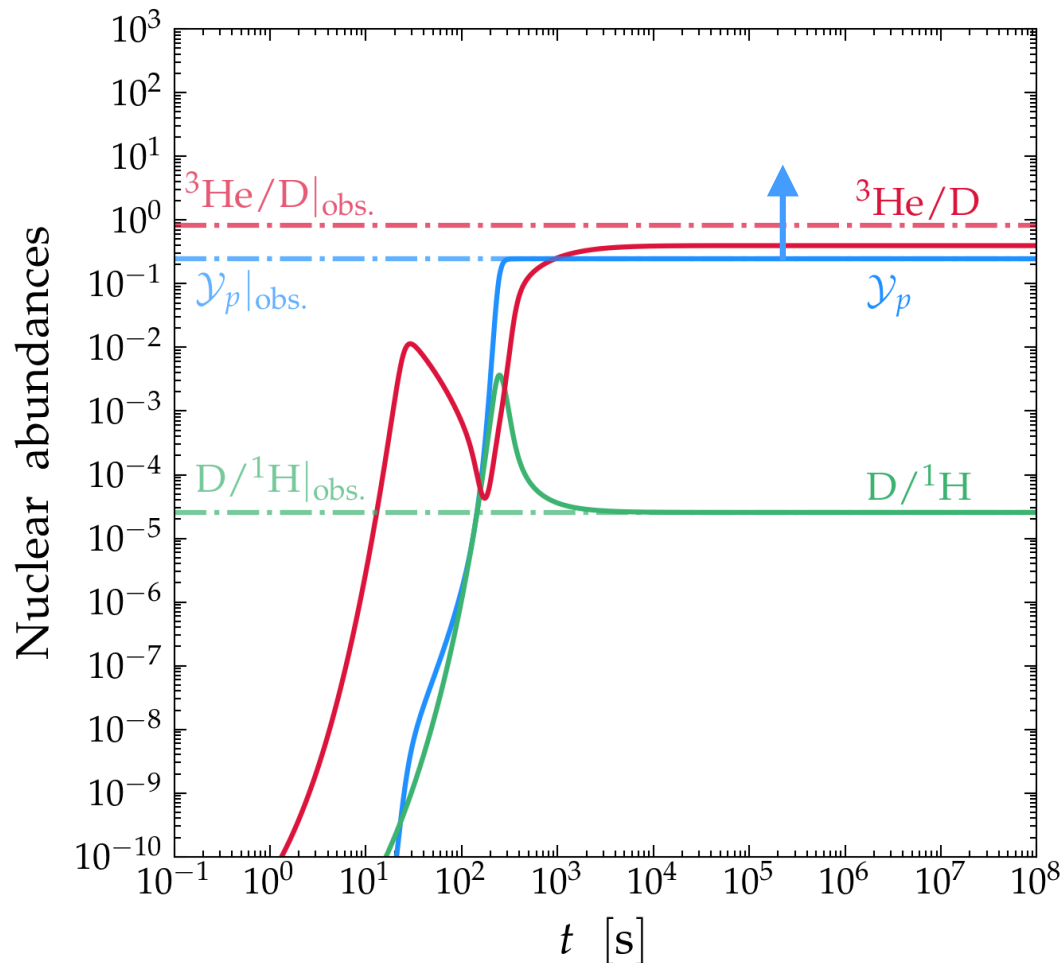
↓

$$(n/p) \sim 1/7 \rightarrow 1$$



# Influence of additional dark-sector states

## Predictions



What happens in the presence of a **dark sector**?

$\nu$  dec.

$n - p$  conv.

$$Y_p \simeq \frac{2(n/p)}{1 + (n/p)}$$

↓

$$(n/p) \sim 1/7 \rightarrow 1$$

# Solution Strategy


---

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$


# Solution Strategy

## Evolution of nuclei

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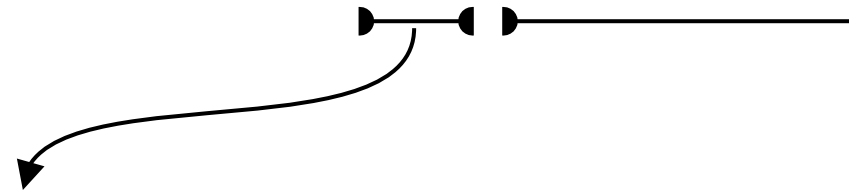
# Solution Strategy

## Evolution of nuclei

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# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$


Hubble rate

Entropy

$\nu$  dec.

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$

Hubble rate

Entropy

$\nu$  dec.

Photodis.

Hadrodis.

$n - p$  conv.

# Solution Strategy

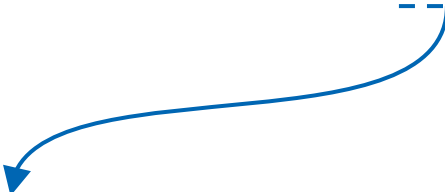
## Evolution of nuclei

$$\frac{dY_X}{dT} = \left[ \frac{dt}{dT} \right] \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \left[ \frac{dt}{dT} \right] \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$


$$\frac{dT}{dt} = - \frac{\dot{q}_{\text{dark}} + 3H[\rho_{\text{sm}} + P_{\text{sm}}]}{d\rho_{\text{sm}}/dT}$$



# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \left[ \frac{dt}{dT} \right] \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$

$$\frac{dT}{dt} = - \frac{\dot{q}_{\text{dark}} + 3H[\rho_{\text{sm}} + P_{\text{sm}}]}{d\rho_{\text{sm}}/dT}$$

$$H \propto [\rho_{\text{sm}} + \rho_{\text{dark}}]^{1/2}$$

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$

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$$\frac{\partial f_\nu}{\partial t} + Hp \frac{\partial f_\nu}{\partial p} = \frac{C_{\text{sm}} + C_{\text{dark}}}{E}$$

$$H \propto [\rho_{\text{sm}} + \rho_{\text{dark}}]^{1/2}$$

# Solution Strategy

---

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \sum_{r \in \mathcal{R}_X} \pm \Gamma_r \prod_{i \in \mathcal{I}_r} Y_i$$

# Solution Strategy

---

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left. \frac{dY_X}{dt} \right|_{\text{SBBN}}$$

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \frac{dY_X}{dt} \Big|_{\text{SBBN}} \right)$$

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \left. \frac{dY_X}{dt} \right|_{\text{SBBN}} + \left. \frac{dY_X}{dt} \right|_{\text{PDI}} \right)$$

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \frac{dY_X}{dt} \Big|_{\text{SBBN}} + \frac{dY_X}{dt} \Big|_{\text{PDI}} + \frac{dY_X}{dt} \Big|_{\text{HDI}} \right)$$

# Solution Strategy

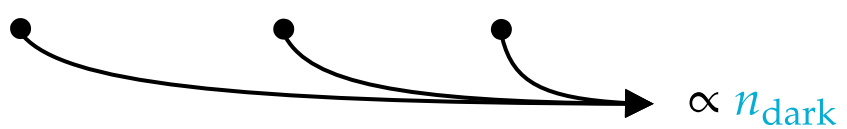
## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \frac{dY_X}{dt} \Big|_{\text{SBBN}} + \frac{dY_X}{dt} \Big|_{\text{PDI}} + \frac{dY_X}{dt} \Big|_{\text{HDI}} + \frac{dY_X}{dt} \Big|_{\text{IC}} \right)$$



# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \left. \frac{dY_X}{dt} \right|_{\text{SBBN}} + \left. \frac{dY_X}{dt} \right|_{\text{PDI}} + \left. \frac{dY_X}{dt} \right|_{\text{HDI}} + \left. \frac{dY_X}{dt} \right|_{\text{IC}} \right)$$


The diagram shows three black arrows originating from the terms  $\left. \frac{dY_X}{dt} \right|_{\text{PDI}}$ ,  $\left. \frac{dY_X}{dt} \right|_{\text{HDI}}$ , and  $\left. \frac{dY_X}{dt} \right|_{\text{IC}}$  in the equation above. These arrows point towards the right, where they converge and point to the symbol  $\propto n_{\text{dark}}$ .

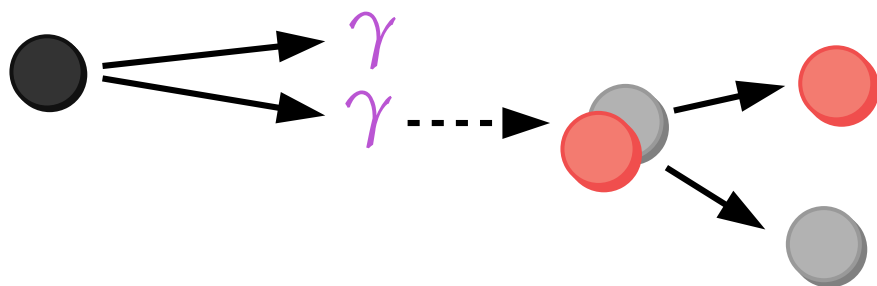
# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \frac{dY_X}{dt} \Big|_{\text{SBBN}} + \frac{dY_X}{dt} \Big|_{\text{PDI}} + \frac{dY_X}{dt} \Big|_{\text{HDI}} + \frac{dY_X}{dt} \Big|_{\text{IC}} \right)$$

$\propto n_{\text{dark}}$

## Example: Photodisintegration



$$\frac{dY_X}{dt} \Big|_{\text{PDI}} \supset \sum_j Y_j \int_0^\infty f_\gamma \sigma_{\gamma j \rightarrow X} dE$$

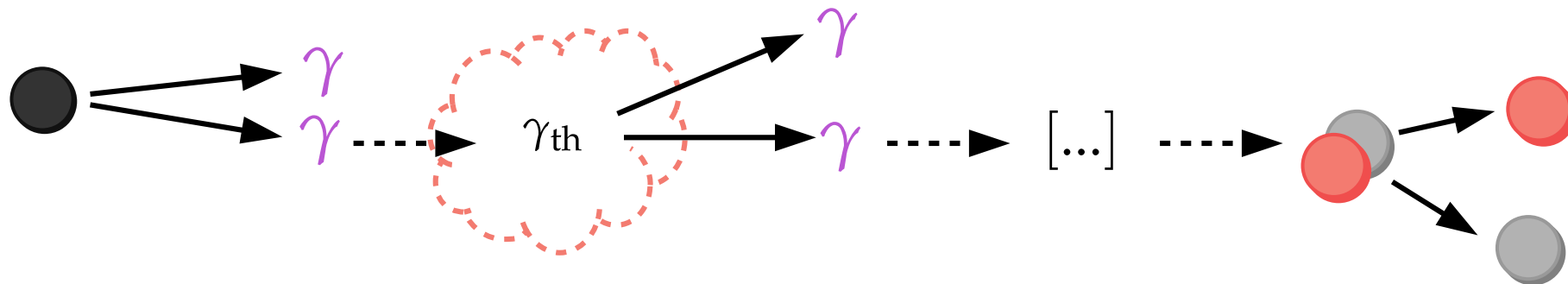
# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \frac{dY_X}{dt} \Big|_{\text{SBBN}} + \frac{dY_X}{dt} \Big|_{\text{PDI}} + \frac{dY_X}{dt} \Big|_{\text{HDI}} + \frac{dY_X}{dt} \Big|_{\text{IC}} \right)$$

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## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \left. \frac{dY_X}{dt} \right|_{\text{SBBN}} + \left. \frac{dY_X}{dt} \right|_{\text{PDI}} + \left. \frac{dY_X}{dt} \right|_{\text{HDI}} + \left. \frac{dY_X}{dt} \right|_{\text{IC}} \right) \propto n_{\text{dark}}$$

$\frac{dT}{dt} = - \frac{\dot{q}_{\text{dark}} + 3H[\rho_{\text{sm}} + P_{\text{sm}}]}{d\rho_{\text{sm}}/dT}$

$\frac{\partial f_\nu}{\partial t} + Hp \frac{\partial f_\nu}{\partial p} = \frac{C_{\text{sm}} + C_{\text{dark}}}{E}$

$H \propto [\rho_{\text{sm}} + \rho_{\text{dark}}]^{1/2}$

# Solution Strategy

## Evolution of nuclei

$$\frac{dY_X}{dT} = \frac{dt}{dT} \times \left( \left. \frac{dY_X}{dt} \right|_{\text{SBBN}} + \left. \frac{dY_X}{dt} \right|_{\text{PDI}} + \left. \frac{dY_X}{dt} \right|_{\text{HDI}} + \left. \frac{dY_X}{dt} \right|_{\text{IC}} \right) \propto n_{\text{dark}}$$

$$\frac{dT}{dt} = - \frac{\dot{q}_{\text{dark}} + 3H[\rho_{\text{sm}} + P_{\text{sm}}]}{d\rho_{\text{sm}}/dT}$$

$$\frac{\partial f_\nu}{\partial t} + Hp \frac{\partial f_\nu}{\partial p} = \frac{C_{\text{sm}} + C_{\text{dark}}}{E}$$

$$H \propto [\rho_{\text{sm}} + \rho_{\text{dark}}]^{1/2}$$

$$\frac{\partial f_x}{\partial t} - 3Hp \frac{\partial f_x}{\partial p} = \frac{C_x}{E_x}$$

# The setup

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DS



SM

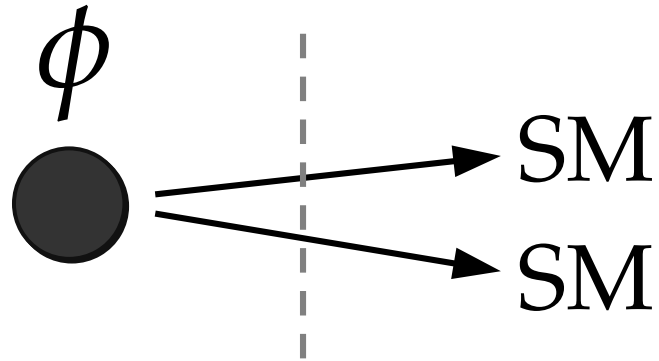
# The setup

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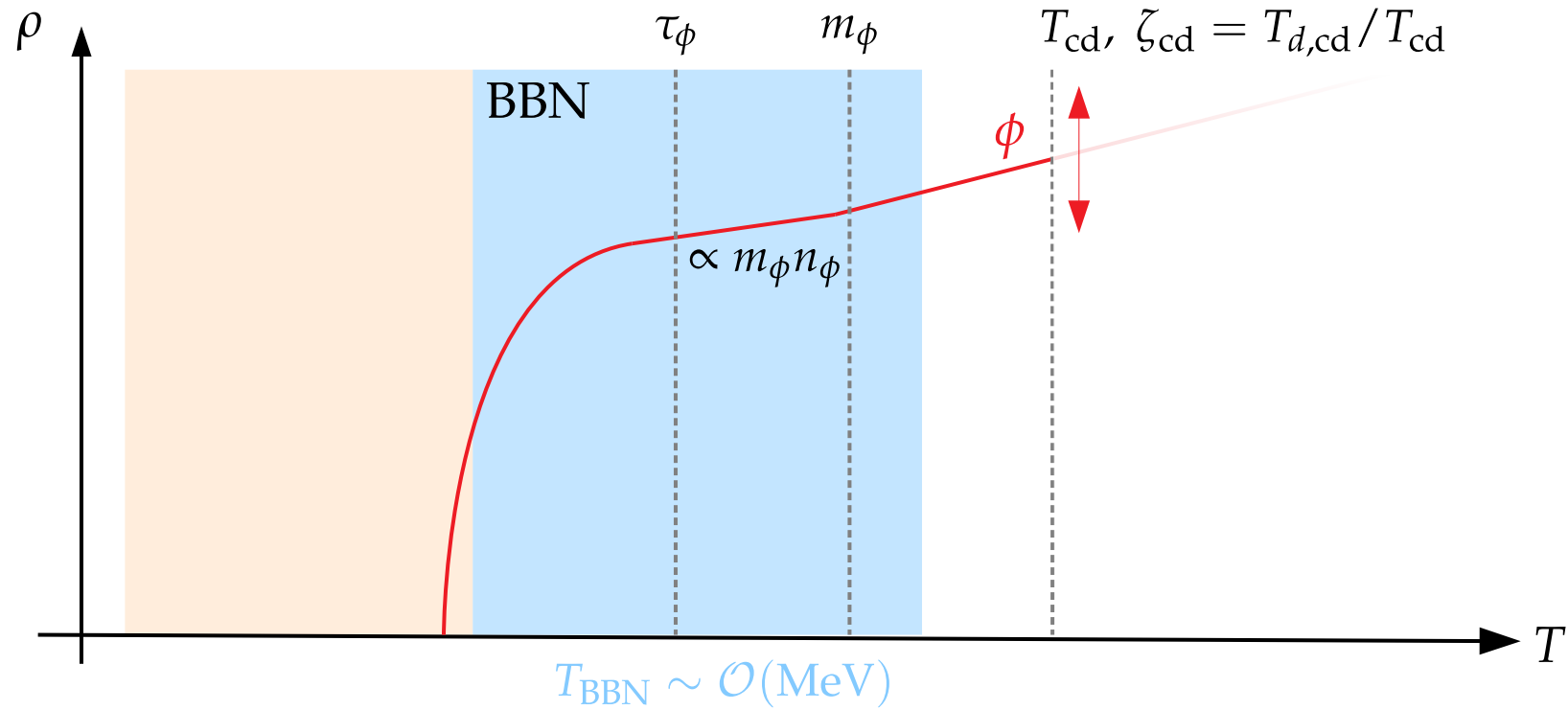
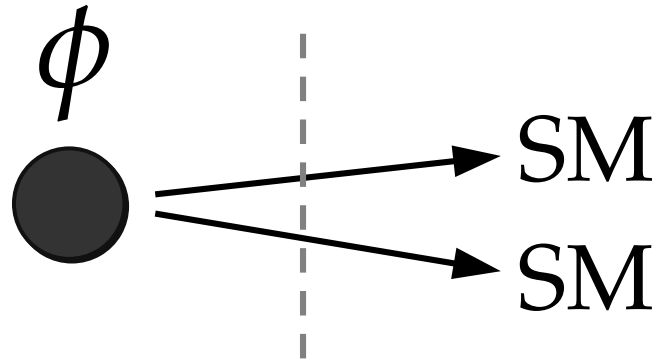
# The setup

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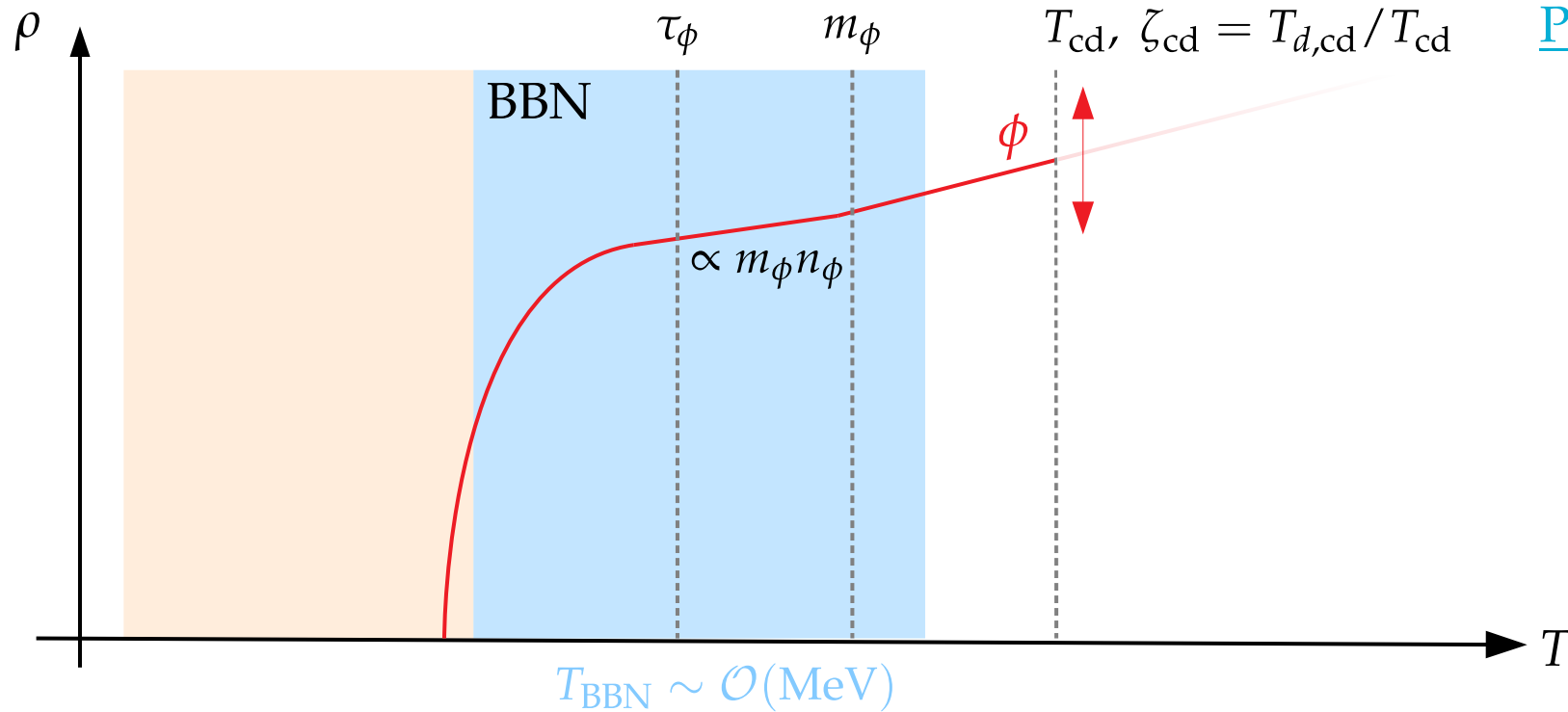
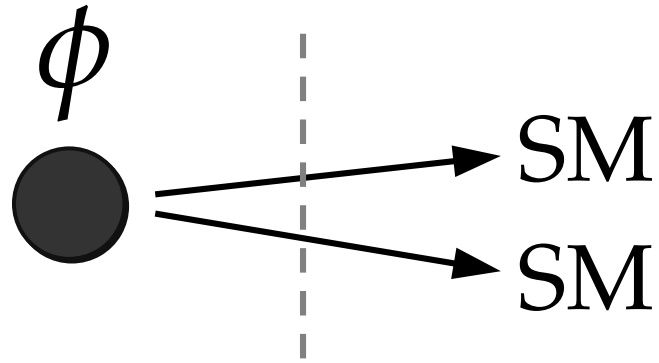




# The setup



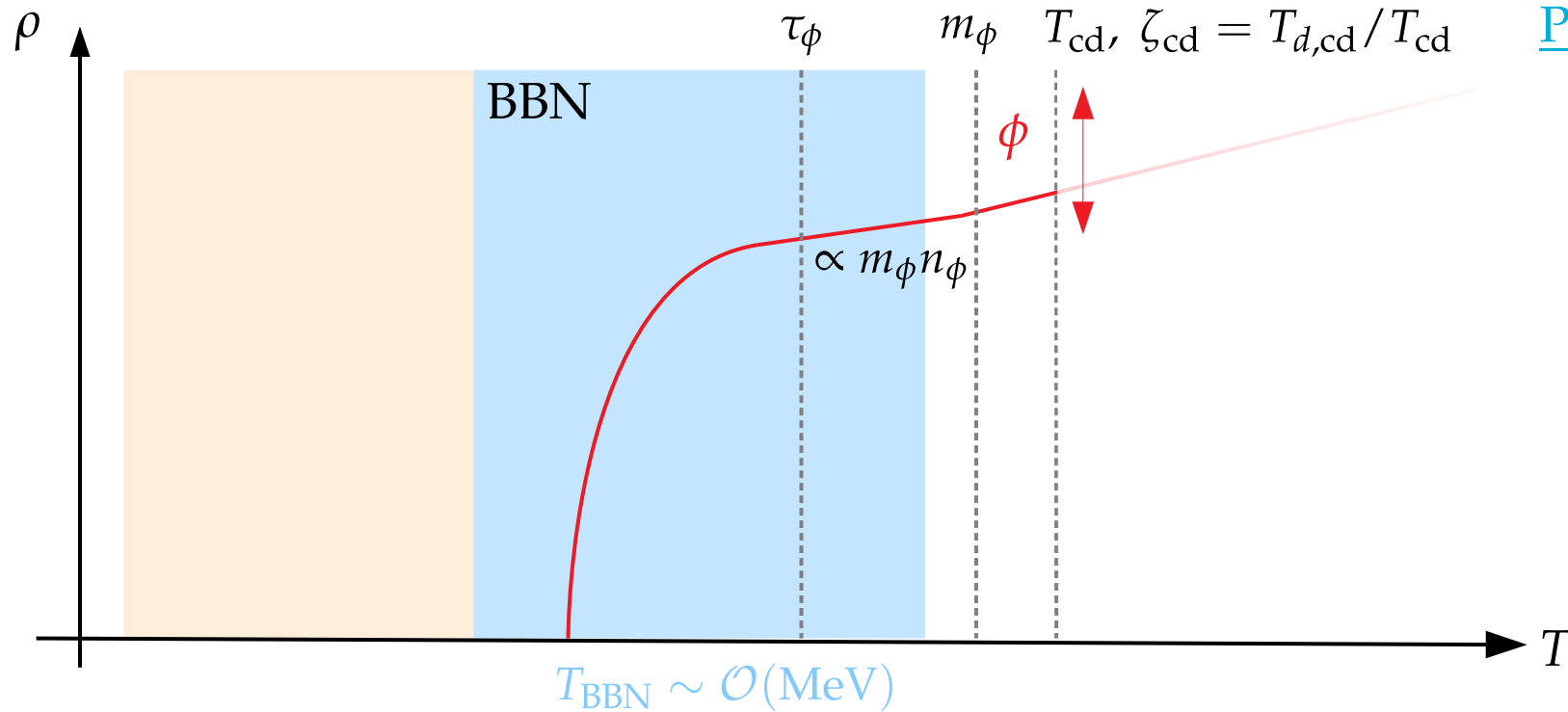
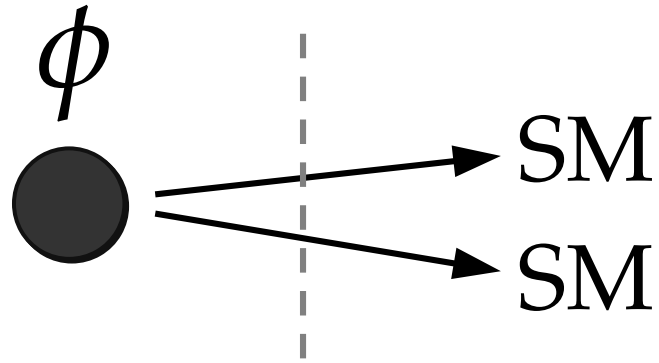
# The setup



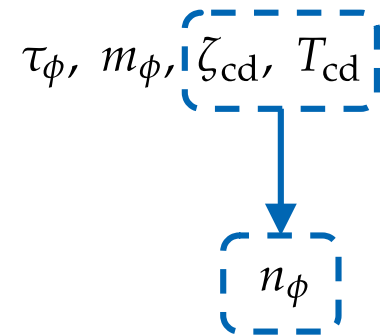
Parameters:

$\tau_\phi, m_\phi, \zeta_{\text{cd}}, T_{\text{cd}}$

# The setup

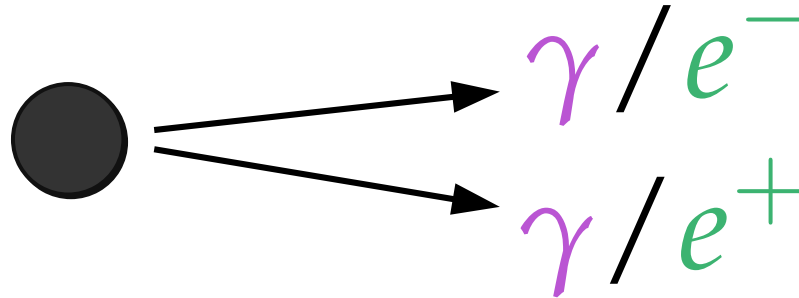


Parameters:



# Electromagnetic decays

Decay channel(s)



Relevant effects ?

Hubble rate

Entropy

Photodis.

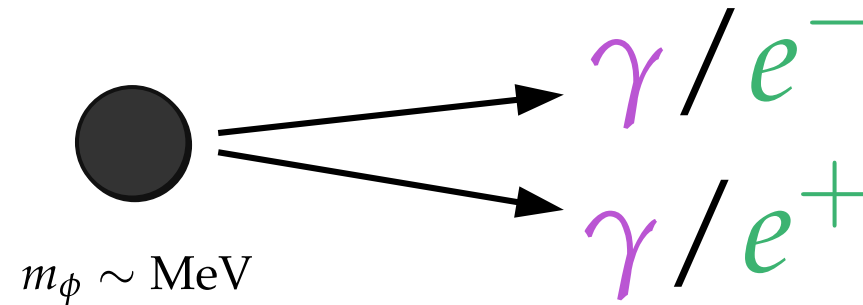
Hadrodis.

$\nu$  dec.

$n - p$  conv.

# Electromagnetic decays

Decay channel(s)



Relevant effects ?

Hubble rate

Entropy

Photodis.

Hadrodis.

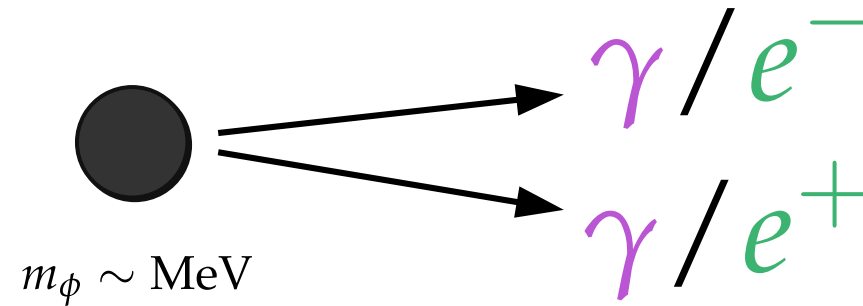
$\nu$  dec.

$n - p$  conv.

# Electromagnetic decays

Decay channel(s)

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Relevant effects

---

Hubble rate

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Photodis.

## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

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Duition





## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

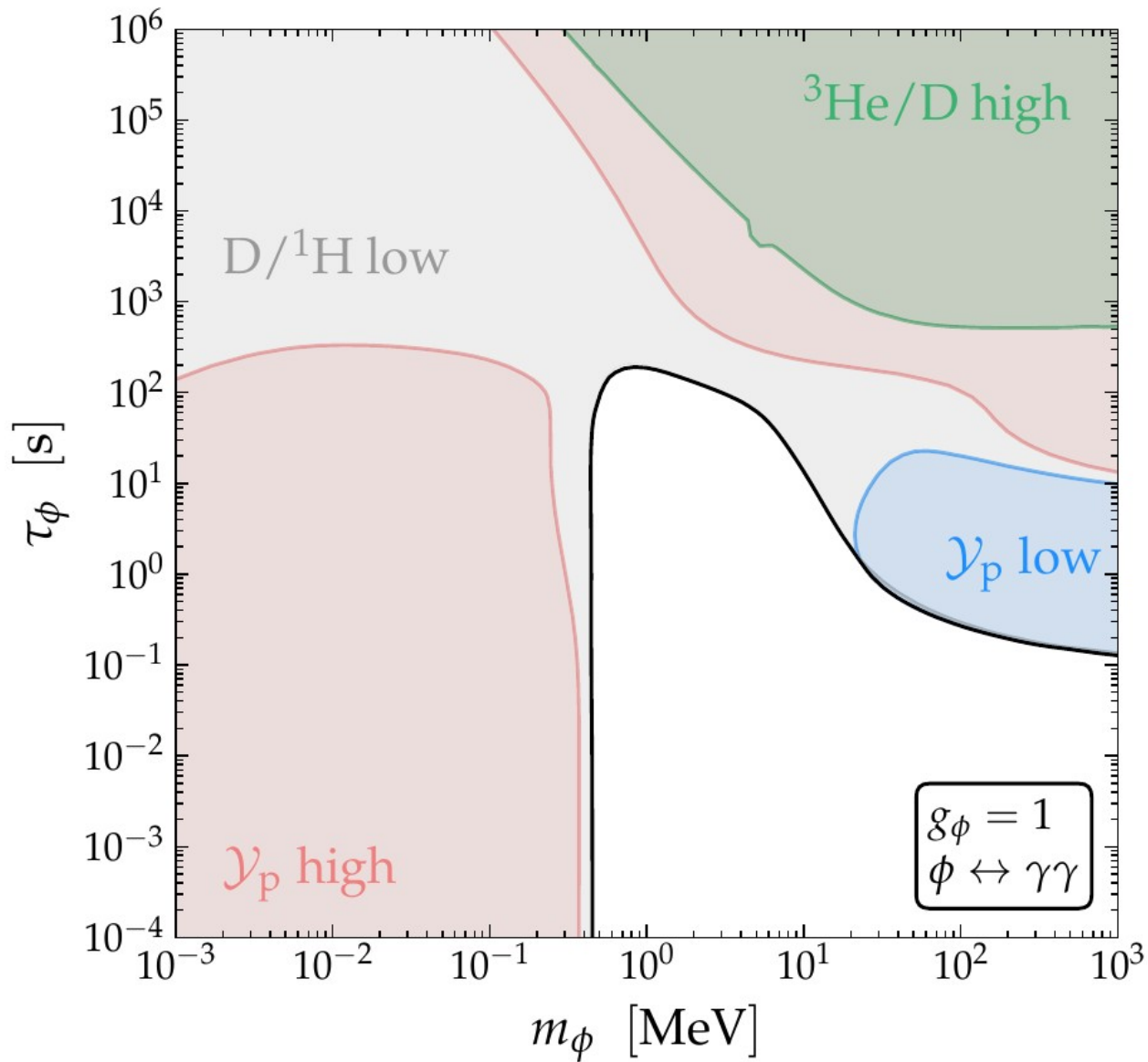
Dilution      Decay

## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

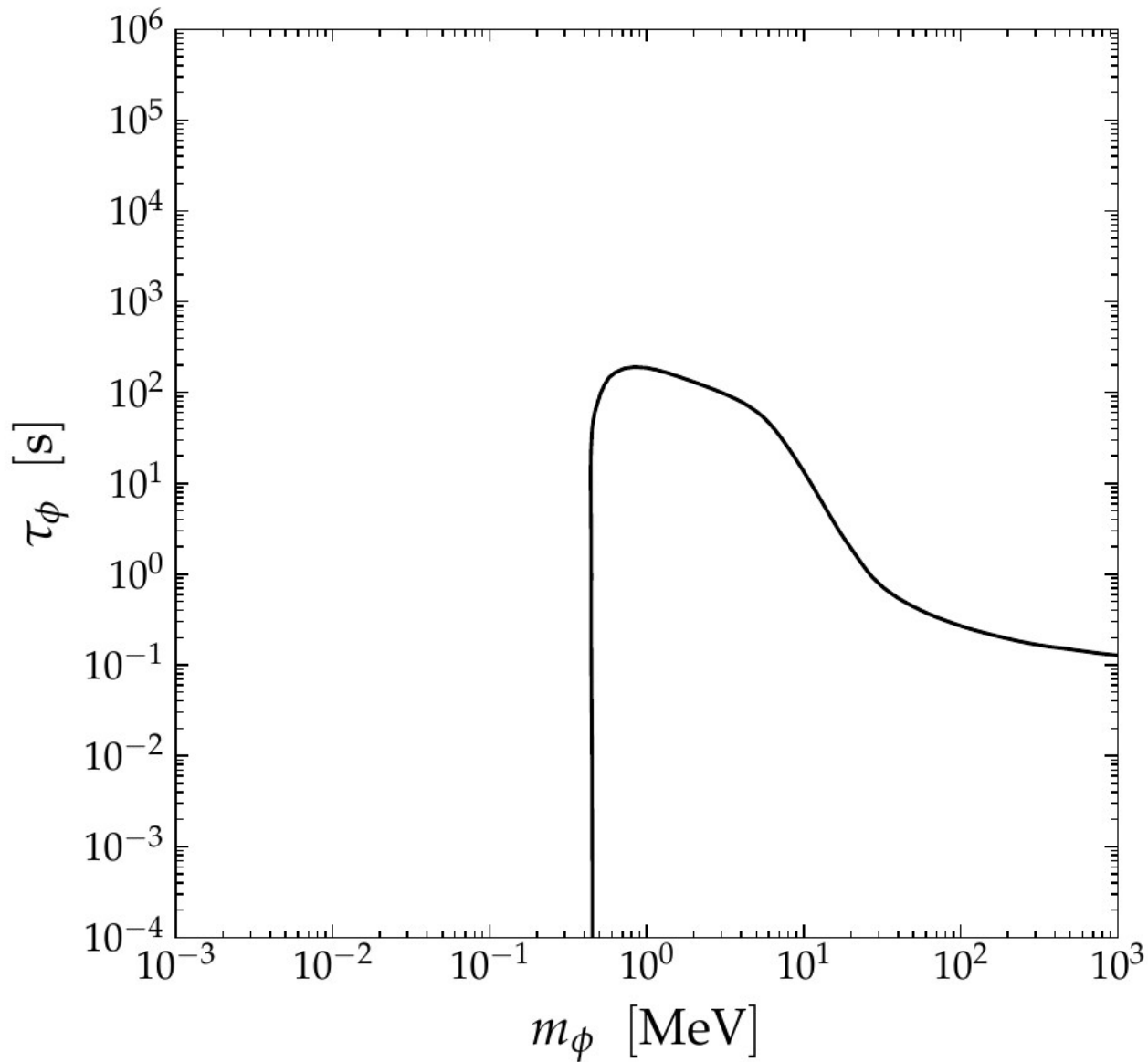
The diagram illustrates the Boltzmann equation for the evolution of the number density  $n_\phi$  of a field  $\phi$ . The equation is  $\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$ . The left-hand side,  $\dot{n}_\phi + 3Hn_\phi$ , is enclosed in a red dashed box and labeled "Dultion" (red text) with a red arrow pointing to it. The right-hand side,  $-\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$ , is enclosed in a blue dashed box and labeled "Decay" (blue text) with a blue arrow pointing to it. The term  $n_\phi$  in the numerator is enclosed in a green dashed box and labeled "Inverse Decay" (green text) with a green arrow pointing to it. The term  $\bar{n}_\phi$  in the numerator is enclosed in a green dashed box and labeled "Inverse Decay" (green text) with a green arrow pointing to it. The denominator  $\tau_{\phi,\text{eff}}$  is enclosed in a green dashed box and labeled "Inverse Decay" (green text) with a green arrow pointing to it.

# Constraints for fixed $\zeta_{\text{cd}} = 1$



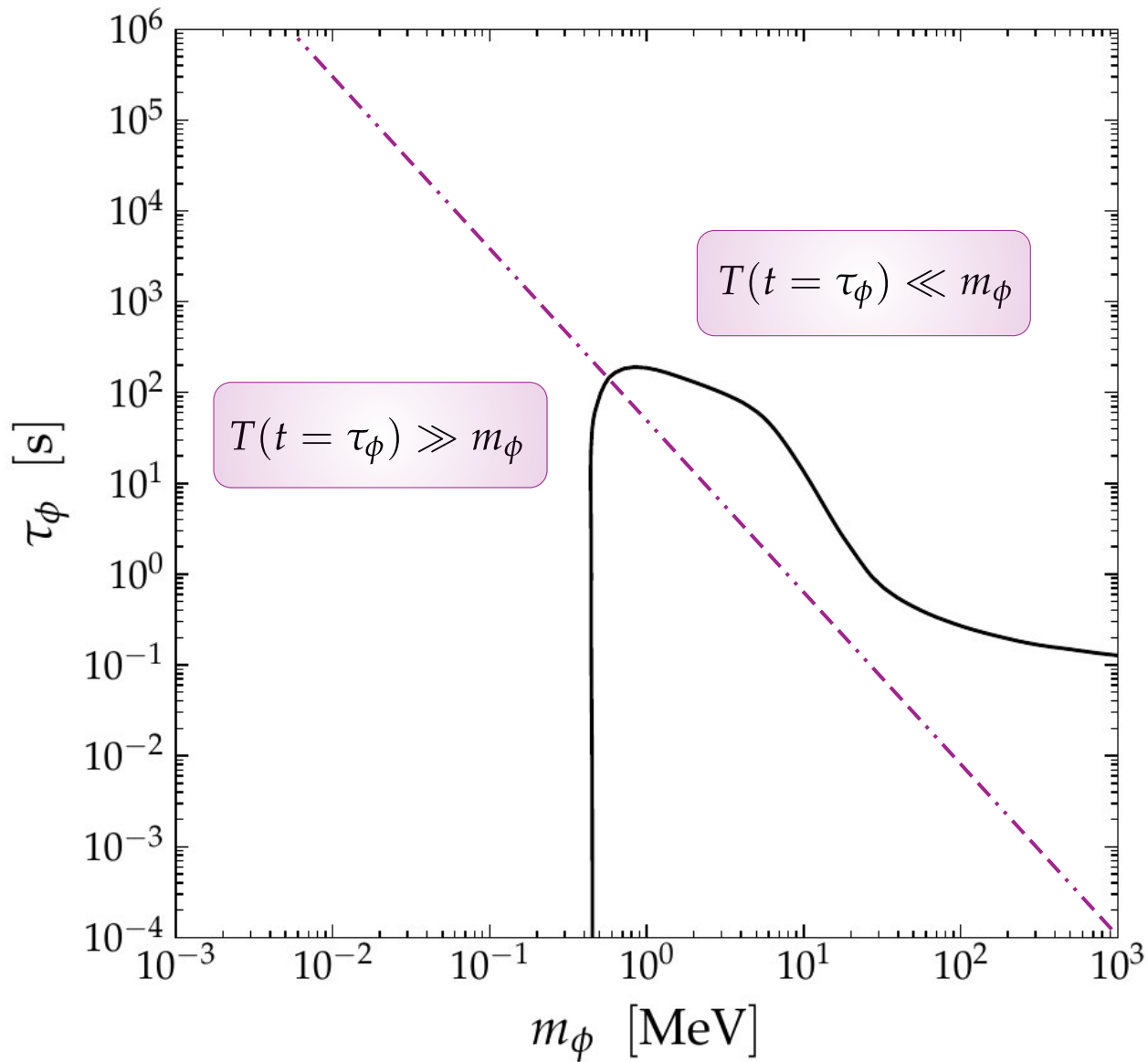
## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$



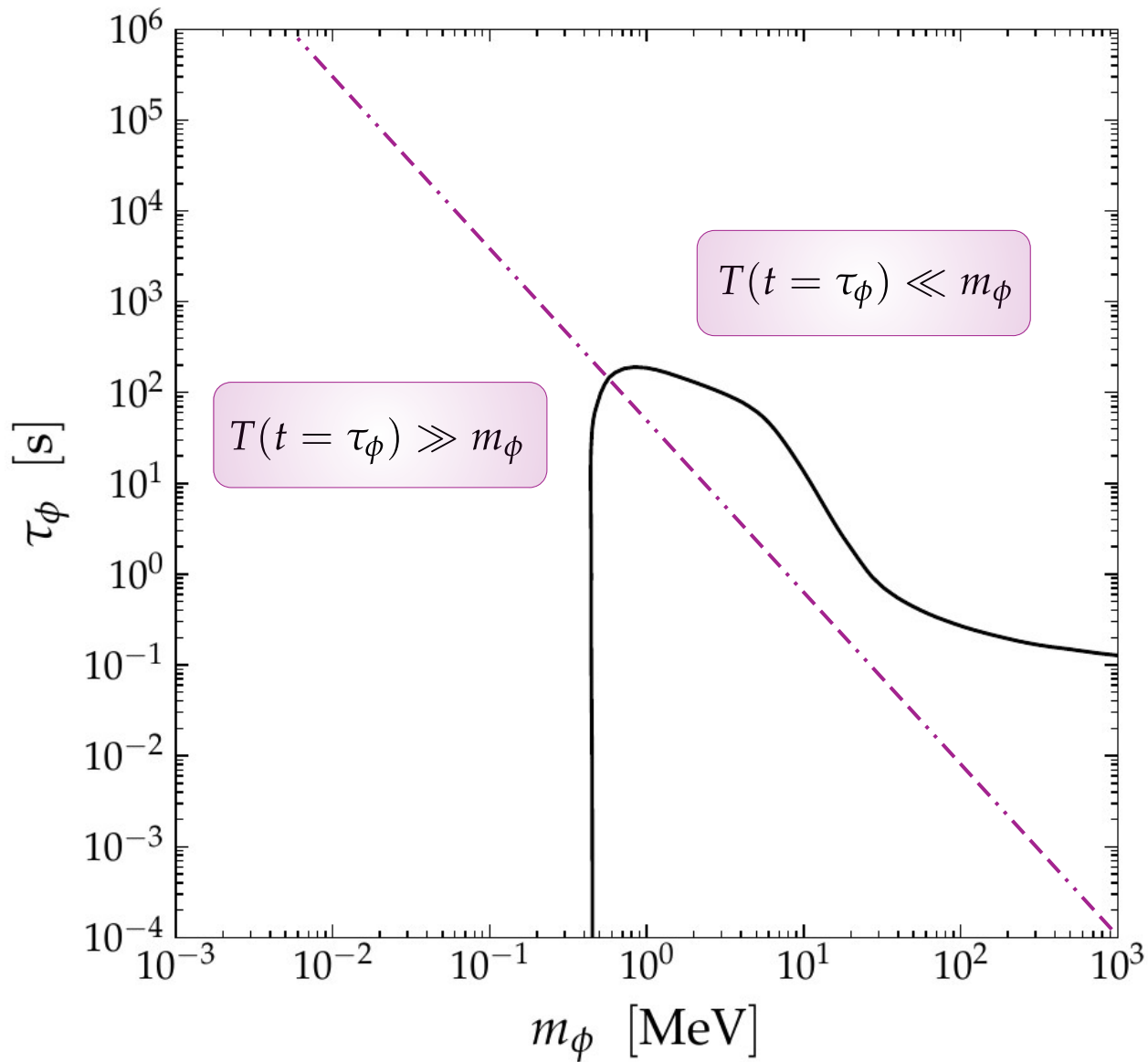
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## Boltzmann equation

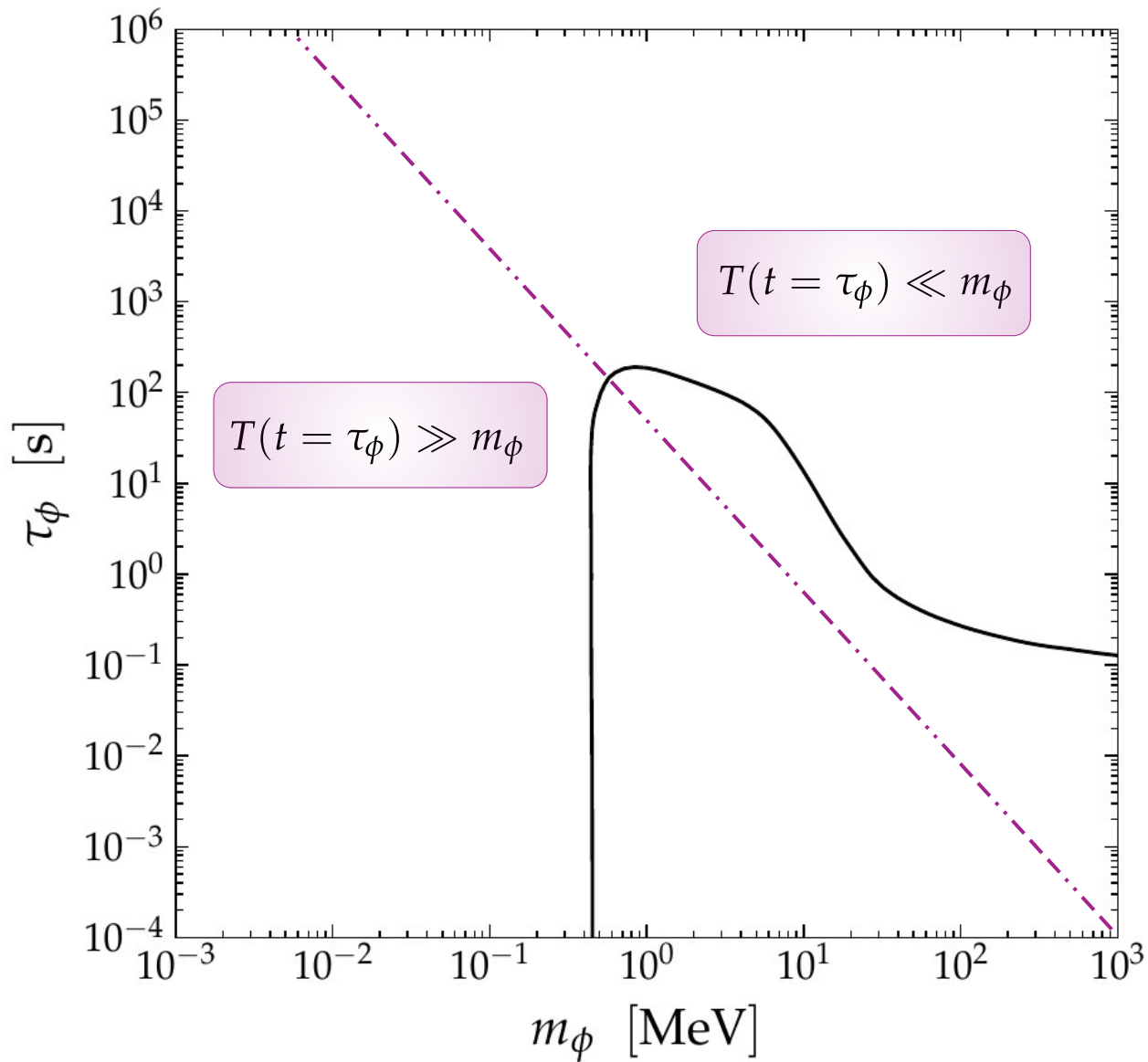
$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$



## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for} \quad 1/\tau_{\phi,\text{eff}} \sim H$$

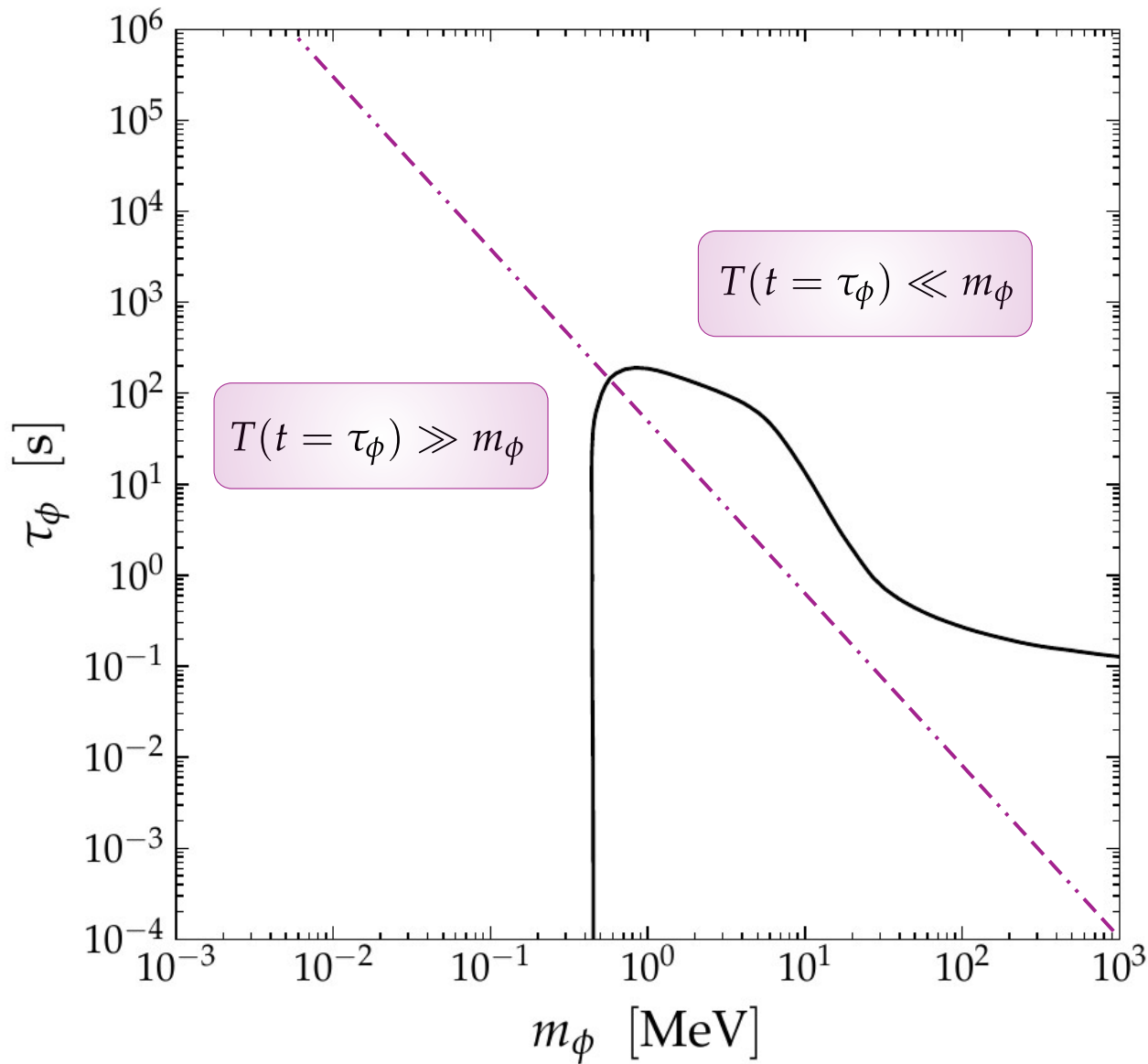


## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for} \quad t \sim \tau_\phi$$

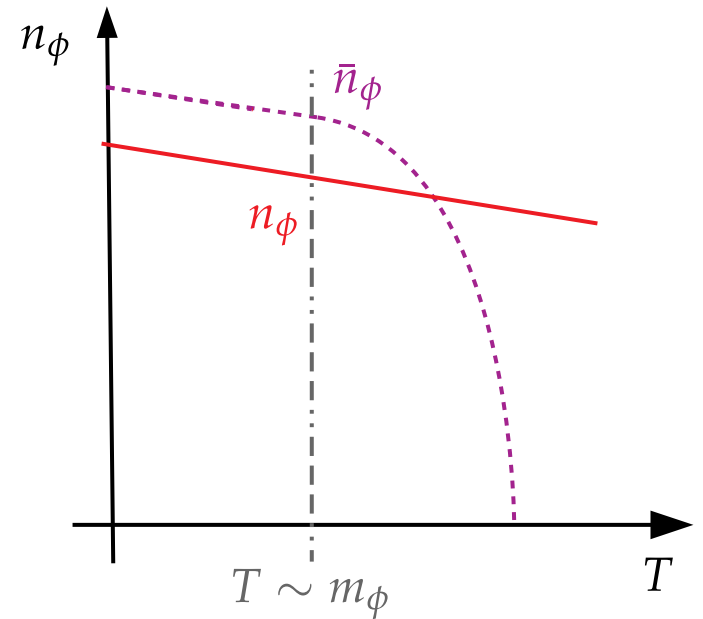
# Constraints for fixed $\zeta_{\text{cd}} = 1$



## Boltzmann equation

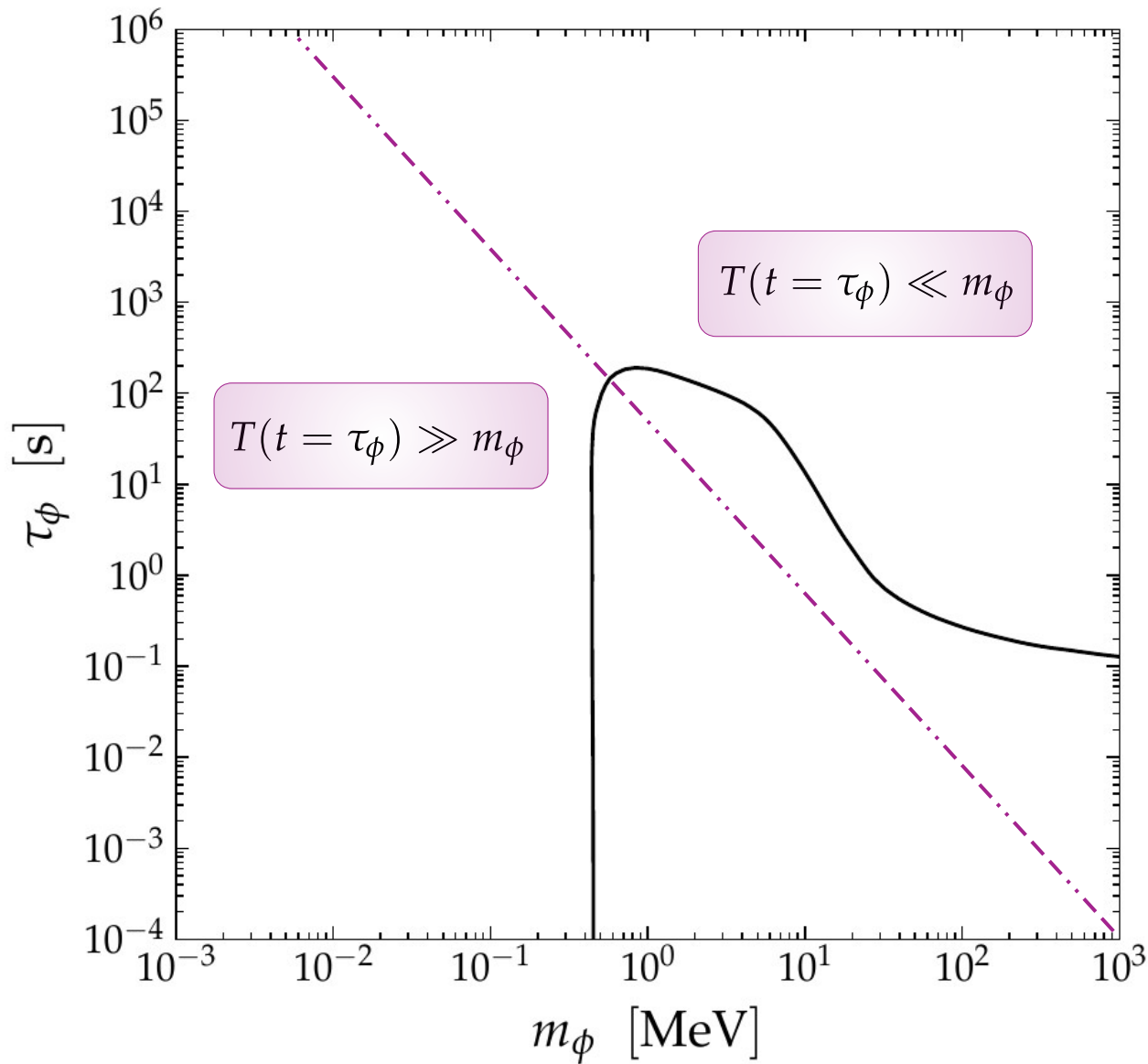
$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for} \quad t \sim \tau_\phi$$





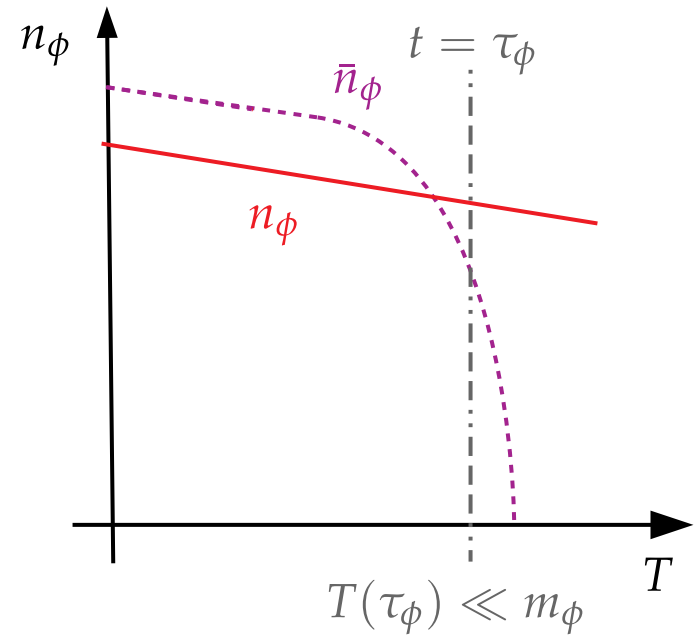
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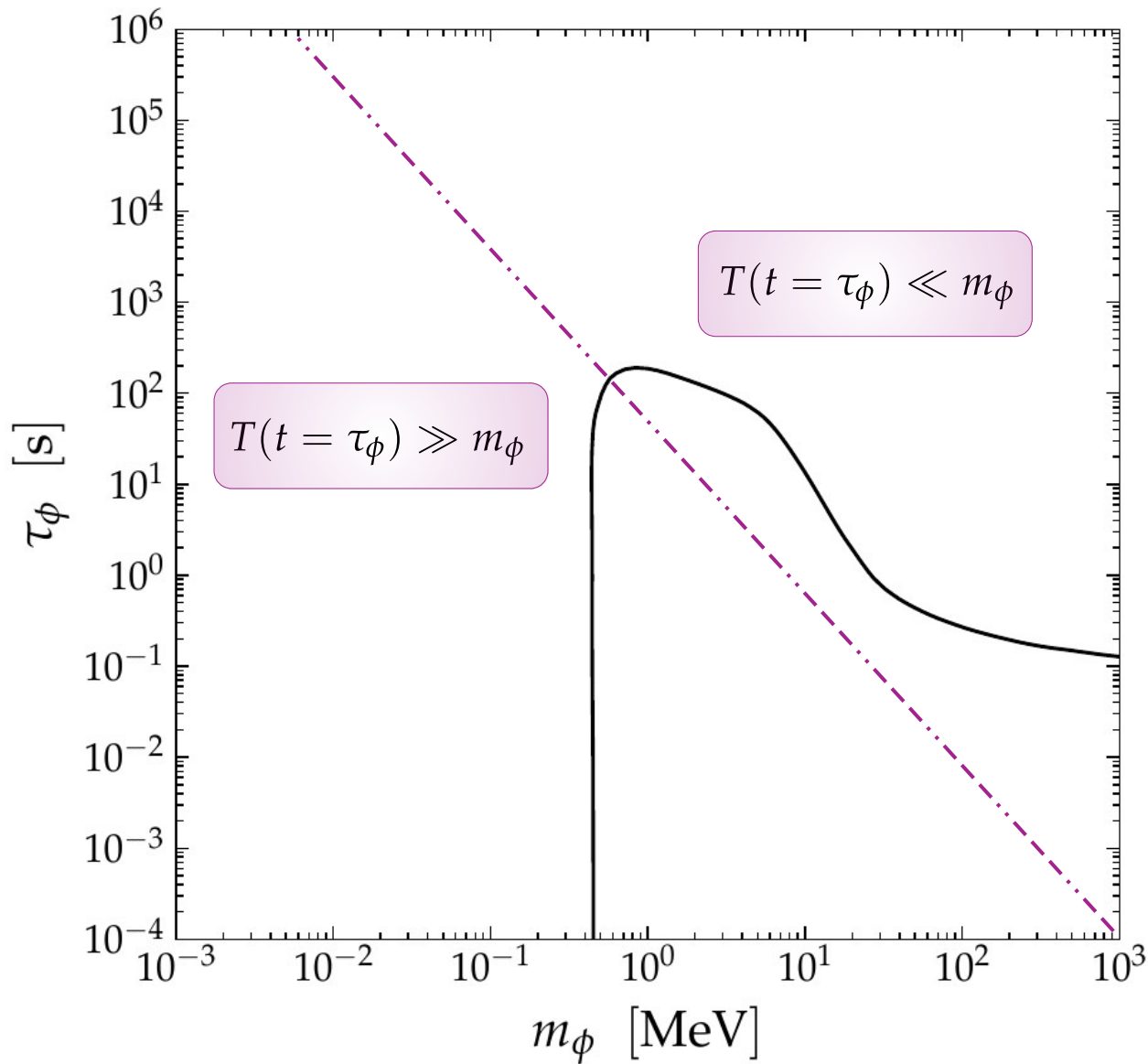
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$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for } t \sim \tau_\phi$$



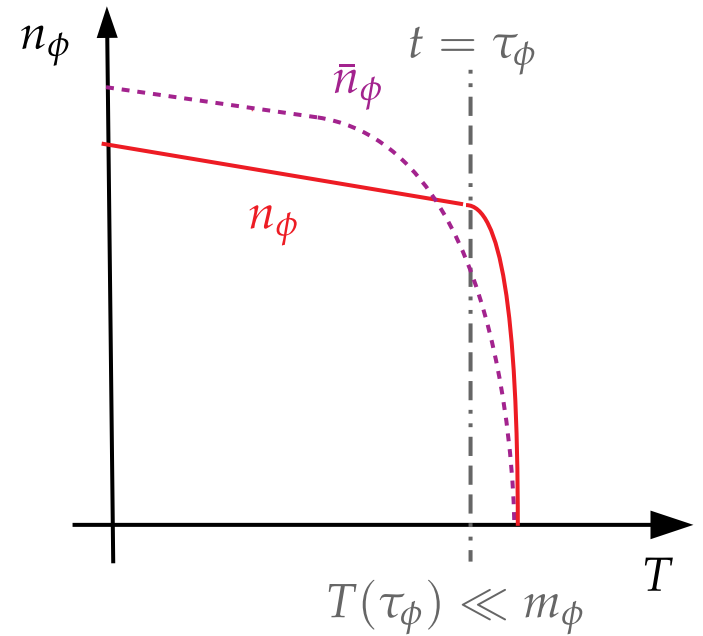
# Constraints for fixed $\zeta_{\text{cd}} = 1$



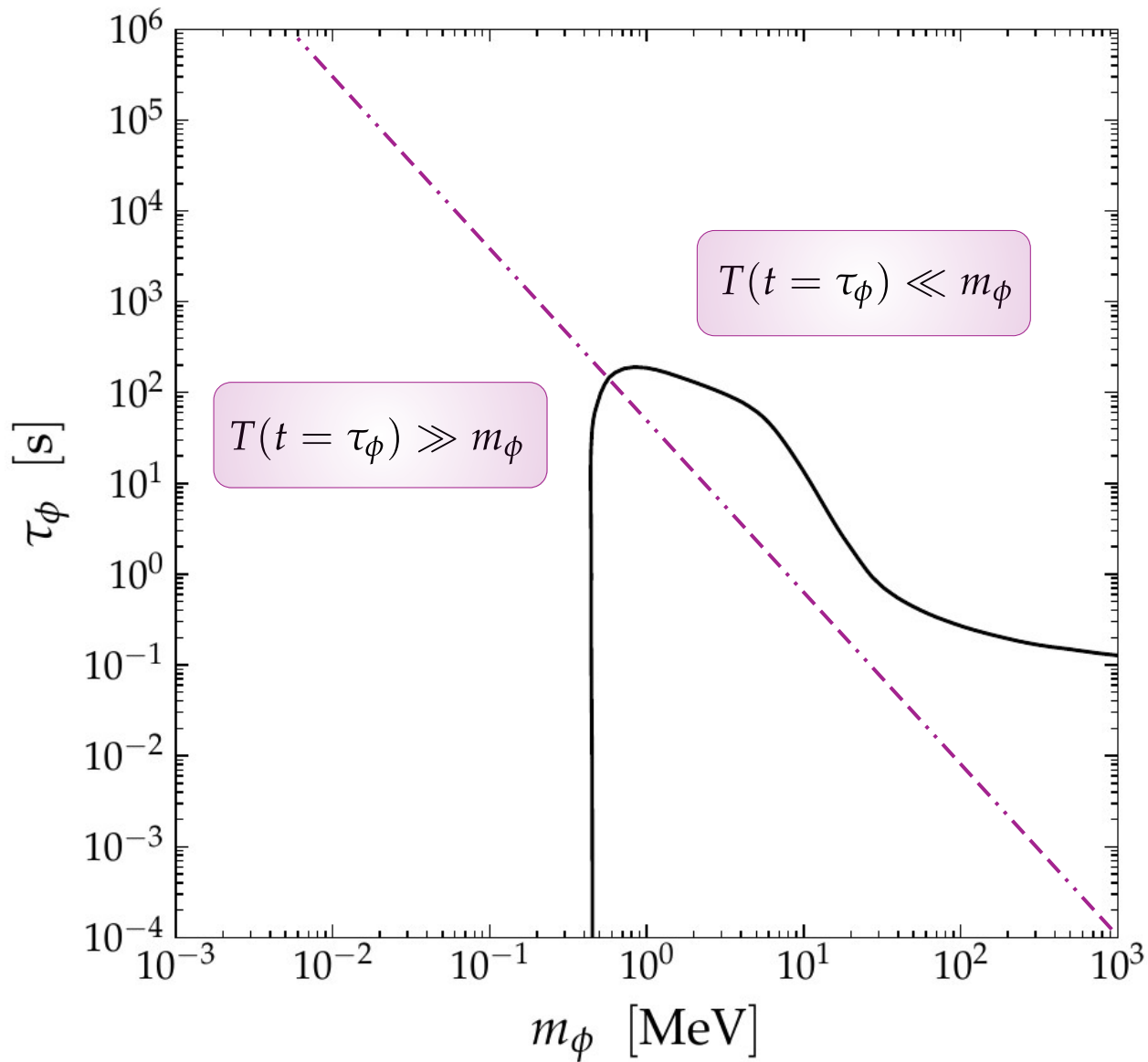
## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for} \quad t \sim \tau_\phi$$



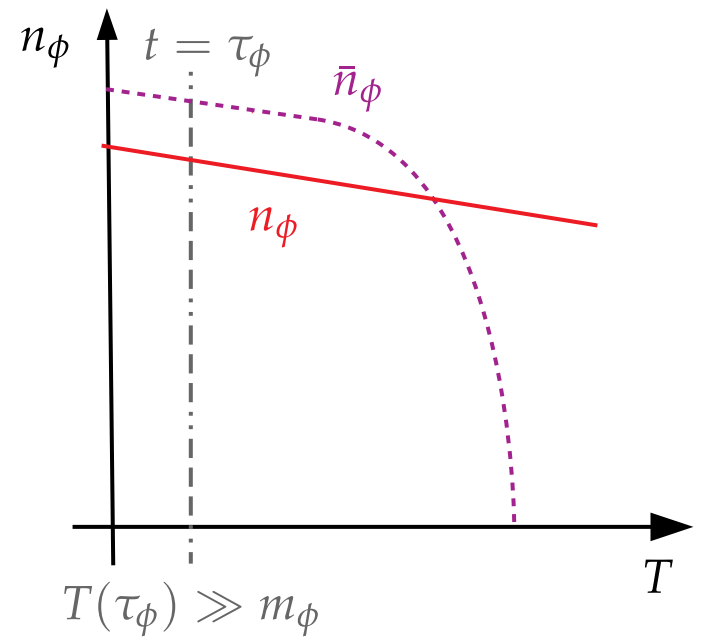
# Constraints for fixed $\zeta_{\text{cd}} = 1$



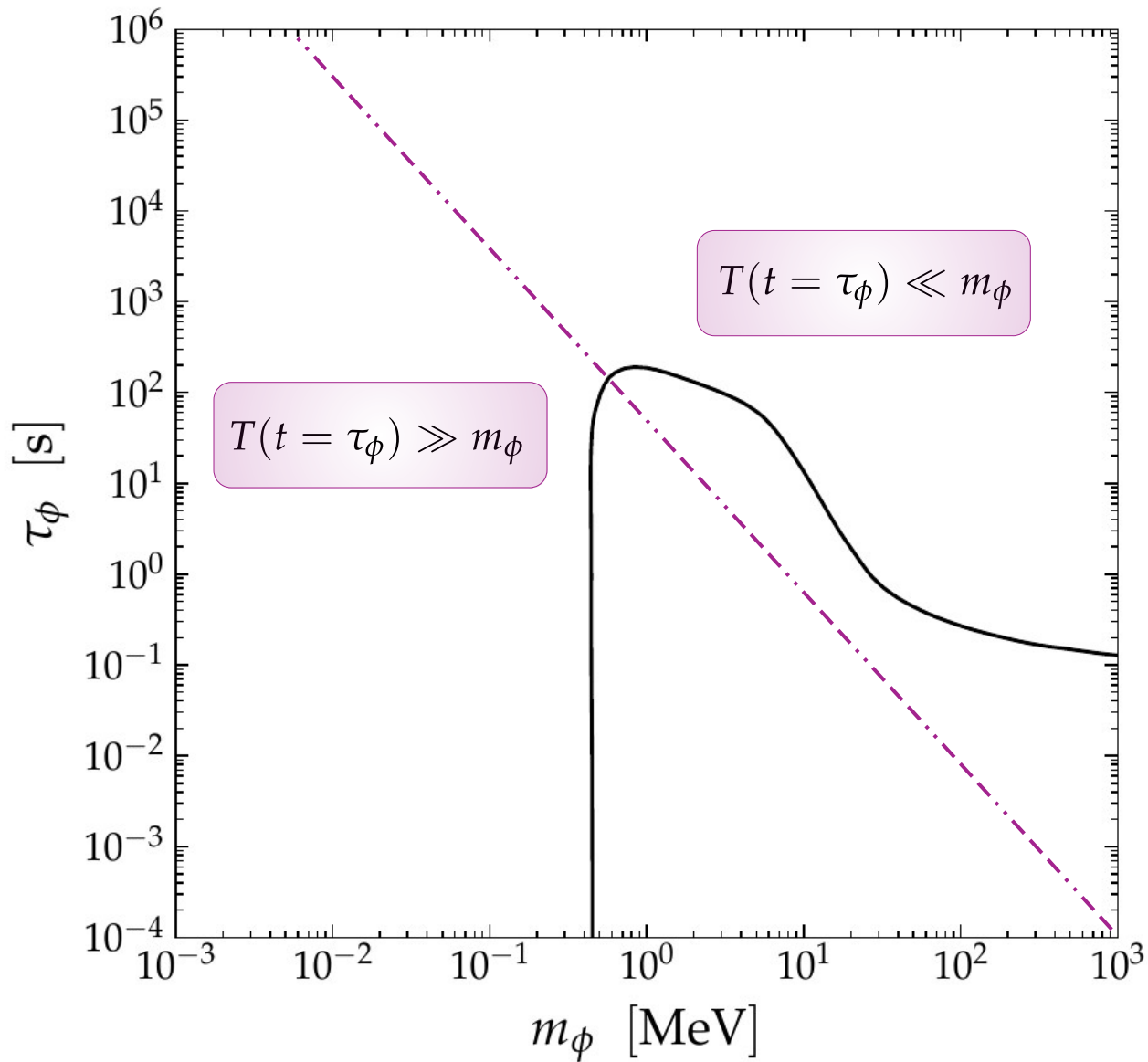
## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for} \quad t \sim \tau_\phi$$



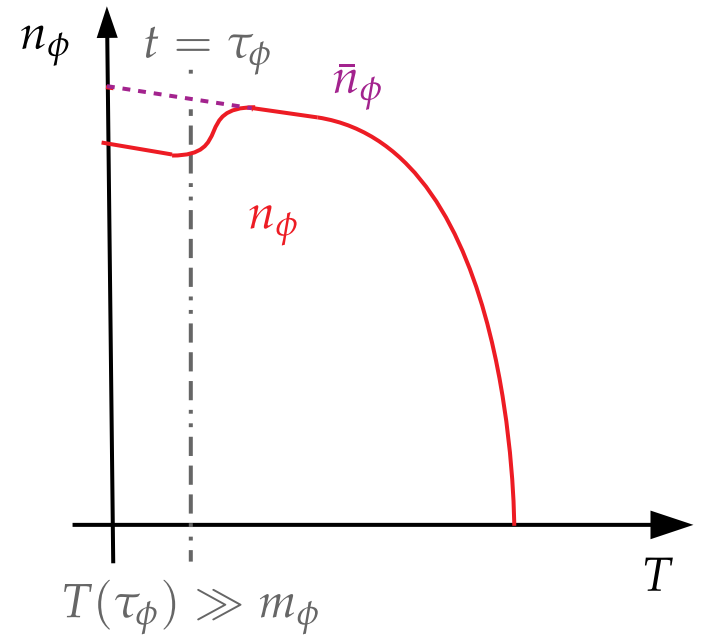
# Constraints for fixed $\zeta_{\text{cd}} = 1$

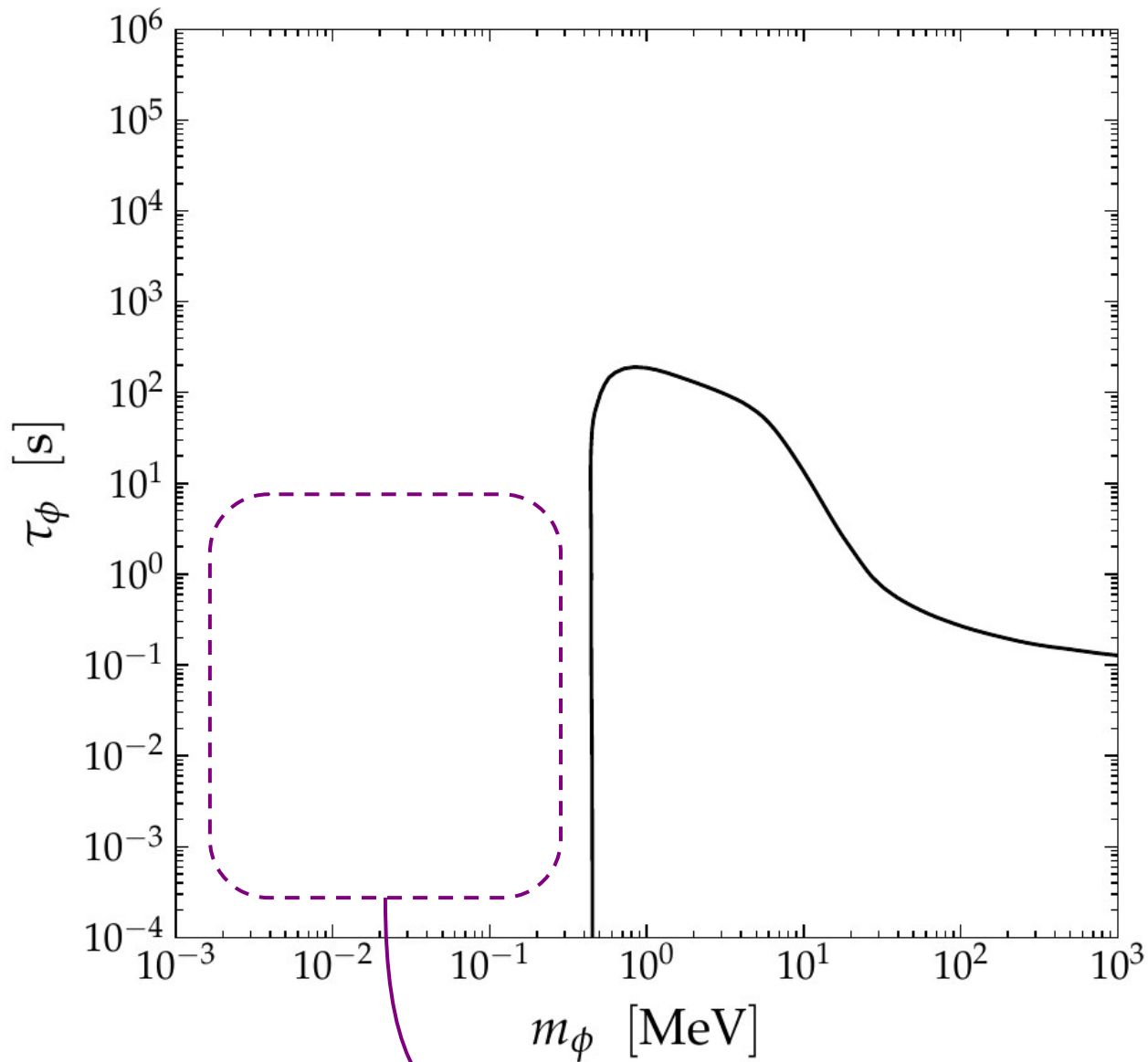


## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

$$\rightarrow n_\phi \simeq \bar{n}_\phi \quad \text{for} \quad t \sim \tau_\phi$$



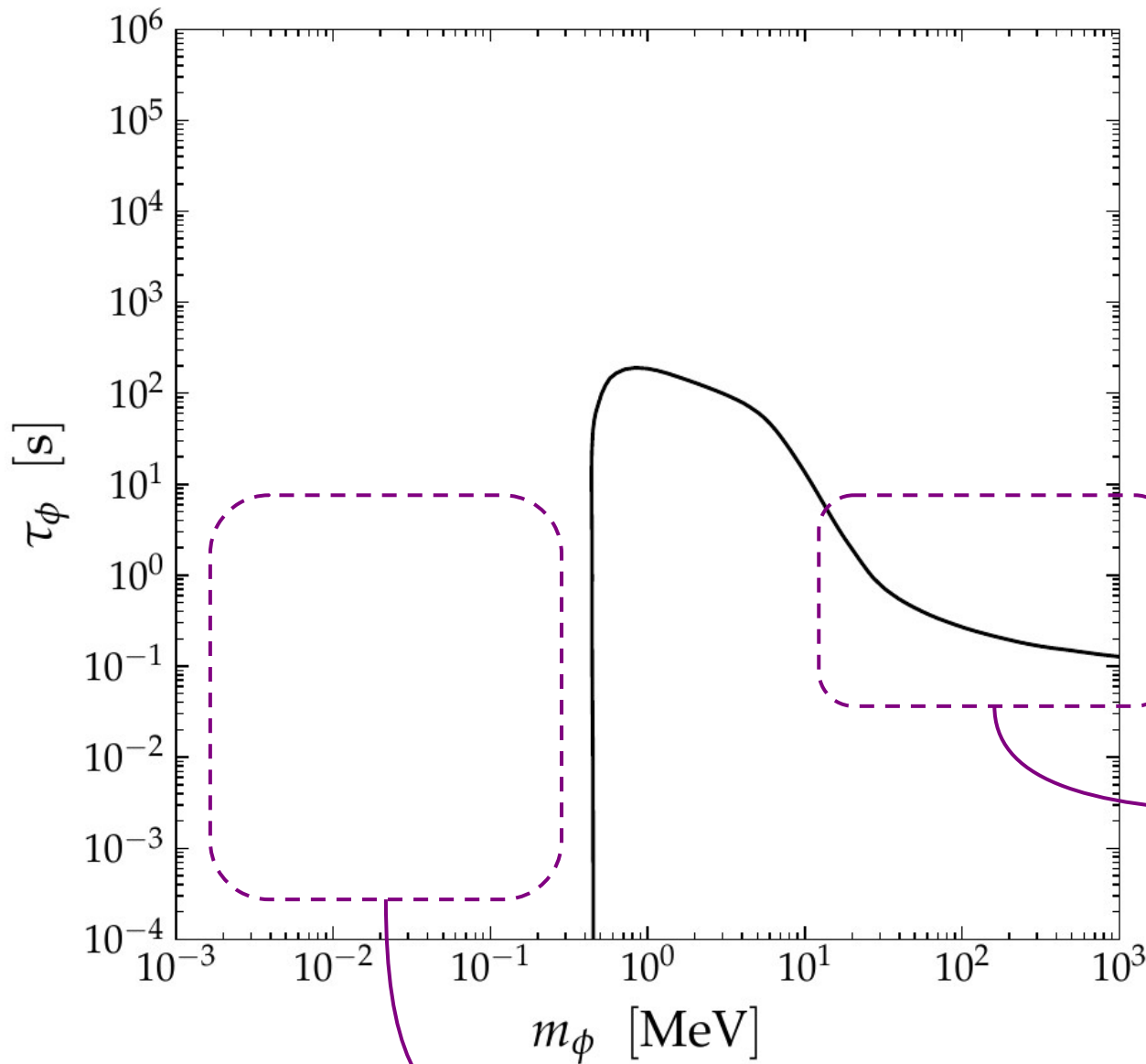


## Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

Mediator is thermal during BBN:  $m_\phi \lesssim 0.45 \text{ MeV}$

# Constraints for fixed $\zeta_{\text{cd}} = 1$



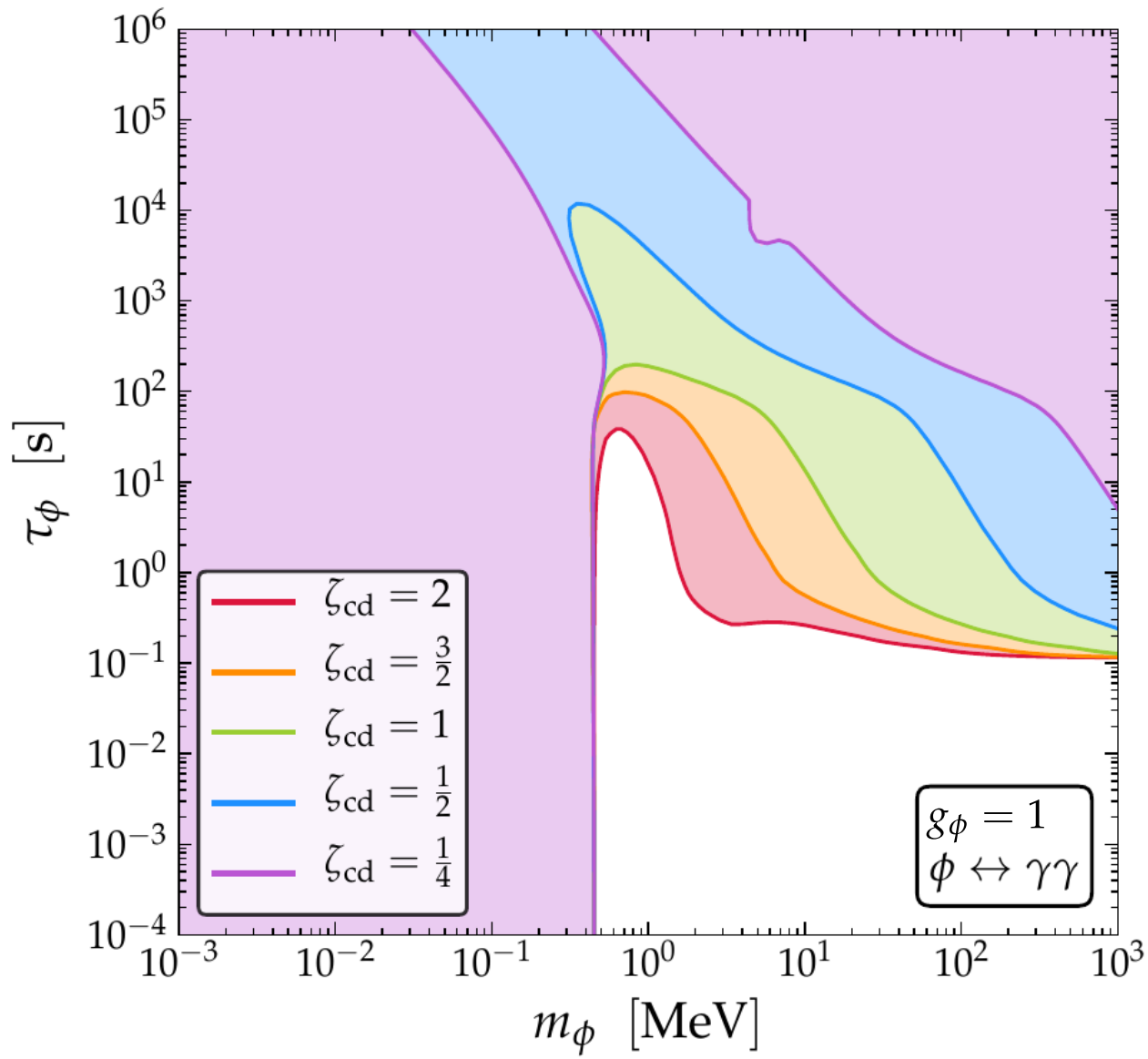
Boltzmann equation

$$\dot{n}_\phi + 3Hn_\phi = -\frac{n_\phi - \bar{n}_\phi}{\tau_{\phi,\text{eff}}}$$

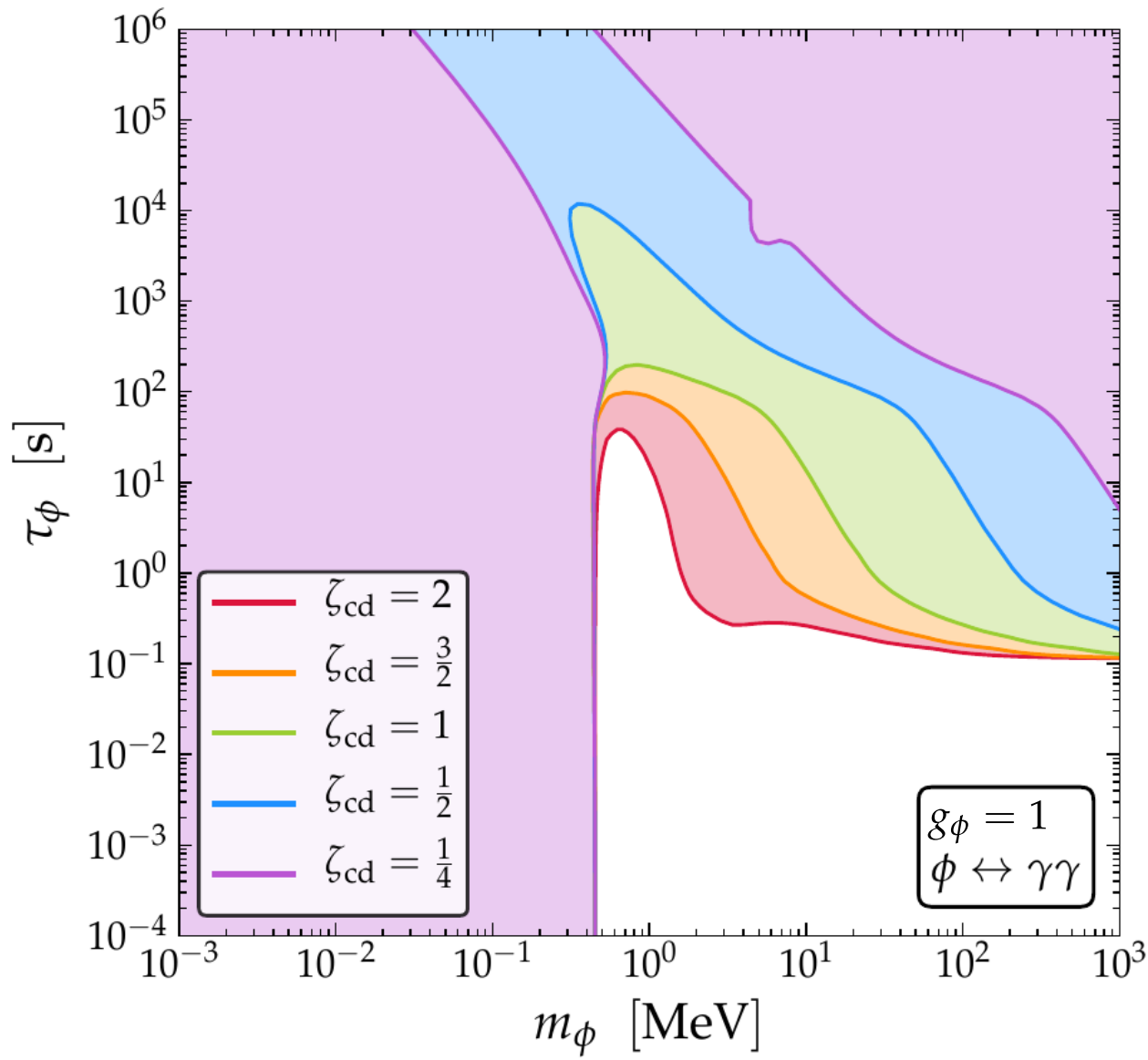
Mediator decays effectively  
before BBN:  $\tau_\phi \gtrsim 0.1$  s

Mediator is thermal during BBN:  $m_\phi \lesssim 0.45$  MeV

# Constraints for fixed $\zeta_{cd}$



# Constraints for fixed $\zeta_{\text{cd}}$



$$T(t = \tau_\phi) \gg m_\phi$$

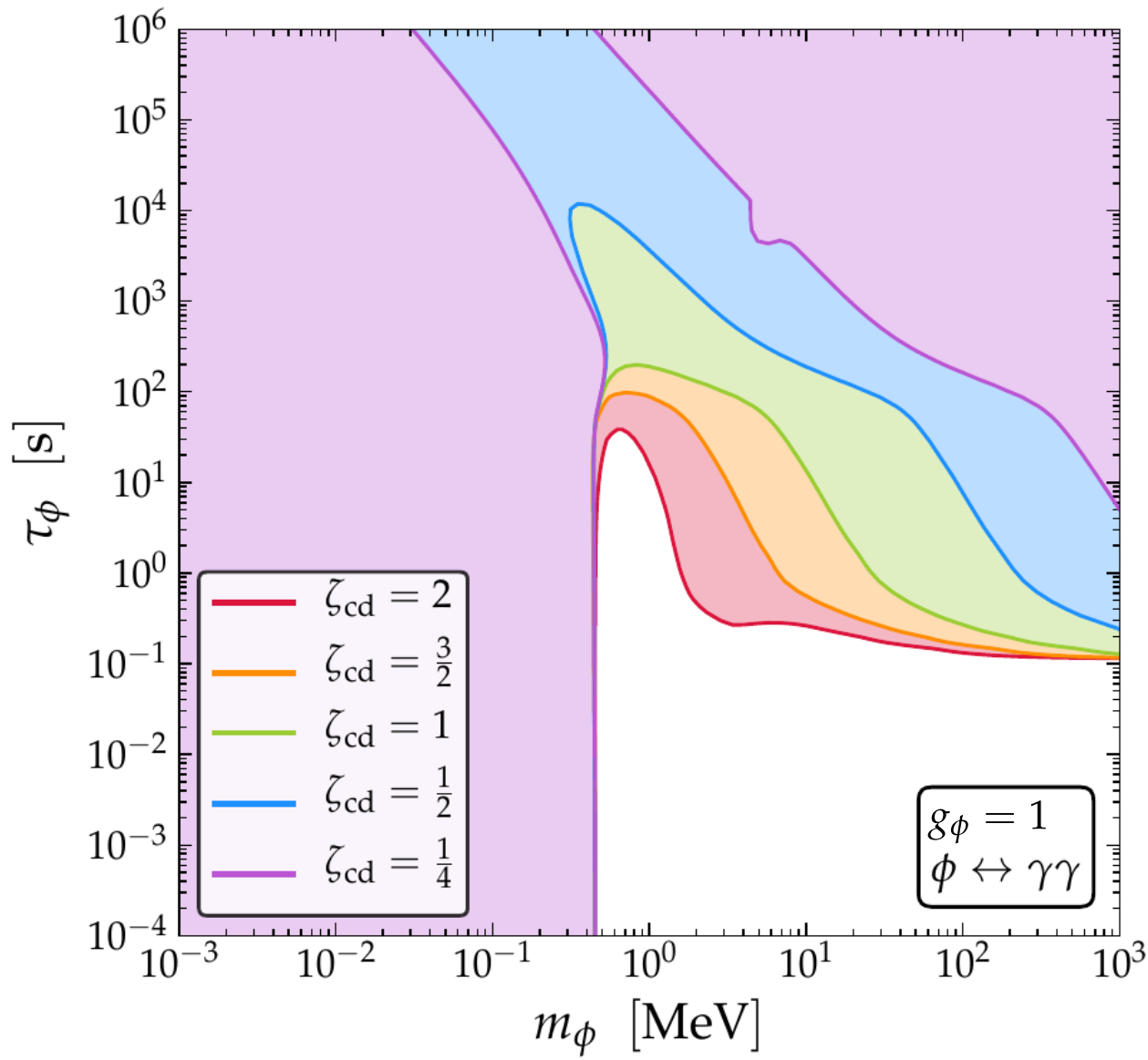
Limits are **insensitive to**  $\zeta_{\text{cd}}$

→ full freeze-in

Thermalization renders initial condition meaningless



# Constraints for fixed $\zeta_{\text{cd}}$



$$T(t = \tau_\phi) \gg m_\phi$$

Limits are **insensitive to**  $\zeta_{\text{cd}}$

→ **full freeze-in**

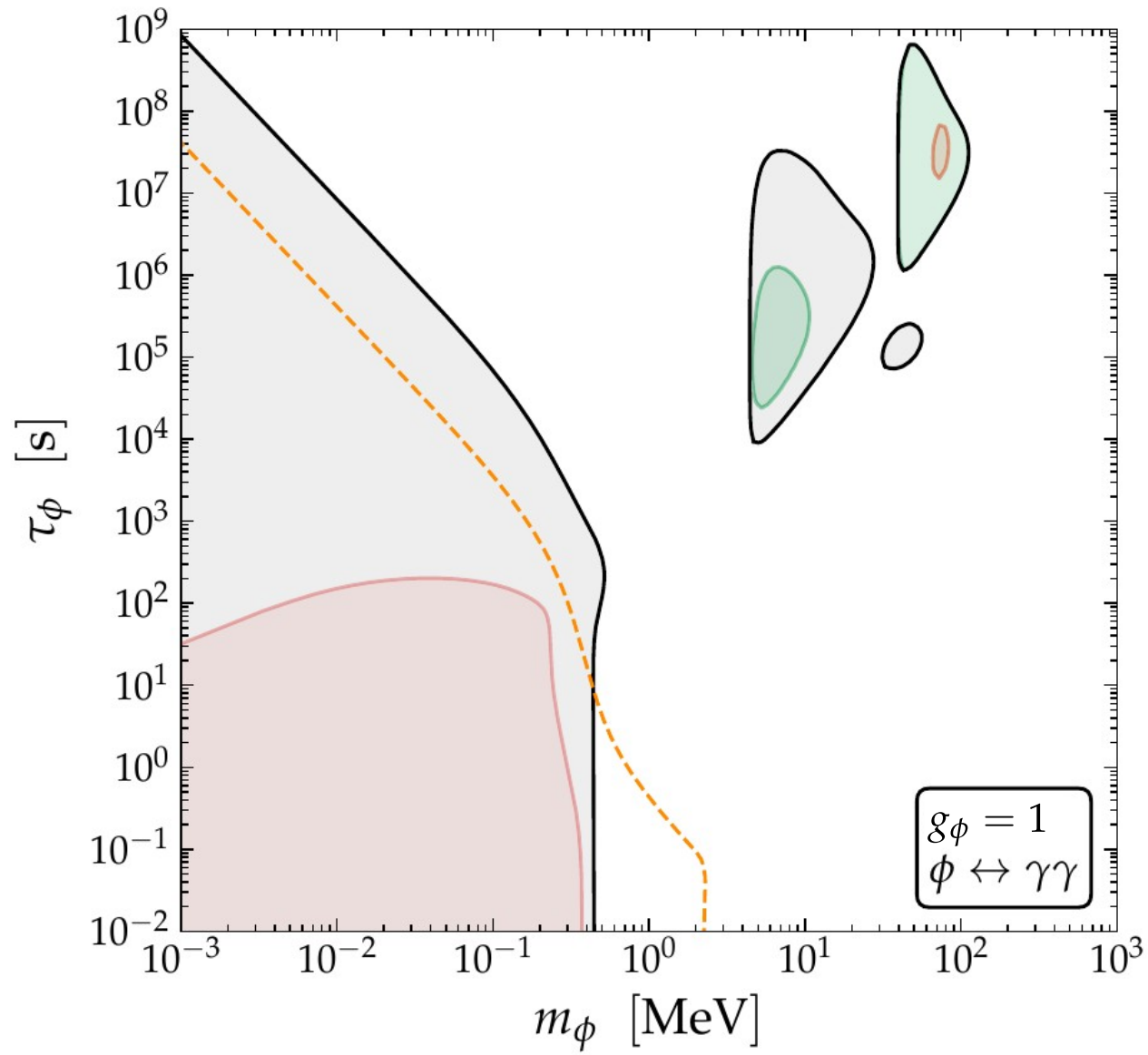
Thermalization renders initial condition meaningless

$$T(t = \tau_\phi) \ll m_\phi$$

Limits mostly **scale with**  $\zeta_{\text{cd}}$

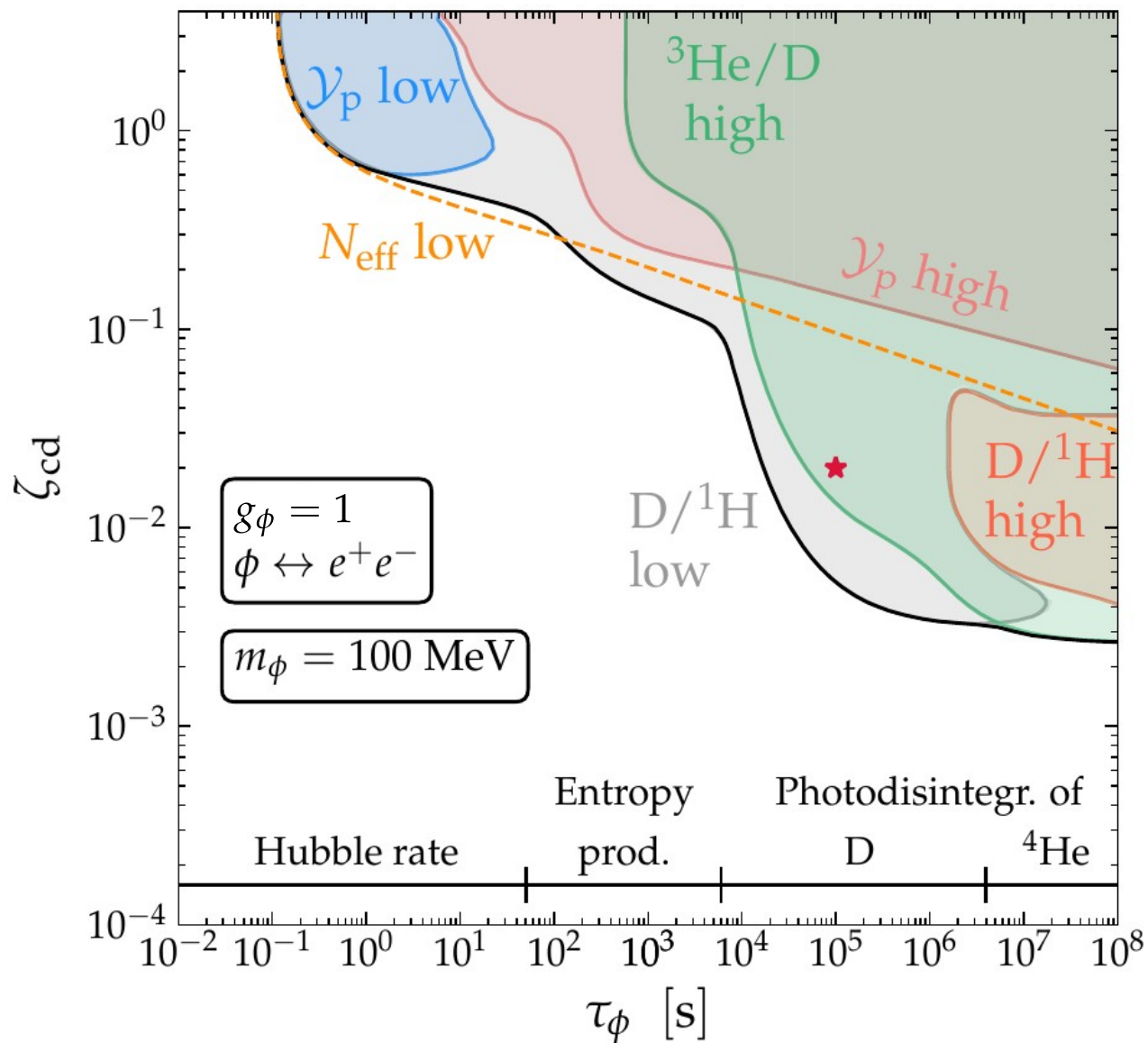
→ **'traditional' decay**

# Constraints for fixed $\zeta_{\text{cd}} = 0$ (freeze-in)

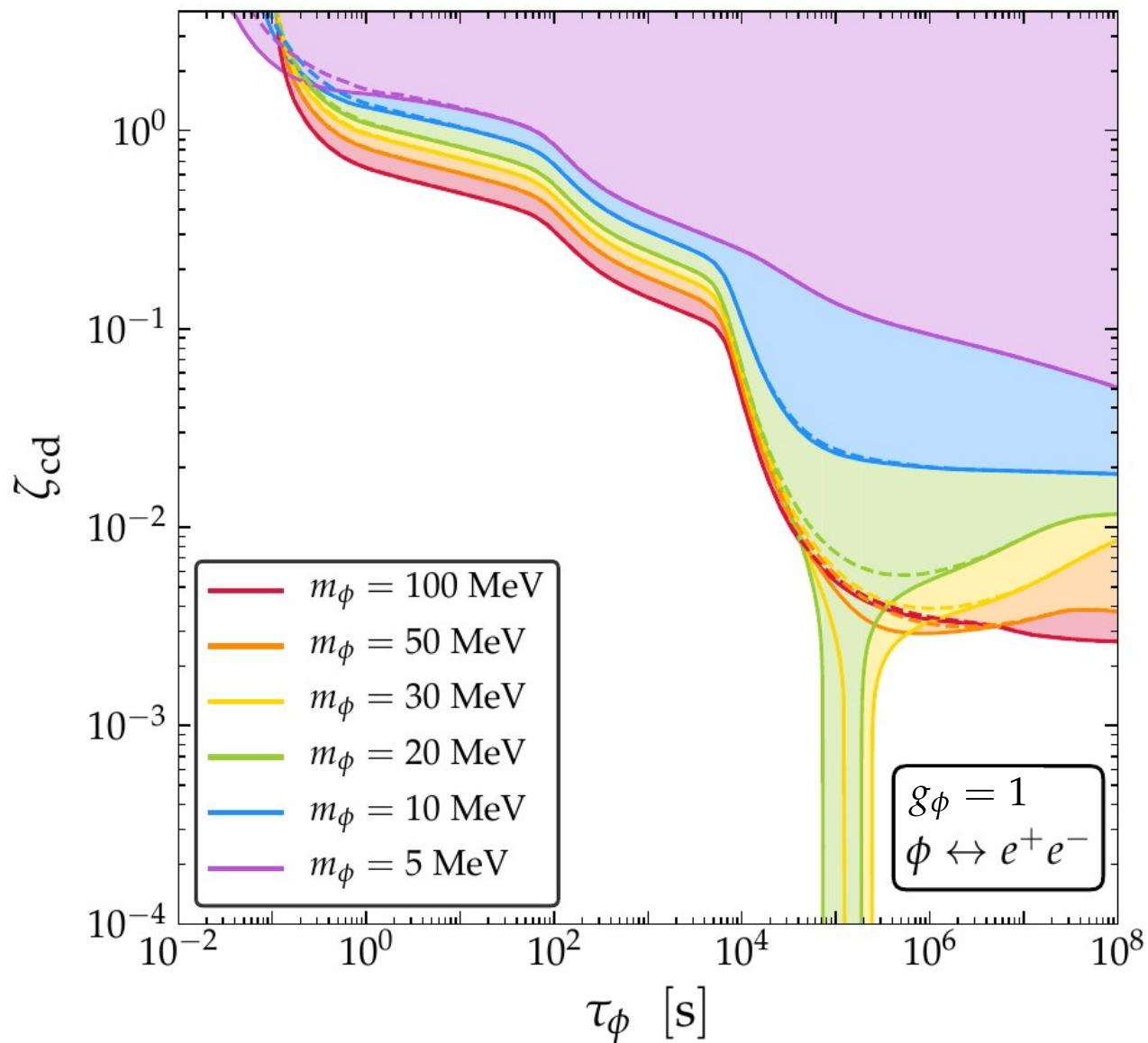


# Constraints for fixed $m_\phi = 100 \text{ MeV}$

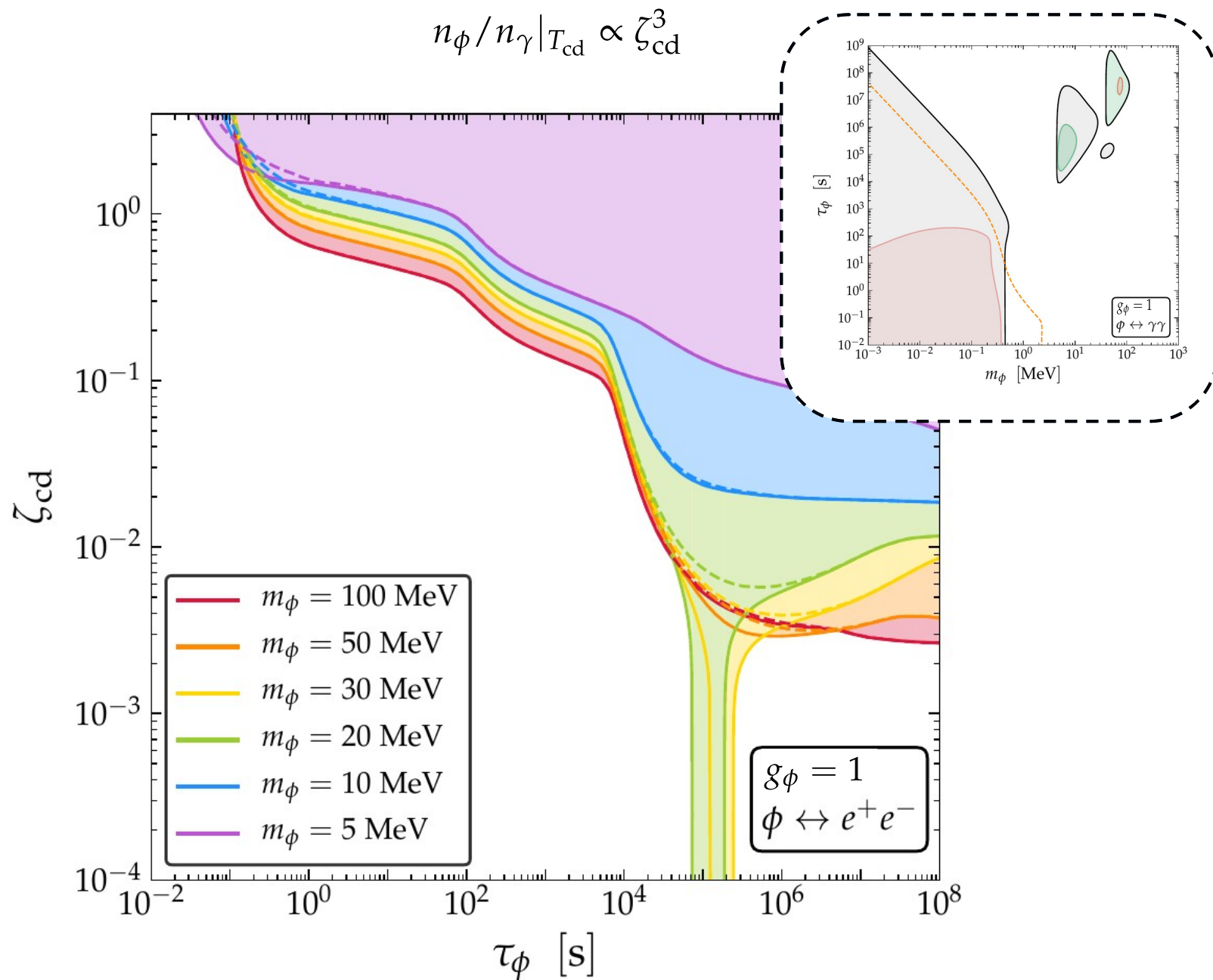
$$n_\phi/n_\gamma|_{T_{\text{cd}}} \propto \zeta_{\text{cd}}^3$$



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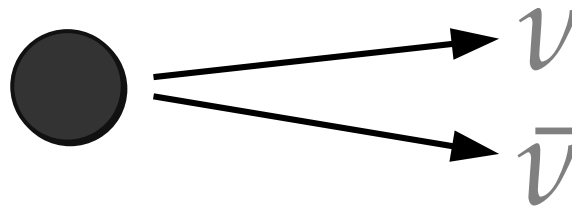
# Constraints for fixed $m_\phi$



# Decays into Neutrinos

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

Entropy

Photodis.

Hadrodis.

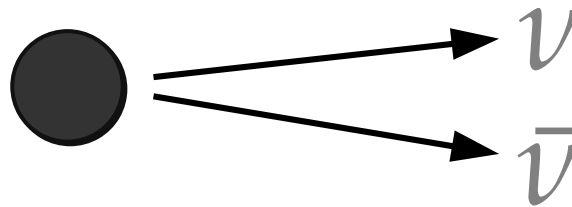
$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)

---



Relevant effects

---

Hubble rate

Entropy

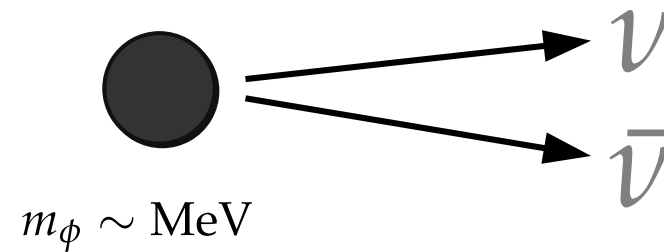
$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)

---



Relevant effects

---

Hubble rate

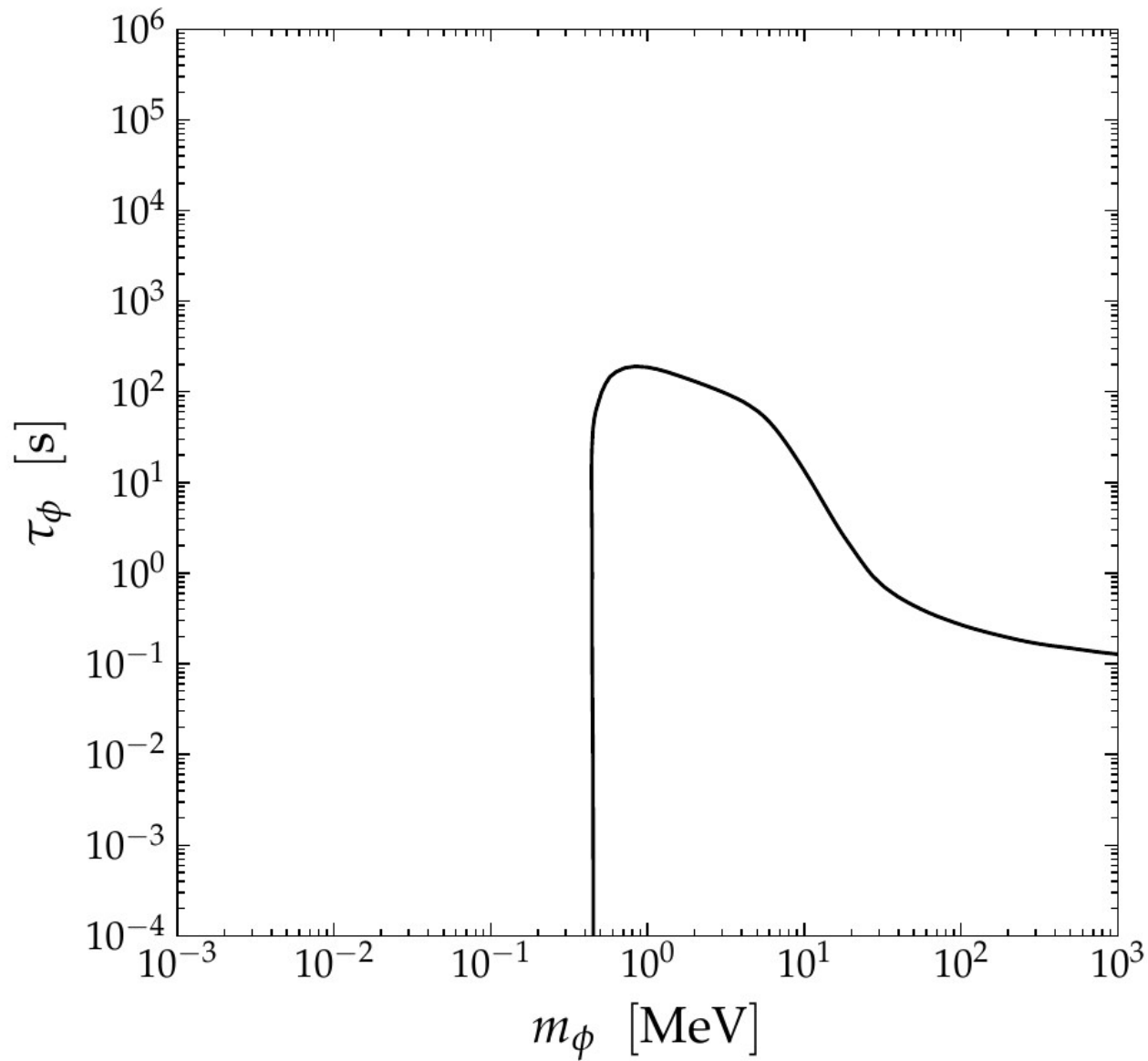
Entropy

$\nu$  dec.

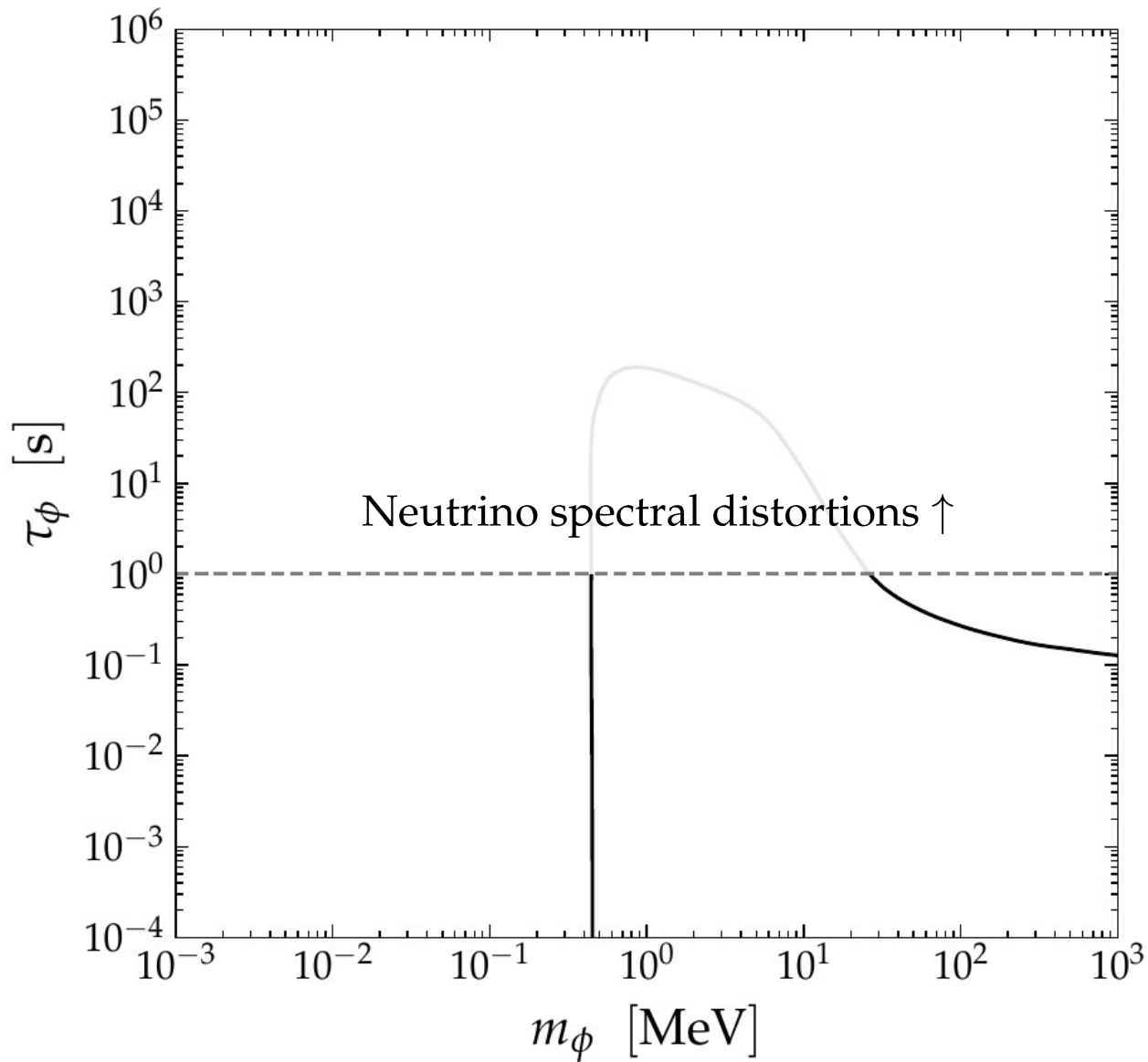
$n - p$  conv.



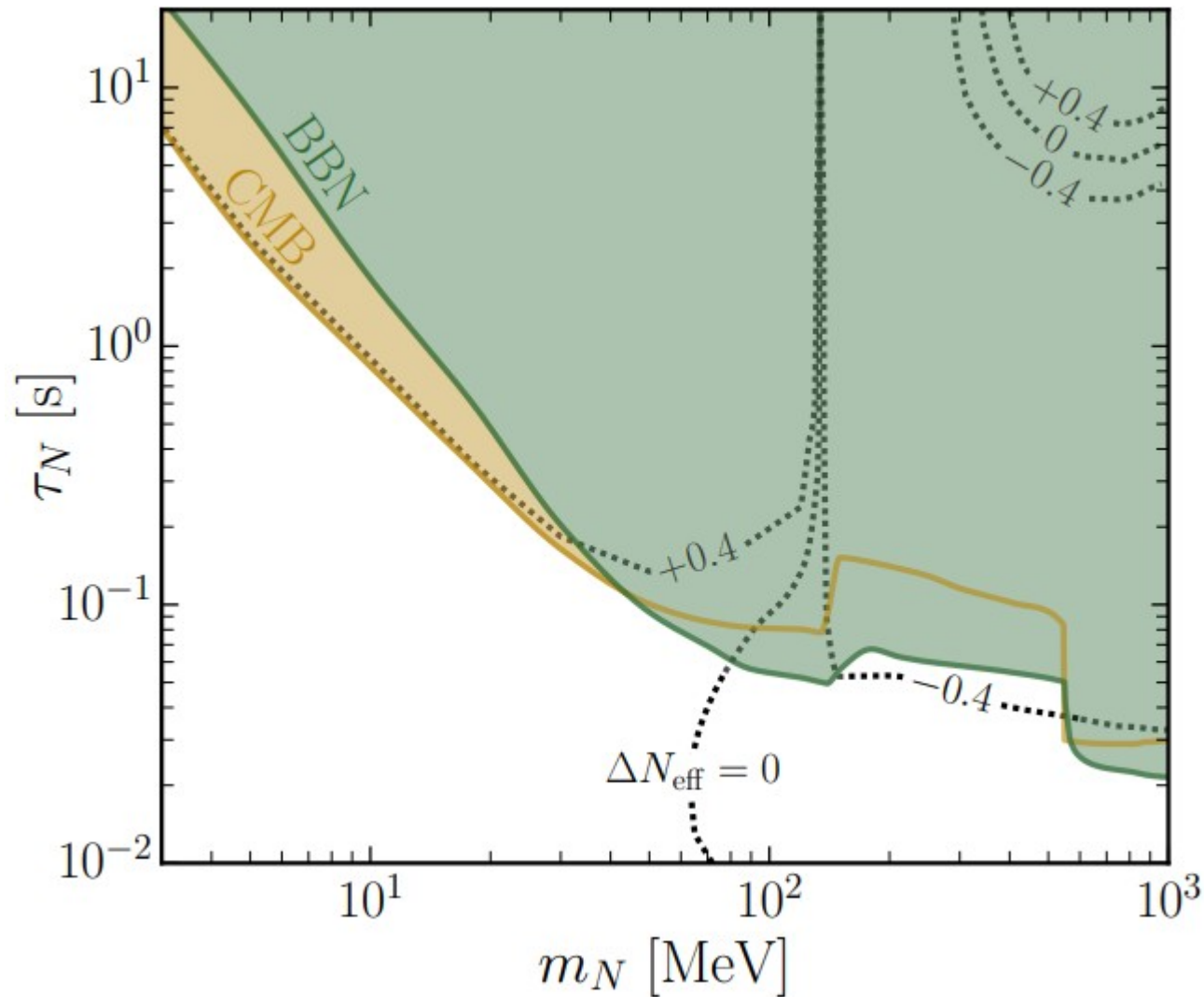
# Constraints for fixed $\zeta_{\text{cd}} = 1$ (again)



# Constraints for fixed $\zeta_{\text{cd}} = 1$ (again)



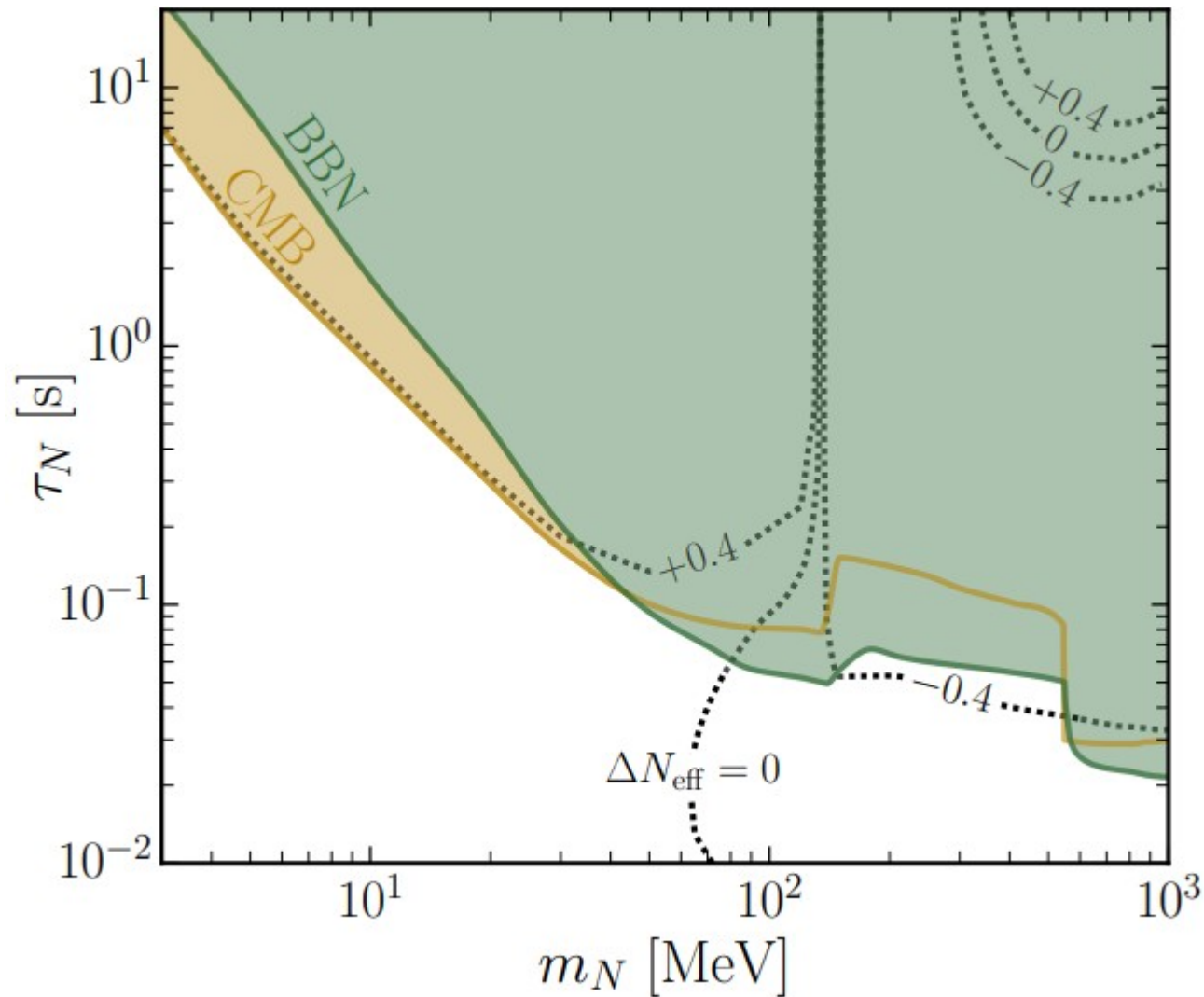
[arXiv:2103.09831]



Lagrangian

$$\mathcal{L} = y_{ij} \bar{L}_i H^c N_j + \text{h.c.}$$

[arXiv:2103.09831]



Lagrangian

$$\mathcal{L} = y_{ij} \bar{L}_i H^c N_j + \text{h.c.}$$

$$N \rightarrow \nu \nu \bar{\nu}$$

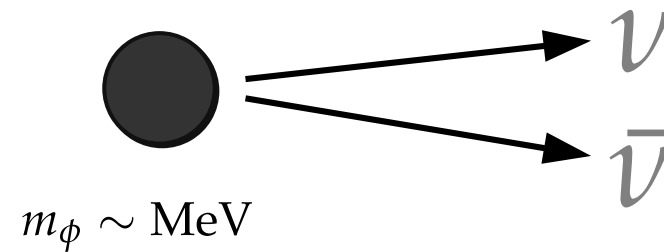
$$N \rightarrow \nu e^+ e^-$$

$$N \rightarrow \nu \pi \pi$$

# Decays into Neutrinos

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

Entropy

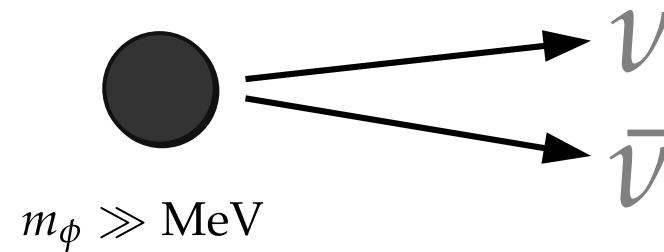
$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

Entropy

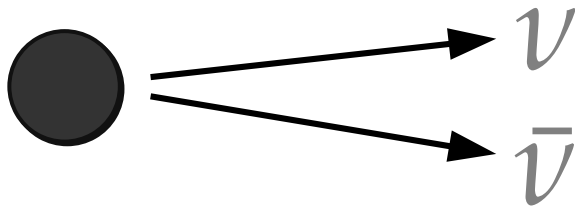
$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

Entropy

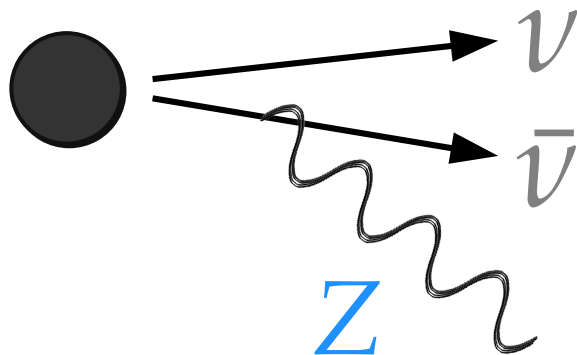
$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

Entropy

$\nu$  dec.

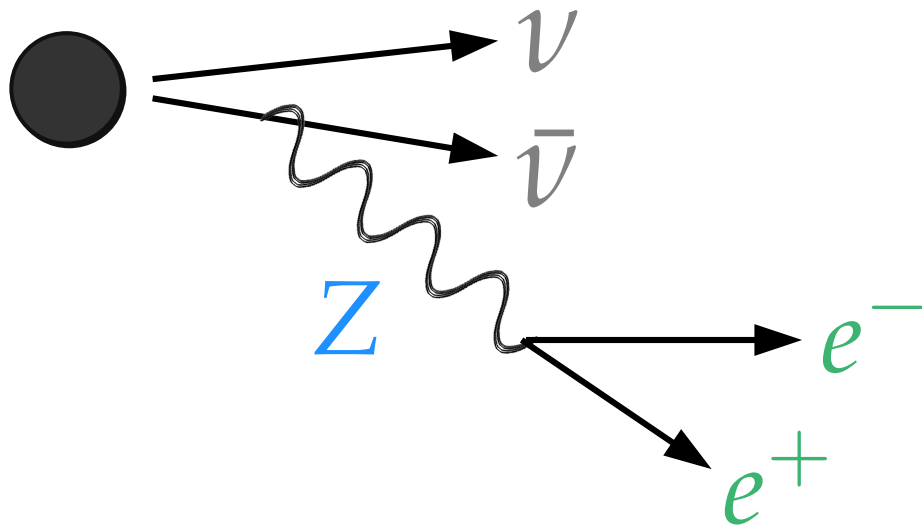
$n - p$  conv.



# Decays into Neutrinos

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

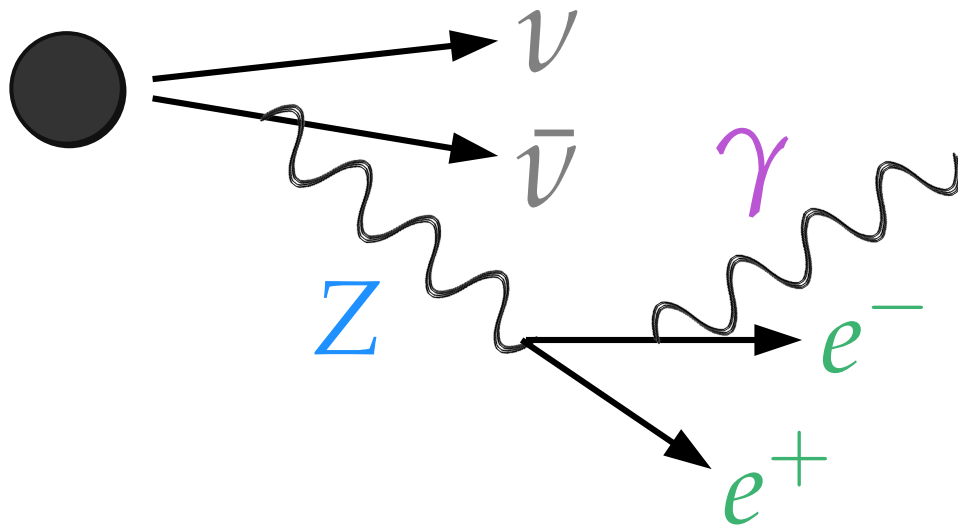
Entropy

$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)



Relevant effects ?

Hubble rate

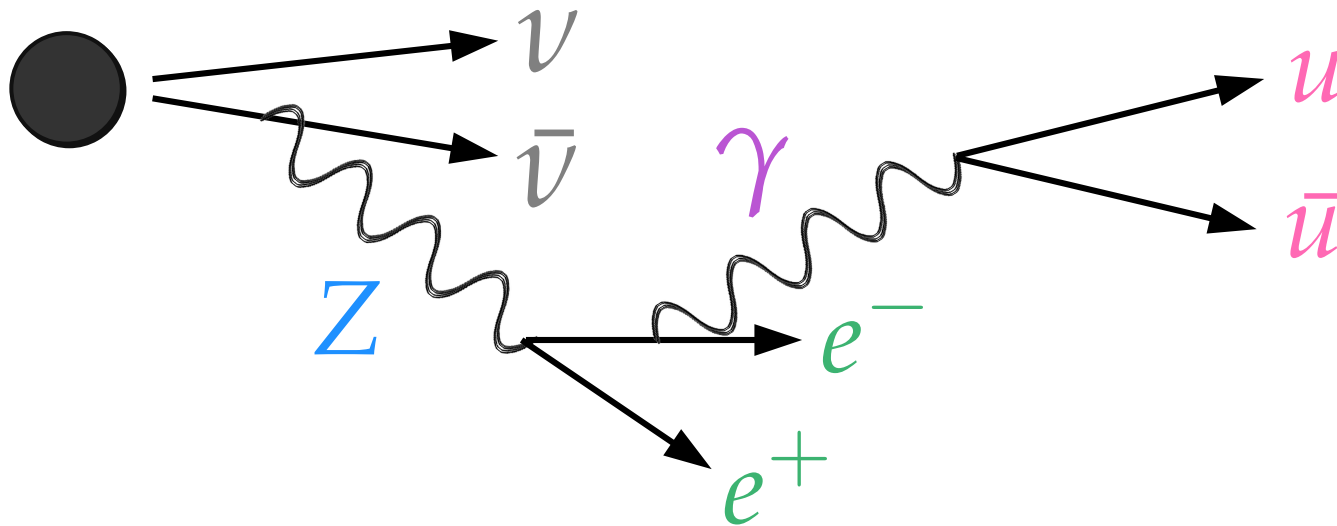
Entropy

$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)



Relevant effects ?

Hubble rate

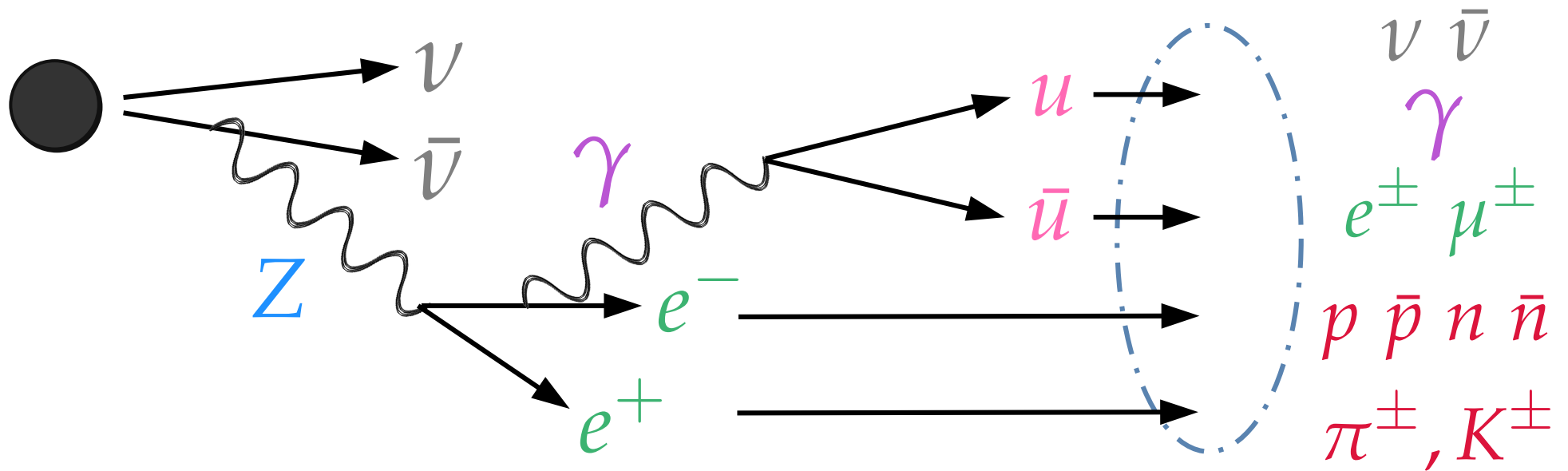
Entropy

$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)



Relevant effects ?

Hubble rate

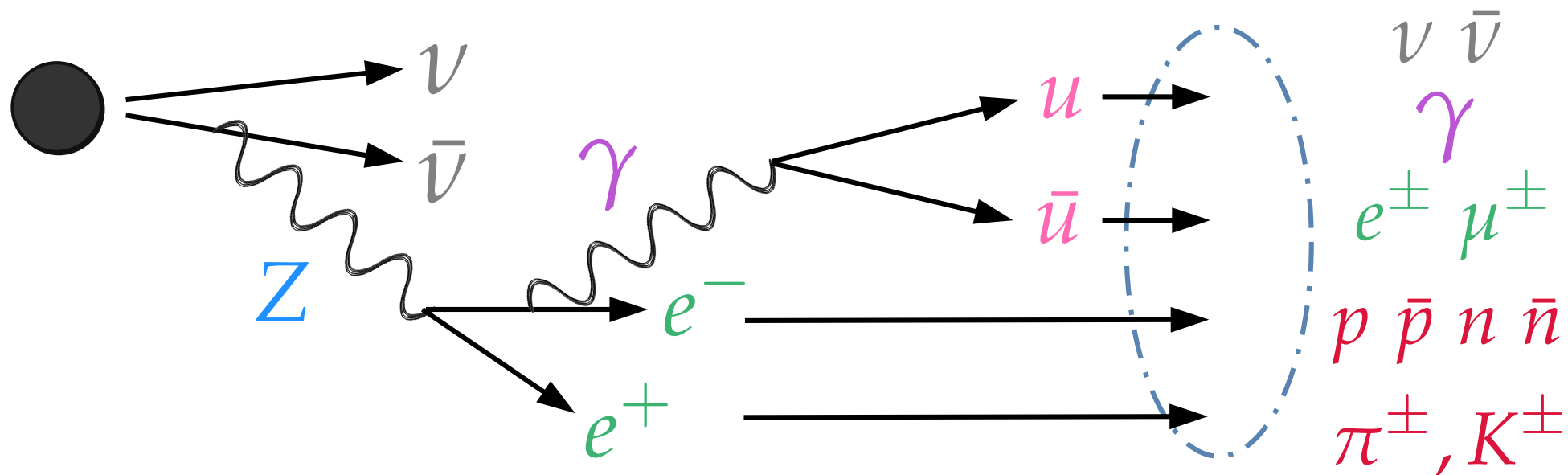
Entropy

$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)



Relevant effects

Hubble rate

Entropy

Photodis.

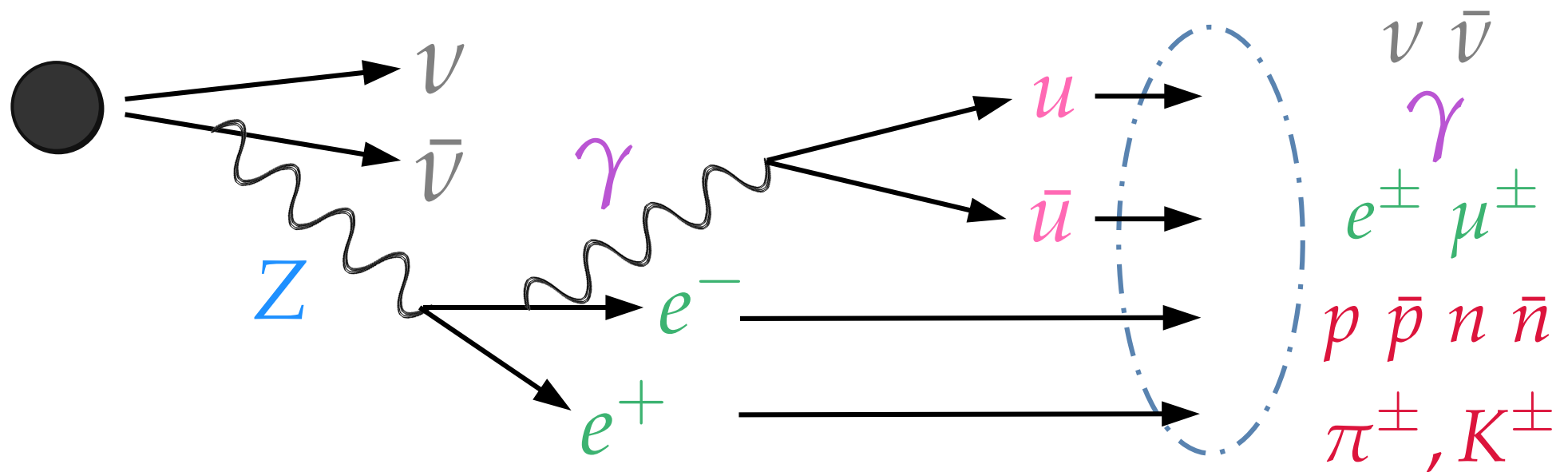
Hadrodiss.

$\nu$  dec.

$n - p$  conv.

# Decays into Neutrinos

Decay channel(s)



Relevant effects

Hubble rate

Entropy

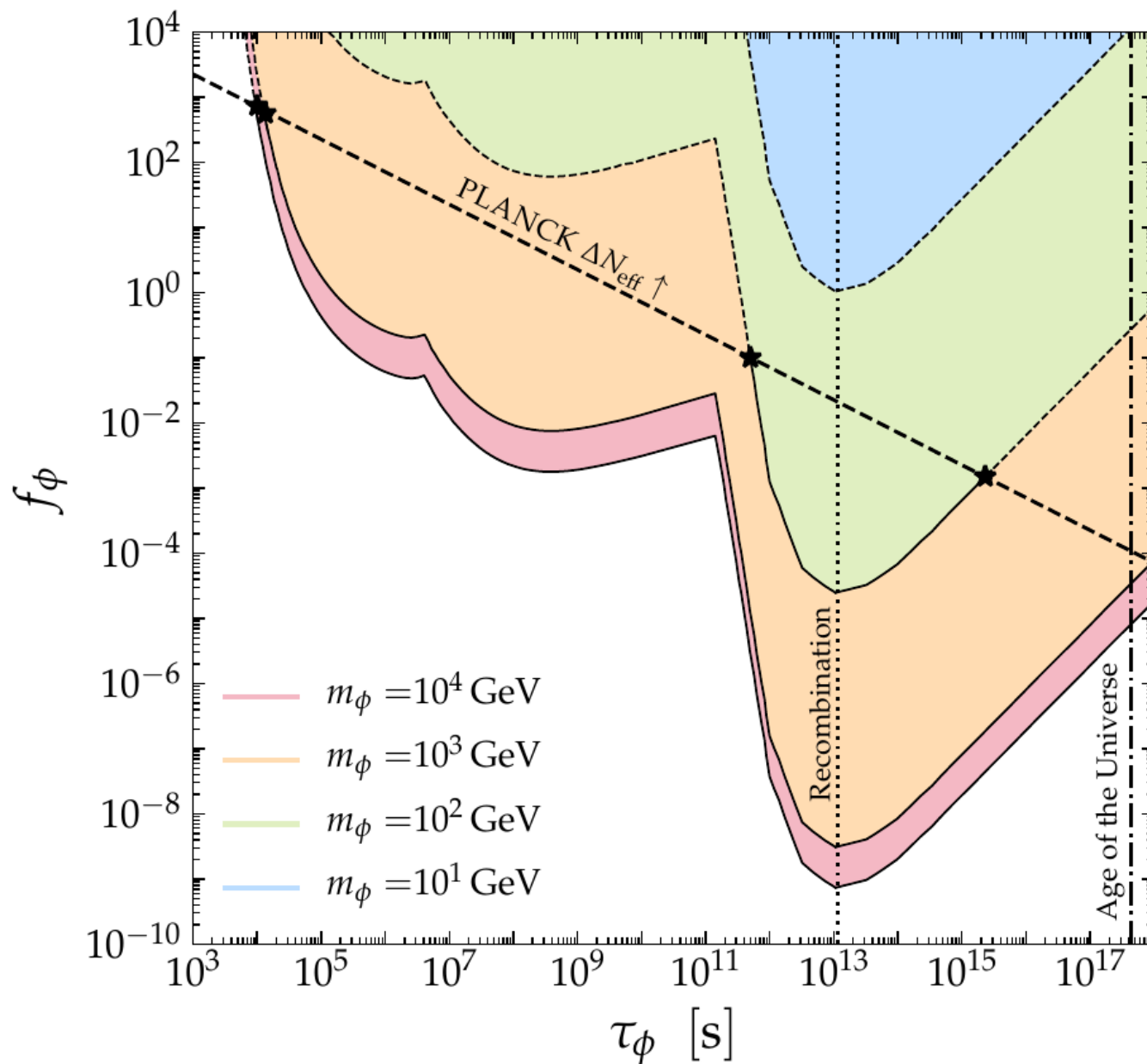
Photodis.

Hadrodis.

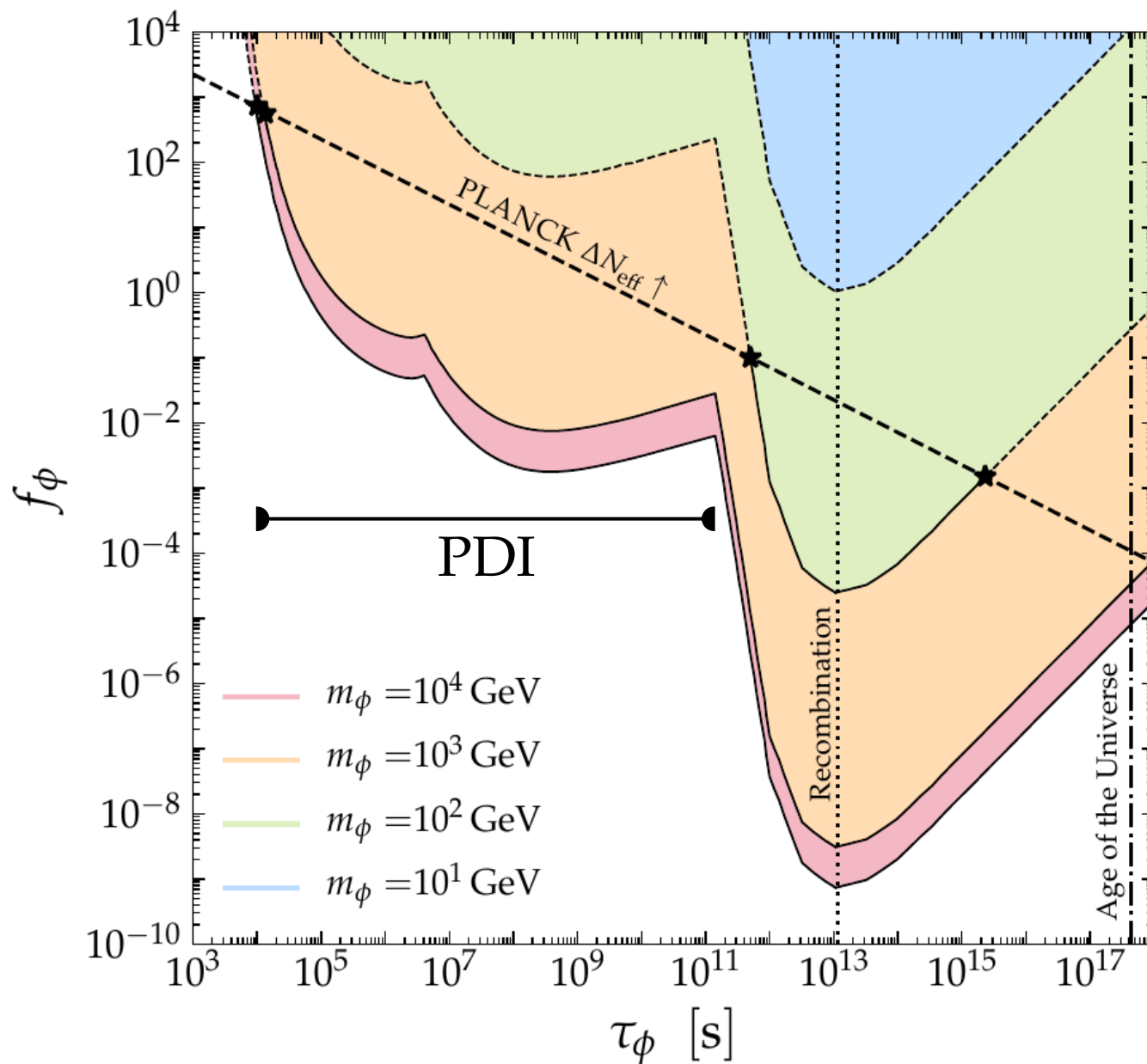
$\nu$  dec.

$n - p$  conv.

# Constraints from PDI for fixed $m_\phi \gg \text{MeV}$

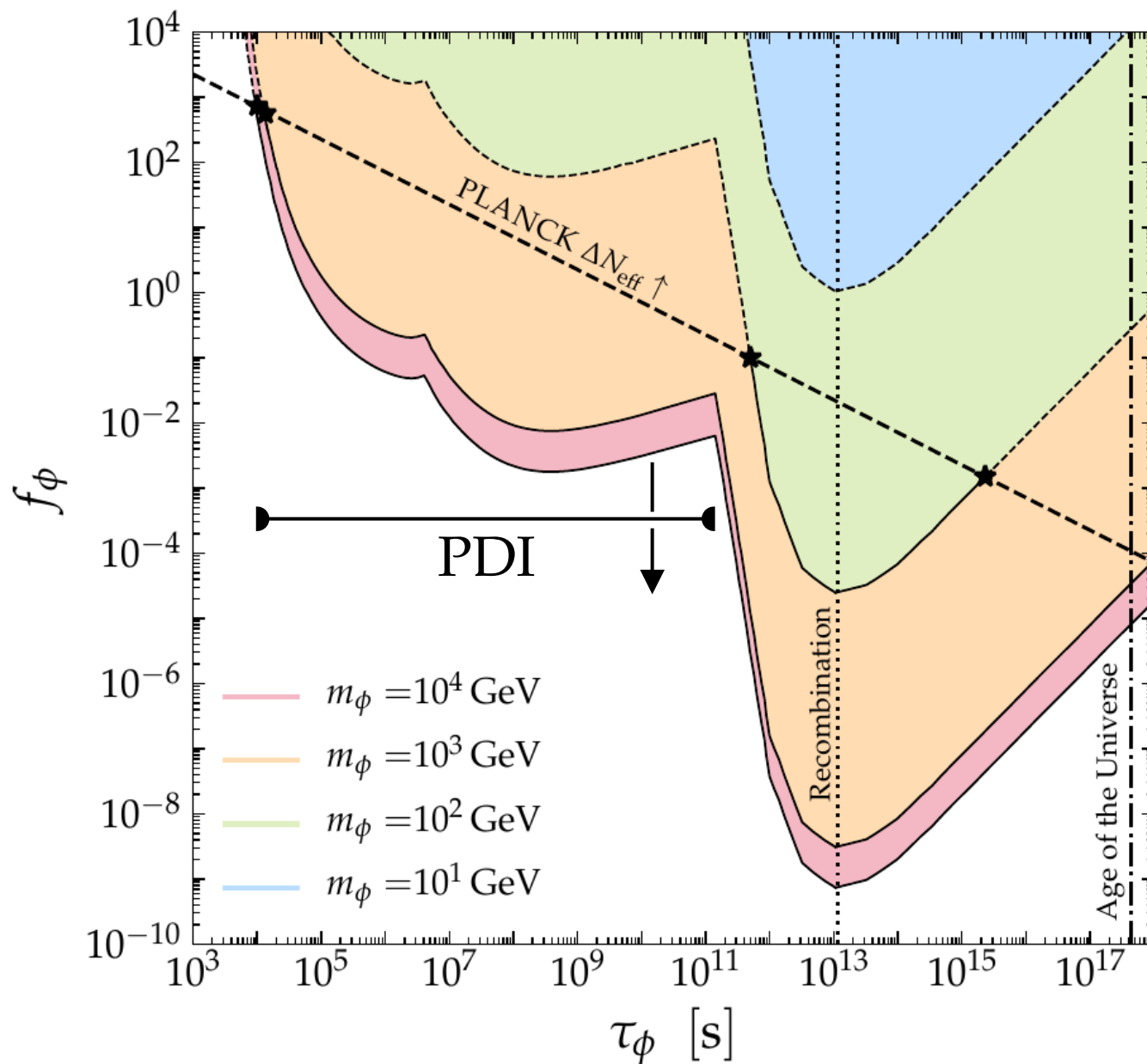


# Constraints from PDI for fixed $m_\phi \gg \text{MeV}$





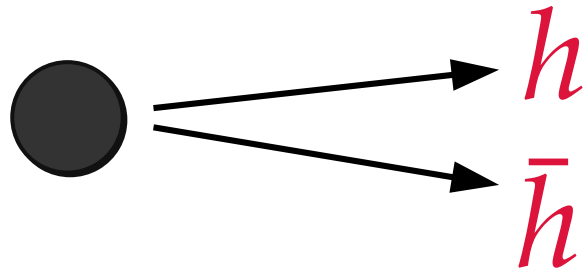
# Constraints from PDI for fixed $m_\phi \gg \text{MeV}$



# Hadronic decays

Decay channel(s)

---



Relevant effects ?

---

Hubble rate

Entropy

Photodis.

Hadrodis.

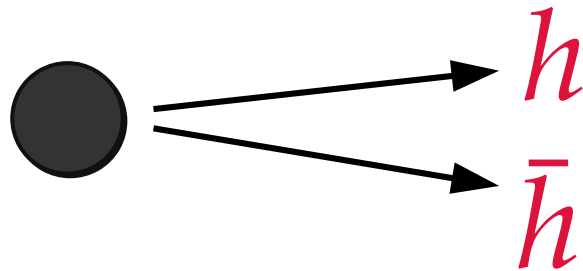
$\nu$  dec.

$n - p$  conv.

# Hadronic decays

Decay channel(s)

---



Relevant effects

---

Hubble rate

Entropy

Photodis.

Hadrodis.

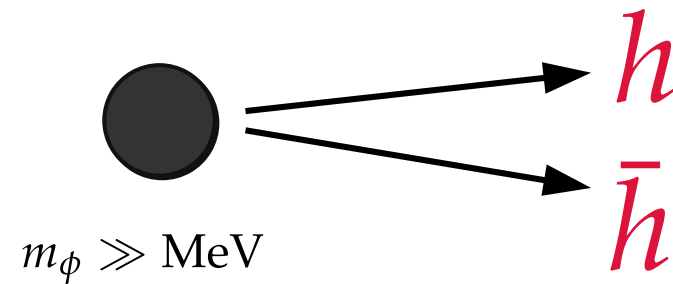
$\nu$  dec.

$n - p$  conv.

# Hadronic decays

Decay channel(s)

---



Relevant effects

---

Hubble rate

Entropy

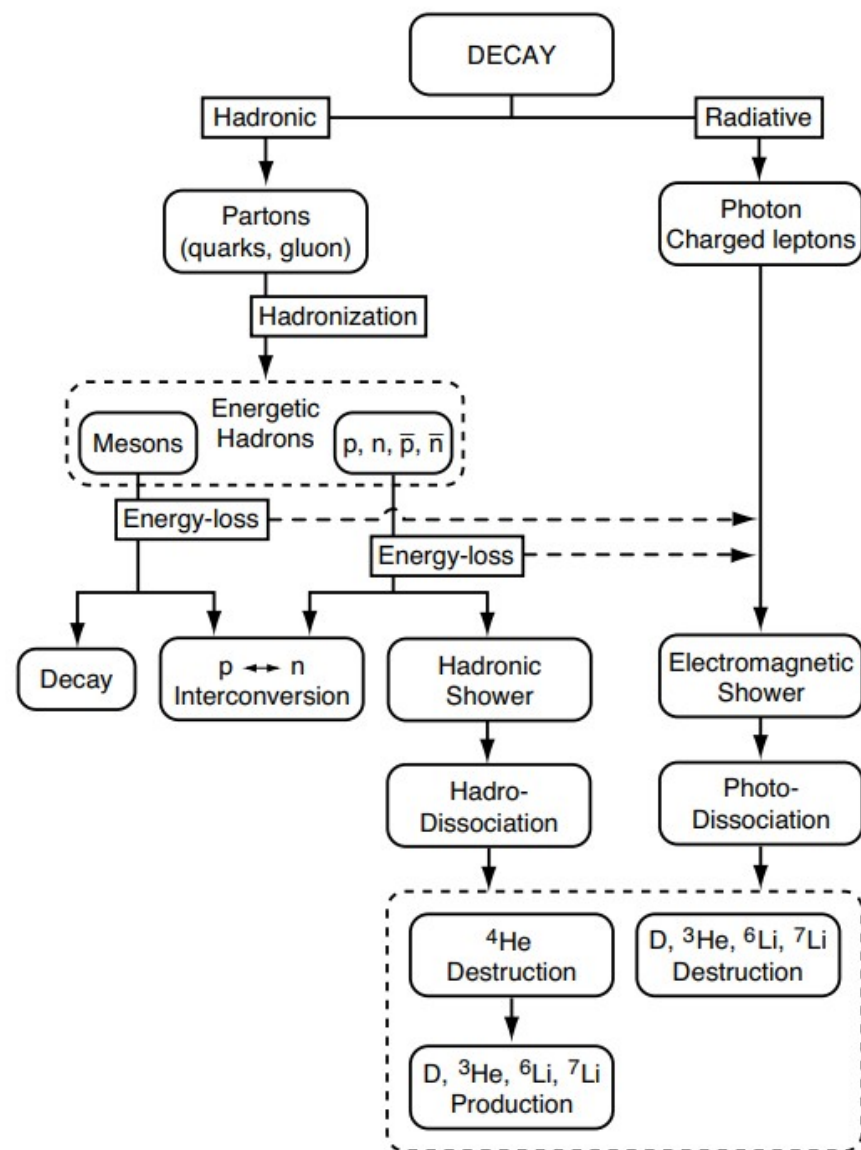
Photodis.

Hadrodis.

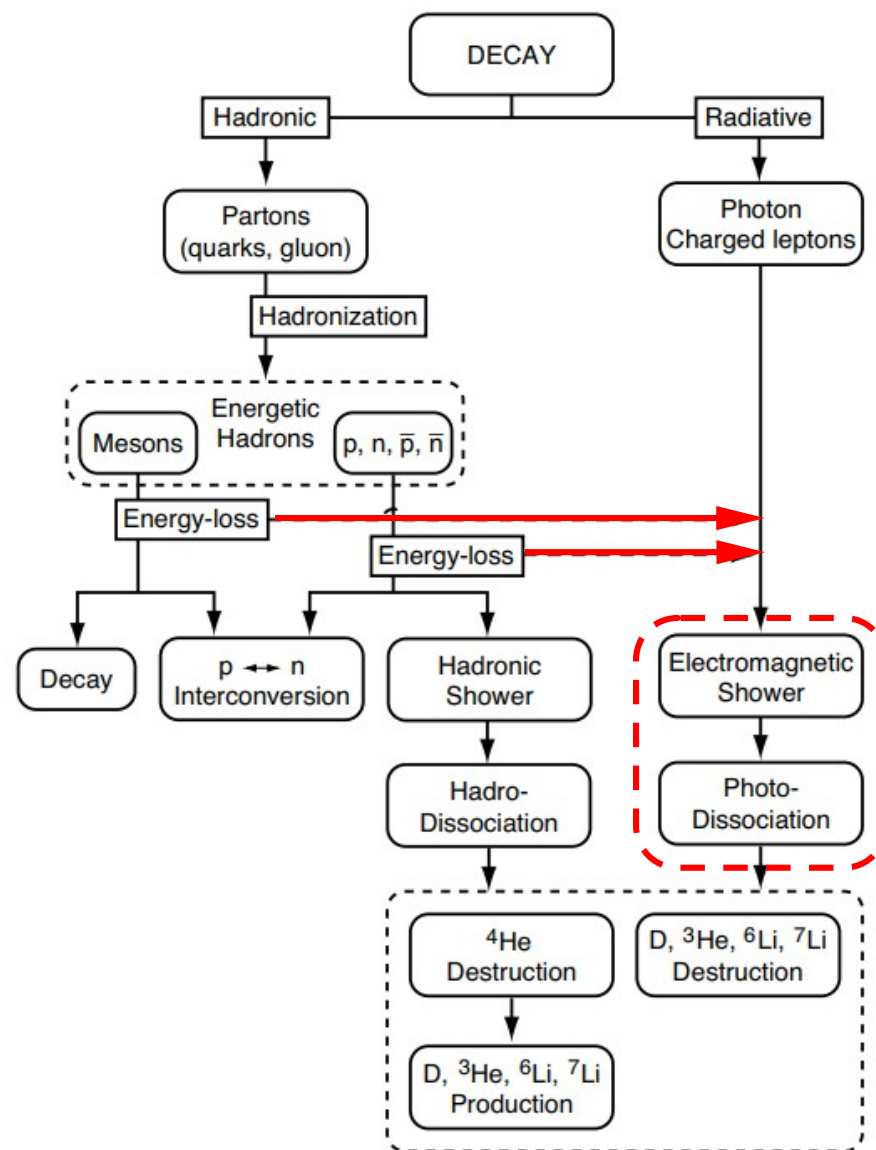
$\nu$  dec.

$n - p$  conv.

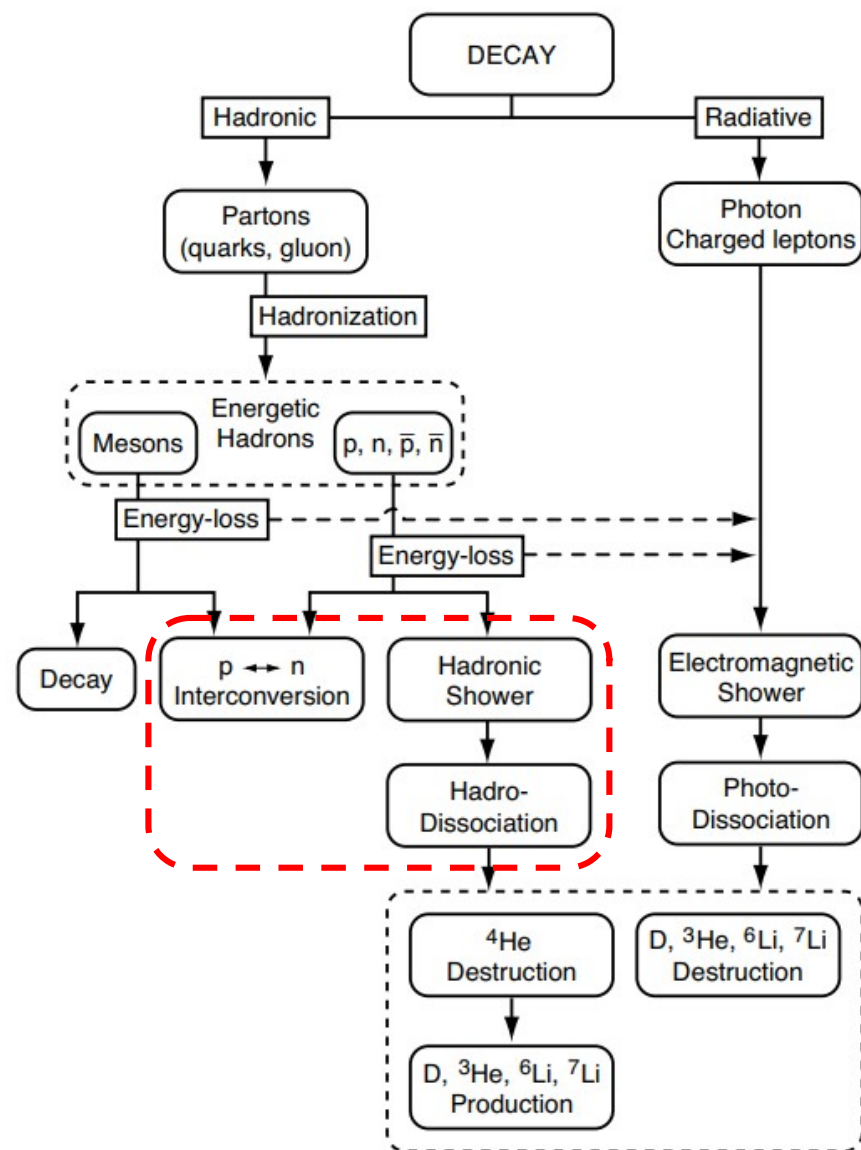
[arXiv:2103.09831]



[arXiv:2103.09831]

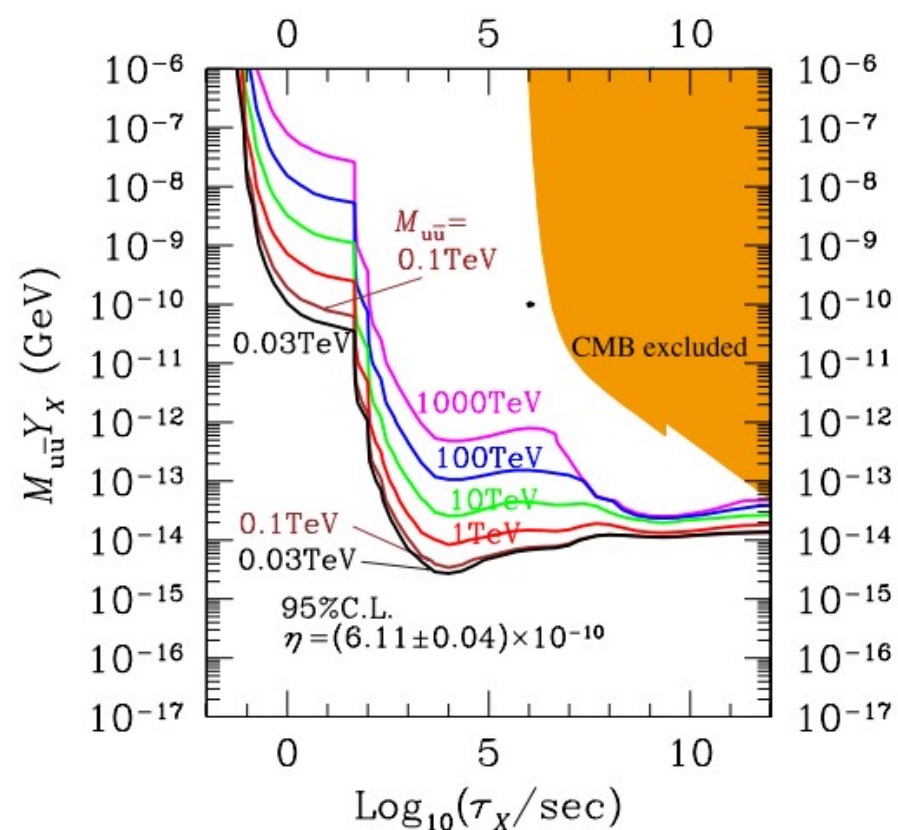
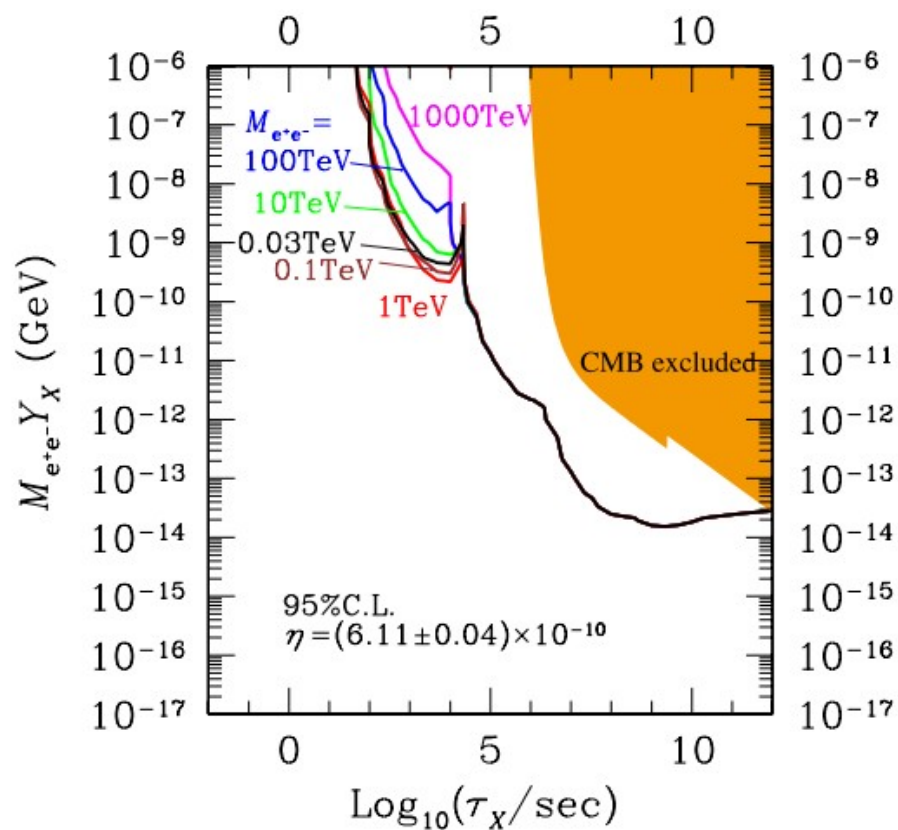


[arXiv:2103.09831]



# Existing constraints for different final states

[arXiv:1709.01211]





# Conclusions

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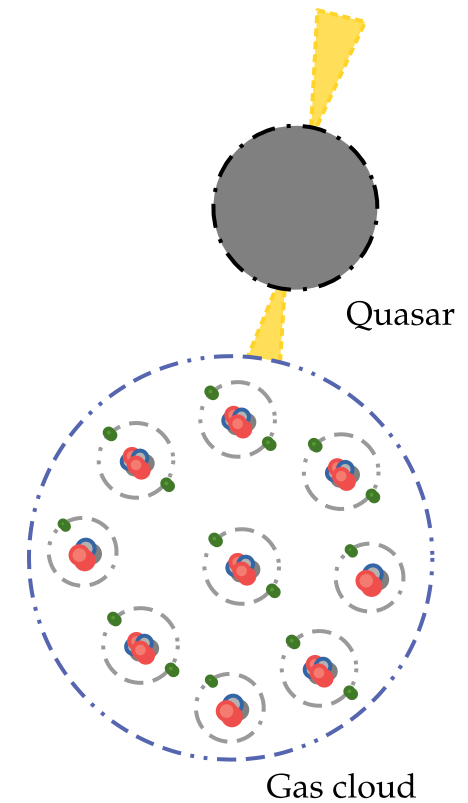
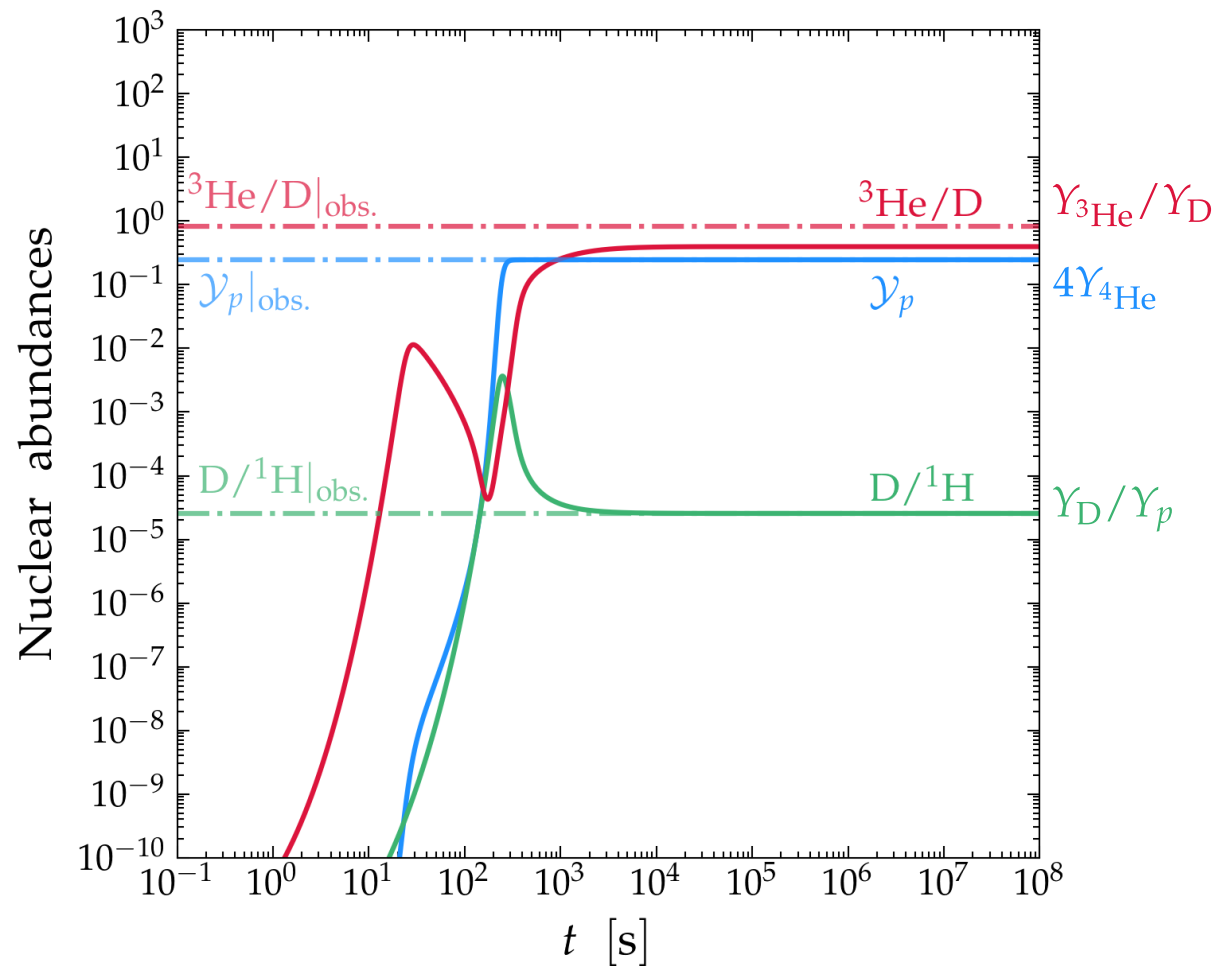
- BBN is a powerful tool to constrain physics beyond the SM
- Depending on the **injected particles**, different effects can influence the light element abundances
- The limits can be very different from the naive estimate  $\tau_\phi < 1 \text{ s}$
- Radiative corrections can lead to stringent limits, even for neutrinos



# Evolution of the abundances during BBN

Predictions

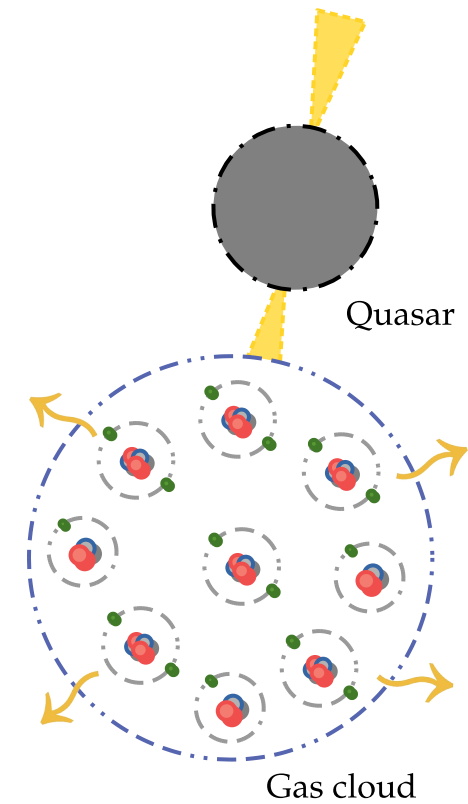
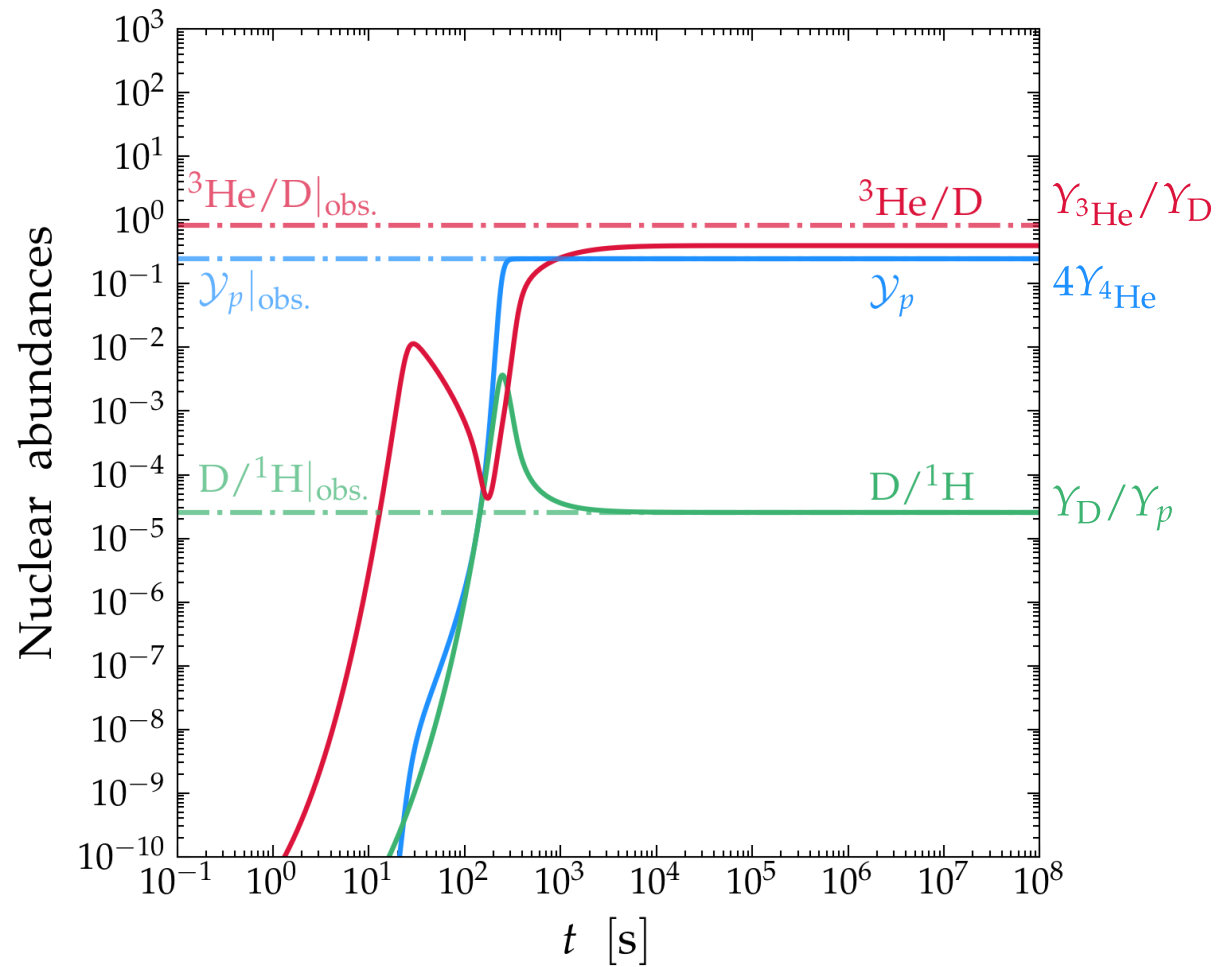
Observations



# Evolution of the abundances during BBN

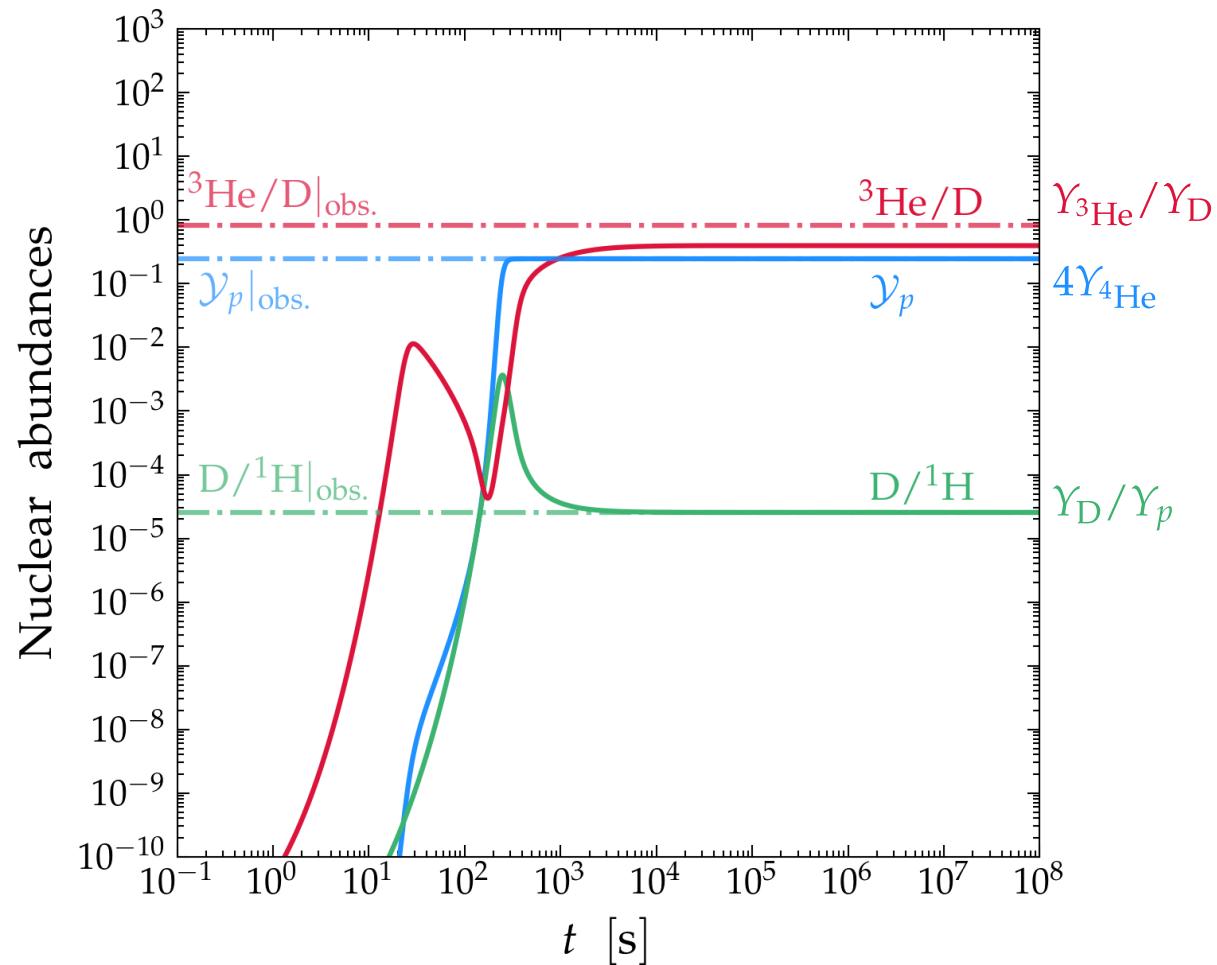
Predictions

Observations

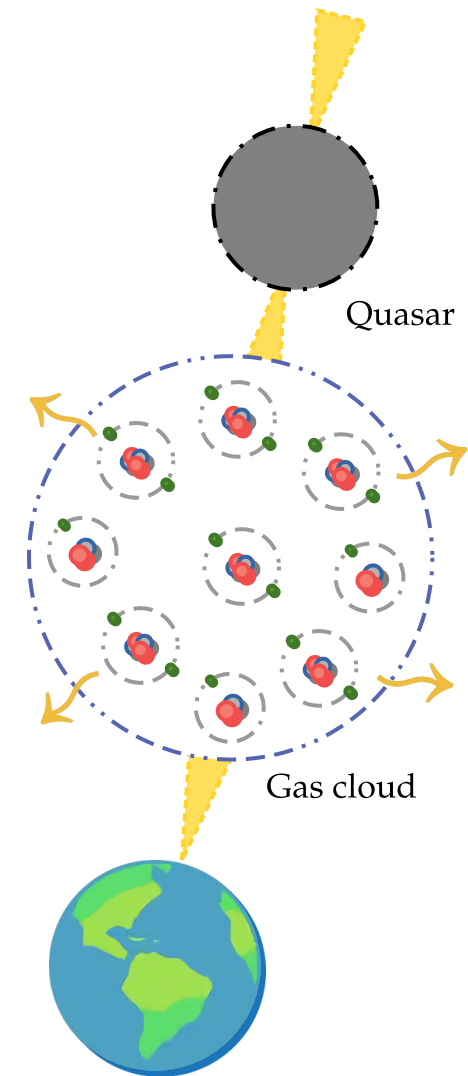


# Evolution of the abundances during BBN

## Predictions

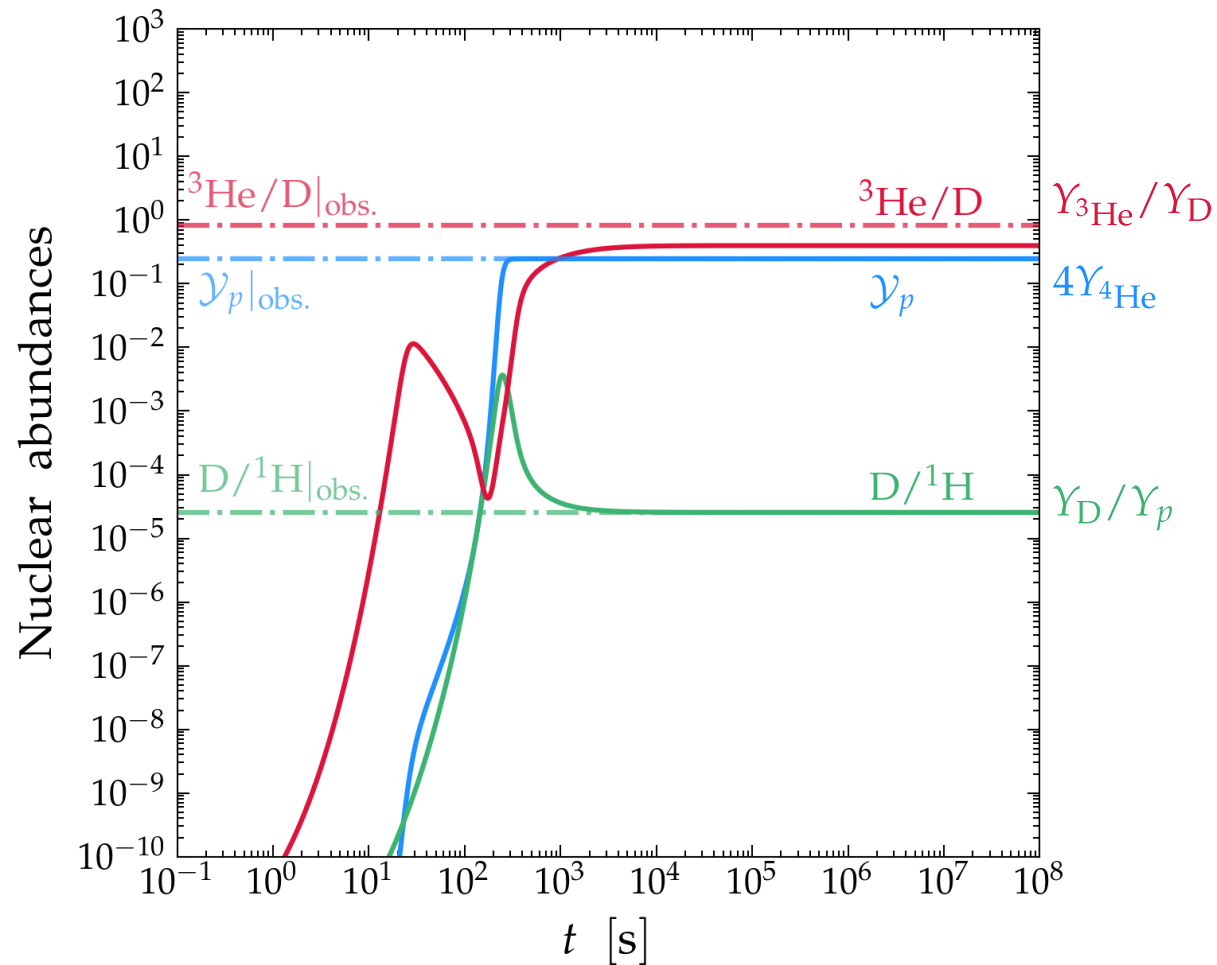


## Observations

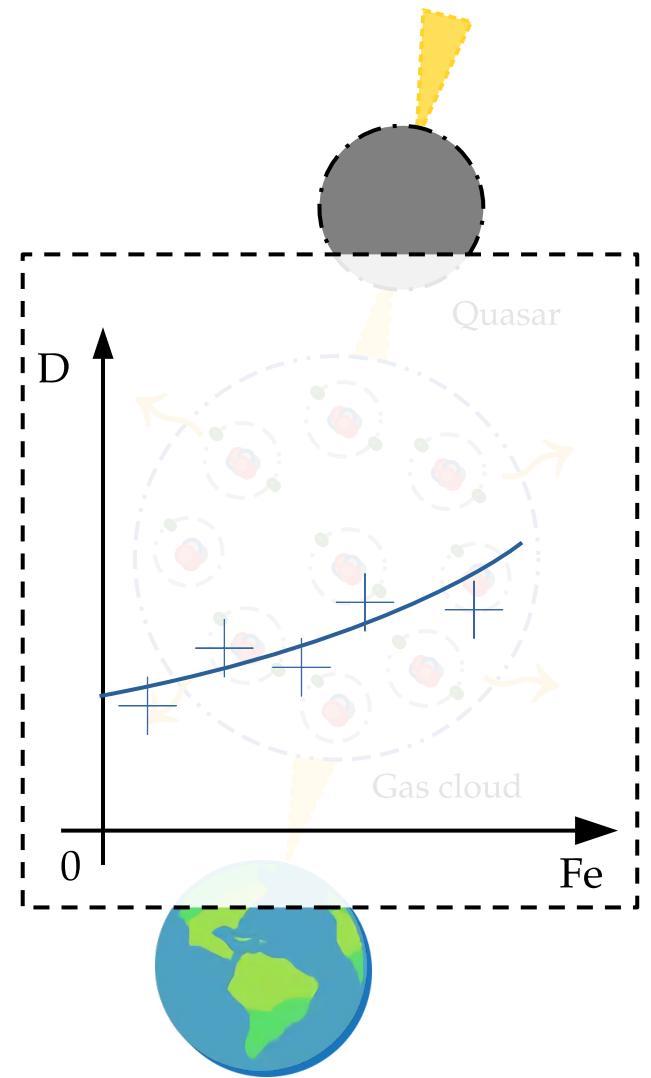


# Evolution of the abundances during BBN

## Predictions



## Observations

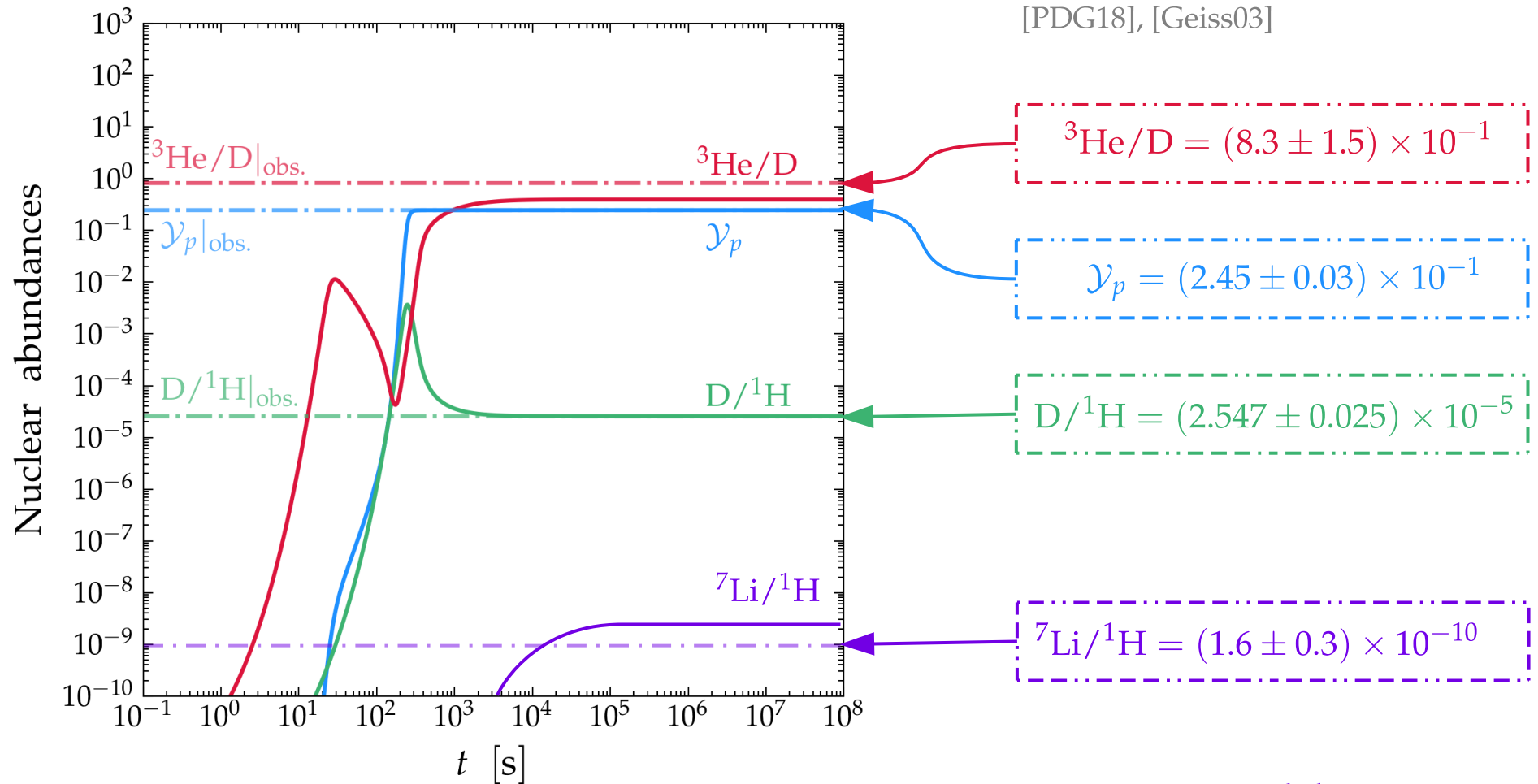


# Evolution of the abundances during BBN

Predictions

Observations

[PDG18], [Geiss03]



Li-Problem

## Boltzmann equation

$$\frac{\partial f_\phi}{\partial t} - 3Hp \frac{\partial f_\phi}{\partial p} = - \left[ \text{BR}_{\gamma\gamma} D_\gamma^+ + \text{BR}_{ee} D_e^- \right] \times [f_\phi - \bar{f}_\phi]$$



## Boltzmann equation

$$\frac{\partial f_\phi}{\partial t} - 3Hp \frac{\partial f_\phi}{\partial p} = - \left[ \text{BR}_{\gamma\gamma} D_\gamma^+ + \text{BR}_{ee} D_e^- \right] \times [f_\phi - \bar{f}_\phi]$$

Dilution



# Evolution of the dark sector

## Boltzmann equation

$$\frac{\partial f_\phi}{\partial t} - 3Hp \frac{\partial f_\phi}{\partial p} = - \left[ \text{BR}_{\gamma\gamma} D_\gamma^+ + \text{BR}_{ee} D_e^- \right] \times [f_\phi - \bar{f}_\phi]$$

Dilution

(Inverse) Decay  
 $\phi \leftrightarrow z\bar{z}$

# Evolution of the dark sector

## Boltzmann equation

$$\frac{\partial f_\phi}{\partial t} - 3Hp \frac{\partial f_\phi}{\partial p} = - \left[ \text{BR}_{\gamma\gamma} D_\gamma^+ + \text{BR}_{ee} D_e^- \right] \times [f_\phi - \bar{f}_\phi]$$

Dilution

(Inverse) Decay  
 $\phi \leftrightarrow z\bar{z}$

$$D_z^\pm = \frac{1}{\tau_\phi} \times \frac{m_\phi}{E_\phi} \times \left[ 1 + \frac{2T}{\beta_z p} \ln \left( \frac{1 \mp \exp[-(E_\phi + \beta_z p)/2T]}{1 \mp \exp[-(E_\phi - \beta_z p)/2T]} \right) \right]$$

# Evolution of the dark sector

## Boltzmann equation

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Dilution

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Lifetime

$$\frac{\partial f_\phi}{\partial t} \sim -\frac{1}{\tau_\phi} f_\phi$$

# Evolution of the dark sector

## Boltzmann equation

$$\frac{\partial f_\phi}{\partial t} - 3Hp \frac{\partial f_\phi}{\partial p} = - \left[ \text{BR}_{\gamma\gamma} D_\gamma^+ + \text{BR}_{ee} D_e^- \right] \times [f_\phi - \bar{f}_\phi]$$

Dilution (Inverse) Decay  
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Lifetime γ-factor

$$\frac{\partial f_\phi}{\partial t} \sim -\frac{1}{\tau_\phi} f_\phi$$

# Evolution of the dark sector

## Boltzmann equation

$$\frac{\partial f_\phi}{\partial t} - 3Hp \frac{\partial f_\phi}{\partial p} = - \left[ \text{BR}_{\gamma\gamma} D_\gamma^+ + \text{BR}_{ee} D_e^- \right] \times [f_\phi - \bar{f}_\phi]$$

Dilution (Inverse) Decay  
 $\phi \leftrightarrow z\bar{z}$

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Lifetime

$\gamma$ -factor

Pauli blocking / Bose enhancement

$$\frac{\partial f_\phi}{\partial t} \sim -\frac{1}{\tau_\phi} f_\phi$$

$\geq 1$  for photons

$\leq 1$  for electrons/positrons